

## STANDARD

- Compliance with NZS 8134.2:2008 Health and Disability Services (Restraint Minimisation and Safe Practice) Standards
- To ensure all Bay of Plenty District Health Board (BOPDHB) clinical staff dealing with patients practice competent, safe care in relation to restraint minimisation, always considering the least restrictive interventions, and appreciating the physical and psychological impact restraint has on the individual consumer, their family / whanāu and others.

## EXCLUSIONS

- Administrative support staff

## FREQUENCY

1. Initial introduction session on restraint minimisation is required for all staff.
2. Three (3) yearly update is available via [Midland Learning, e-learning site](#).
3. Orientation training sessions are available monthly in Tauranga and bi-monthly in Whakatane.

## STANDARDS TO BE MET

### 1. Content

- 1.1 All clinical and relevant non-clinical staff e.g. security and orderlies, will complete a self-directed learning package (SDLP) or resource pack.
- 1.2 The SDLP is available on-line via [Midland Learning, e-learning site](#).
- 1.3 Course content, the SDLP, the resource pack and test will be reviewed annually by Practice of Restraint Advisory Group (PRAG).

### 2. Records

- 2.1 Individual staff members are responsible for attending trainings and required updates.
- 2.2 Individual staff members are responsible for their personal record keeping for professional portfolio / certification purposes
- 2.3 All training records are held within the Human Resource Information System (HRIS).

## ASSOCIATED DOCUMENTS

- [Bay of Plenty District Health Board Restraint Minimisation & Safe Practice controlled documents](#)
- [Bay of Plenty District Health Board policy 0.0 Glossary of Terms / Definitions](#)
- [Bay of Plenty District Health Board policy 1.1.1 Informed Consent](#)
- [Bay of Plenty District Health Board policy 2.1.1 Risk Management](#)
- [Bay of Plenty District Health Board policy 2.1.2 protocol 2 Controlled Document Development Standards](#)
- [Bay of Plenty District Health Board policy 2.1.2 protocol 6 Controlled Document Review Standards](#)
- [Bay of Plenty District Health Board policy 2.1.3 Hazard Management](#)

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Protocol Steward: Restraint Co-ordinator	Authorised by: Director of Nursing	

- [Bay of Plenty District Health Board policy 2.1.4 Incident Management](#)
- [Bay of Plenty District Health Board policy 5.4.7 Threatening Behaviour, Bullying, Harassment and Violence in the Workplace - Management](#)
- [Bay of Plenty District Health Board policy 7.104.1 protocol 3 Care Delivery – Observing Patients](#)
- Bay of Plenty District Health Board Practice of Restraint Advisory Group (PRAG) Terms of Reference
- [Bay of Plenty District Health Board Incident Management Form](#)

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