A division of MidCentral District Health Board providing specialist health and disability services

30 May 2018

Phone (06) 356 9169 Fax (06) 350 8818

Gloria Fraser

Postal Address: Private Bag 11036 Manawatu Mail Centre Palmerston North 4442 New Zealand

E-mail: fvi-request-7909-154b4d4b@requests.fvi.org.nz

Physical Address: Ruahine Street Palmerston North New Zealand Dear Gloria

# Official Information Act (OIA) Request

Your OIA request of 23 May 2018 is acknowledged and has been passed on to me for a response.

You have requested the following information;

 Could you please advise whether the following gender-affirming healthcare services are funded by the MidCentral District Health Board for transgender patients and whether the services are currently available.

Please note that the following information relates to adult patients only (i.e. over 16 years of age).

There is currently no co-ordinated multi-disciplinary team locally.

Dr Anne Robertson (Medical Head, Sexual Health Service) has recently asked for a group to meet about transcare pathways with Mental Health, Obstetrics & Gynaecology, Sexual Health, etc. which is planned for mid June.

### Hormone Therapy

There is no current service for adult patients. The Sexual Health Service may on occasion accept referrals on a case-by-case basis.

### Mastectomy

This was previously provided by one General Surgeon, but is currently not available.

## Hysterectomy

These patients are referred to the Obstetrics & Gynaecology team. Patients are all treated with cross hormone therapy prior and may need a further Clinical Psychiatrist opinion prior.

#### Orchidectomy

This service is currently not provided at MidCentral DHB.

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### o Facial Hair Removal

This service is not provided at MidCentral DHB. Patients are required to self fund (as do all women with hirsutism).

## o Breast Augmentation

This service is not provided at MidCentral DHB.

## Voice Training

This service is not provided at MidCentral DHB.

If you have any further questions, please do not hesitate to contact me.

Yours sincerely

Lyn Horgan

**Operations Executive** 

Acute & Elective Specialist Services