

5 March 2018

Karyn Black
Health Sector Workers Network
By email to: fyi-request-7089-cdd281ab@requests.fyi.org.nz

Dear Karen

Re Official Information Request - Restraint policies and use

I refer to your official information request dated 9 January 2018 for information about policies relating to restraint practices at Auckland DHB and data regarding any episodes of use of mechanical restraints that have occurred for the period June 2016 to June 2017. I also refer to the conversations you have had with our Senior Communications Advisor Mark Fenwick regarding the scope of this request.

In your email of 9 February you agreed to amend your initial request via fyi.org.nz as follows:

- 1. All policy documents relating to restraint practice**
- 2. Specify the instances of mechanical restraint that occurred in the Emergency Department or Mental Health facilities (over the June 2016 - June 2017 period), the type of restraint used, and the duration of this restraint.**

The information you have requested is enclosed.

1. Policy documents relating to restraint practices at Auckland DHB

The following Auckland DHB policies relating to restraint practices are attached as requested. They are:

- Restraint Minimisation Mental Health and Addictions Policy
- Sensory Modulation in Mental Health and Addictions Policy
- Restraint Minimisation and Safe Practice Policy
- Restraint Use in DCCM Policy

- 2. Specify the instances of mechanical restraint that occurred in the Emergency Department or Mental Health facilities (over the June 2016 - June 2017 period), the type of restraint used, and the duration of this restraint**

There were no instances of mechanical restraint that occurred in the Emergency Department or Mental Health facilities (over the June 2016 - June 2017 period).

You are entitled to seek a review of the response by the Ombudsman under section 28(3) of the Official Information Act. Information about how to make a complaint is available at www.ombudsman.parliament.nz or freephone 0800 802 602.

Yours faithfully



Ailsa Claire, OBE
Chief Executive

Encl. *Attachment A - Restraint Minimisation Mental Health and Addictions Policy*
 Attachment B - Sensory Modulation in Mental Health and Addictions Policy
 Attachment C - Restraint Minimisation and Safe Practice Policy
 Attachment D - Restraint Use in DCCM Policy