

# Corporate Services

31 January 2018

Health Sector Workers Network

Via email: [fyi-request-7000-fc1ffea7@requests.fyi.org.nz](mailto:fyi-request-7000-fc1ffea7@requests.fyi.org.nz)

Dear Sir/Madam

## **YOUR OFFICIAL INFORMATION ACT (1982) REQUEST**

I refer to your request dated 13 December 2017 where you requested from the Hawke's Bay District Health Board (HBDHB) all policy documents relating to restraint practices at HBDHB.

You have specifically requested the following information:

1. *Are there instances in the last year (June 2016 to June 2017) of the use of mechanical restraints? (ie. strapping arms to bed) this is also referred to as physical restraint.*
2. *Can you please provide this data for both physical and mental health services and identify the service associated with this data?*
3. *This data should be recorded in a Restraint Register and specify the type of restraint used (ie wrist strap) and the start and finish times of each individual mechanical/physical restraint. Obviously the presentation of this data should be anonymised for the protection of privacy.*

In response HBDHB provides the following to the three questions posed:

1. Between June 2016 to June 2017 (12 months), the total restraint events are:
  - Mental Health = 140
  - Other Locations = 94
2. Requested documents and spreadsheet information has been attached to this email as Appendix A.
3. Requested documents and spreadsheet information has been attached to this email as Appendix B. Please note that 'start and finish times' are not provided to the requestor as this would require a manual search.

Please also find attached as Appendix C the following policy relating to restraint practices at HBDHB:

- *"Restraint – Approval and Management to Enhance Safe Restraint"*

I trust this information meets your needs. If you would like any further information or clarification please phone me. If you are not satisfied with this response you may contact the Office of the Ombudsmen, phone 0800 802 602.

Yours sincerely



Dr Kevin Snee  
CHIEF EXECUTIVE OFFICER

cc: Ministry of Health via email: [SectorOIAs@moh.govt.nz](mailto:SectorOIAs@moh.govt.nz)