



West Coast District Health Board

Te Poari Hauora a Rohe o Tai Poutini

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22 December 2017

Health Sector Workers Network

Email: fyi-request-6981-30ed95b2@requests.fyi.org.nz;

Dear Health Sector Workers Network

RE Official information request WCDHB 9067

I refer to your email dated 11 December 2017, requesting the following information under section 12 of the Official Information Act pertaining to West Coast DHB Restraint Policy and the use of mechanical restraints in all services.

Can you please provide?

- 1. All policy documents relating to restraint practices at West Coast DHB**
- 2. Are there instances in the last year (June 2016 to June 2017) of the use of mechanical restraints, (i.e. strapping arms to bed) this is also referred to as physical restraint**
- 3. Can you please provide this data for both physical and mental health services and identify the service associated with this data**

The West Coast DHB has recently aligned its internal policy approach toward restraint minimisation and safe practice use with that of the Canterbury DHB.

This piece of work is part of a wider organisational trans-alpine partnership approach with all generic type clinical activity currently in progress on a range of policies. Please refer to **Appendix 1** (attached) for the Transalpine Restraint Minimisation and Safe Practice Policy (this was approved by West Coast DHB Restraint Committee November 2017).

There are no recorded instances of mechanical restraint used within West Coast DHB facilities for the time period June 2016 to June 2017.

Attached as **Appendix 2**, for your reference, is raw data collated from our electronic Safety 1st Incident Management System for the period in question. Please note, two onsite inpatient facilities exist in Greymouth where logged restraint took place.

- Manaakitanga Adult General Acute Psychiatric Inpatient Unit
- Kahurangi Aged Residential Care Assessment Treatment rehabilitation / Dementia Service unit

We have redacted information in Appendix 2 under section 9(2)(a) of the Official Information Act i.e. *“to protect the privacy of natural persons, including those deceased”*.

If you disagree with our decision to withhold information you may, under section 28(3) of the Official Information Act, seek an investigation and review of our decision from the Ombudsman.

I trust that the information enclose answers your questions satisfactorily.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Carolyn Gullery', with a long horizontal flourish extending to the right.

Carolyn Gullery
General Manager
Planning, Funding and Decision Support.

Restraint Minimisation and Safe Practice

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Policy

Restraint is a serious clinical intervention used only as a last resort to protect patients/consumers, others, or property, from harm.

The Canterbury DHB (CDHB) will meet the Restraint Minimisation and Safe Practice Standard NZS 8134.2:2008 and all other relevant legislation.

- The CDHB is committed to:
- Reducing the use of all forms of restraint
- Ensuring that all restraint use is clinically justified
- Ensuring restraint occurs for the least amount of time possible

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Printed copies may not reflect the most recent updates.**

- Ensuring restraint only occurs in a safe and respectful manner under the direction and supervision of the most appropriate Health Professionals

Purpose

To determine CDHB responsibilities and overarching processes in relation to restraint.

Scope/Audience

The restraint of patients/consumers within CDHB Hospital and Specialist Services under the direction and supervision of a CDHB staff member who is registered with an authorising body.

Staff other than health professionals defined above may participate in restraint episodes but only under the direction and supervision of the most appropriate Health Professional.

Associated documents

- [CDHB Restraint Minimisation and Safe Practice SharePoint site](#)
 - [CDHB Restraint Minimisation and Safe Practice Self Directed Learning Package](#)
 - [CDHB Restraint Minimisation and Safe Practice Resource/Guidance](#)
 - [CDHB Restraint Minimisation and Safe Practice Responsibilities](#)
 - [Older Person's Health and Rehabilitation Restraint Minimisation and Safe Practice Resource](#)
 - [Child Health Restraint Minimisation and Safe Practice Self Directed Learning Package](#)
 - [NZS 8143.2:2008 Restraint Minimisation and Safe Practice standard](#)
 - [Specialist Mental Health Services Restraint and Seclusion policy and procedure](#)
 - [Personal Limb Holder or Soft Limb Restraint Policy – Medical Surgical volume A](#)
- Psychiatric Services for Elderly and Specialist Mental Health Services Seclusion Observation forms
- Physical Restraint Monitoring forms

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Definitions

Restraint

The use of any intervention, by a service provider, that limits a patient's/consumer's normal freedom of movement.

Episode of Restraint

For the purposes of restraint documentation and evaluation, a restraint episode refers to a single restraint event, or, where restraint is used as a planned regular intervention and is identified in the consumer's service delivery plan, a restraint episode may refer to a grouping of restraint events.

Chemical Restraint – PLEASE NOTE Chemical restraint is not condoned by the CDHB and is considered abuse.

The use of medication solely for the purpose of limiting a patient's/consumer's freedom of movement or to render them incapable of resistance is considered chemical restraint.

Categories of Restraint

Personal Restraint

Where a service provider uses their own body to intentionally limit the movement of a patient/consumer. For example, where a consumer is held by a service provider.

Physical Restraint

Where a service provider uses equipment, devices or furniture that limits the patient's/consumer's normal freedom of movement. For example, where a patient/consumer is unable to independently get out of a chair due to: the design of the chair; the use of a belt; or the position of a table or fixed tray.

Environmental Restraint

Where a service provider intentionally restricts a patient's/consumer's normal access to their environment. For example, where a patient's/consumer's normal access to their environment is intentionally restricted by locking devices on doors or by having their normal means of independent mobility (such as a wheelchair) denied.

Seclusion

Where a patient/consumer is placed alone in a room or area, at any time and for any duration, from which they cannot freely exit.

Seclusion is a specific type of Environmental Restraint and can only be legally implemented for patients/consumers who are under the Mental Health (Compulsory Assessment and Treatment) Act 1992 or the Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003. Seclusion only occurs in approved and designated seclusion rooms.

Exclusions to this Policy

1. The use of Enablers which are equipment, devices or furniture, voluntarily used by a patient/consumer following appropriate assessment, that limits normal freedom of movement, with the intent of promoting independence, comfort and/or safety.

Please note: Both enablers and restraint limit a patient's/consumer's normal freedom of movement; it is not the properties of the equipment, device or furniture that determines whether or not it is an enabler or restraint but rather the intent of the intervention and more importantly whether it is voluntarily used by the consumer/patient.

An enabler can become a restraint if it is not removed when the consumer/patient requests i.e. the enabler ceases to be voluntarily used.

2. Environmental isolation and/or detainment of patients/consumers for infection prevention and control purposes. Refer to the Canterbury DHB intranet for Volume 10, Infection Prevention and Control manual.
3. The restraint of patients/consumers who are prisoners for security purposes. Refer to the Canterbury DHB intranet Volume 11, Patients who are Prisoners policy.
4. The restraint of patients/consumers being transported and subject to specific provisions under The Mental Health (Compulsory Assessment and Treatment) Act 1992 or The Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003.

Clinical Responsibilities

The following are clinical activities and decisions which are to be undertaken by the most appropriate Health Professional/s:

- Undertaking a Restraint Minimisation and Safe Practice Assessment
- Making the decision to use restraint
- Monitoring and documenting the consumer's/patient's health and wellbeing during the restraint episode

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- Monitoring the consumer's/patient's ongoing need for restraint and ensuring restraint is used for the least amount of time
- Making the decision to cease using restraint
- Undertaking an evaluation of the restraint episode in collaboration with the patient/consumer, including future options to avoid restraint
- Reporting the restraint episode on the CDHB Incident Management System 'Safety 1st (in services where 'Safety 1st' is yet to be deployed staff are to report restraint on their divisional restraint reporting form until such time as Safety 1st is deployed).
- Documenting the restraint episode in Safety 1st and in patient's/consumer's clinical record

Divisional Responsibilities

The following responsibilities are largely undertaken by the division Restraint Monitoring Committees:

- Maintaining approved Restraint Minimisation and Safe Practice procedures - approval is through the CDHB Restraint Approval and Monitoring Group
- Promoting the intent of the Restraint Minimisation and Safe Standards and CDHB policy
- Monitoring compliance with the Restraint Minimisation and Safe Practice Standard and CDHB policy
- Providing or facilitating approved education appropriate to clinical settings - approval is through the CDHB Restraint Approval and Monitoring Group
- Providing representation on the CDHB Restraint Approval and Monitoring Group
- Monitoring the use of restraint in the division
- Providing bi-annual reports on the use of restraint to the CDHB Restraint Approval and Monitoring Group

Corporate Responsibilities

The following responsibilities are largely undertaken by the CDHB Restraint Approval Monitoring Group and the CDHB Nurse Co-ordinator Restraint Minimisation and Safe Practice

- Organisational-wide restraint Minimisation and Safe Practice policy

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- The approval and review of all forms of restraint, restraint education, restraint policy and restraint procedures across the CDHB.
- Maintaining an approved restraints database and 2 yearly review
- Providing Restraint Minimisation and Safe Practice advice and leadership
- Assisting in the review of restraint issues/adverse events
- Ensuring appropriate Restraint Minimisation and Safe Practice guidance is readily available
- Monitoring and Quality review of restraint use

Measurement/Evaluation

- Evaluation of every episode of restraint
- Monitoring of restraint data by the divisional Restraint Monitoring Committees
- Biannual Divisional Restraint Monitoring Committee reports to RAMG
- Biannual reports to the Clinical Board supplied by the Nurse Co-ordinator Restraint Minimisation and Safe Practice on behalf of the Restraint Approval and Monitoring Group
- Safety 1st reports

References

- NZS 8143.2:2008 Restraint Minimisation and Safe Practice standard
- The Mental Health (Compulsory Assessment and Treatment) Act 1992
- The Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003
- Memorandum of Understanding between the Ministry of Justice and the Ministry of Health

Policy Owner	Restraint Approval and Monitoring Group
Policy Authoriser	Chief Medical Officer or Executive Director of Nursing on behalf of Clinical Board
Date of Authorisation	January 2015

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West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: <N/S>

Restraint Type: Full Personal

Service: Assessment Treatment & Rehabilitation

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Kahurangi	Facilitate essential delivery of treatment			No	02/09/2016	10:00	02/09/2016	10:10

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Other (please specify)	to administer prescribed IMI medication		No	15/02/2017	06:50	15/02/2017	06:52
Manaakitanga	Prevent harm to others			No	22/11/2016	12:40	22/11/2016	12:43
Manaakitanga	Facilitate essential delivery of treatment			No	11/03/2017	13:10	11/03/2017	13:20
Manaakitanga	Prevent harm to others			No	05/11/2016	14:00	05/11/2016	14:20

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: <N/S>

Restraint Type: Full Personal

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
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Restraint Type: Partial Personal

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent harm to others			No	01/03/2017	04:15	01/03/2017	04:16
Manaakitanga	Facilitate essential delivery of treatment			No	05/03/2017	16:28	05/03/2017	16:30
Kahurangi - AT&R	Prevent harm to others			No	01/12/2016	17:45	01/12/2016	17:55

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: <N/S>

Restraint Type: Partial Personal

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
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Restraint Type: Seclusion

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent harm to others			No	17/05/2017	01:55		
Manaakitanga	Prevent harm to self			No	10/03/2017	23:55		
Manaakitanga	Prevent harm to others			No	31/08/2016	19:15	01/09/2016	06:10

West Coast DHB
Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: <N/S>

Restraint Type: Seclusion

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent harm to self			No	07/08/2016	13:00	08/08/2016	14:15
Manaakitanga	Facilitate essential delivery of treatment			Yes	07/08/2016	20:30	08/08/2016	20:30

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West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	01/05/2017	00:00		
Manaakitanga	Prevent harm to others			No	15/02/2017	05:00		
Manaakitanga	Prevent wandering			No	26/06/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	03/07/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	05/07/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	09/07/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	10/07/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	18/07/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	25/07/2016	07:00		

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	30/07/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	02/08/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	03/08/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	04/08/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	05/08/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	06/08/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	15/08/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	15/08/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	18/08/2016	07:00		

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent wandering			No	26/12/2016	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	09/03/2017	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	17/05/2017	07:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	20/04/2017	08:00		
Manaakitanga	Prevent wandering			No	25/06/2016	09:00		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	04/06/2016	11:45		
Manaakitanga	Facilitate essential delivery of treatment			No	21/09/2016	14:15		
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	22/09/2016	14:45		
Manaakitanga	Prevent harm to others			No	17/08/2016	07:00	17/08/2016	

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent wandering			No	29/06/2016	06:45	30/06/2016	06:45
Manaakitanga	Prevent harm to self			No	01/07/2016	06:45	02/07/2016	06:45
Manaakitanga	Prevent harm to self			No	02/07/2016	06:45	03/07/2016	06:45
Manaakitanga	Prevent wandering			No	12/07/2016	06:45	13/07/2016	06:45
Manaakitanga	Prevent harm to self			Unconfirmed	14/07/2016	06:45	15/07/2016	06:45
Manaakitanga	Prevent harm to others			No	07/08/2016	06:45	08/08/2016	06:45
Manaakitanga	Prevent harm to self			No	08/08/2016	06:45	09/08/2016	06:45
Manaakitanga	Prevent harm to self			No	09/08/2016	06:45	10/08/2016	06:45
Manaakitanga	Prevent harm to self			No	09/08/2016	06:45	10/08/2016	06:45

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent harm to self			No	10/08/2016	06:45	11/08/2016	06:45
Manaakitanga	Prevent harm to others			No	10/08/2016	06:45	11/08/2016	06:45
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	11/05/2017	06:45	11/05/2017	06:45
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	15/03/2017	07:00	15/03/2017	07:00
Manaakitanga	Prevent harm to self			No	22/05/2017	07:00	22/05/2017	07:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	02/09/2016	07:00	02/09/2016	07:45
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	02/03/2017	07:00	02/03/2017	08:30
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	16/03/2017	07:00	16/03/2017	08:30
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	28/12/2016	07:00	28/12/2016	09:30

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/ Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Har m Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitan ga	Prevent wandering			No	01/04/2017	07:00	01/04/2017	10:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	29/04/2017	07:00	29/04/2017	10:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	27/05/2017	07:00	27/05/2017	10:15
Manaakitan ga	Other (please specify)	to prevent harm to self and others		No	13/01/2017	07:00	13/01/2017	11:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	09/04/2017	07:00	09/04/2017	11:15
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	22/08/2016	07:00	22/08/2016	11:45
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	09/12/2016	07:00	09/12/2016	13:30
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	19/11/2016	07:00	19/11/2016	14:50
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	11/07/2016	06:45	11/07/2016	15:15

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/ Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Har m Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	28/06/2016	07:00	28/06/2016	15:30
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	30/06/2016	06:45	30/06/2016	15:30
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	05/11/2016	14:10	05/11/2016	15:30
Manaakitan ga	Prevent harm to others			No	07/11/2016	16:15	07/11/2016	17:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	07/12/2016	06:45		21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	11/08/2016	07:00		21:00
Manaakitan ga	Prevent wandering			No	06/12/2016	10:30		21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	30/06/2016	15:15	30/06/2016	21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	01/07/2016	15:15	01/07/2016	21:00

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent harm to self			No	02/07/2016	15:15	02/07/2016	21:00
Manaakitanga	Prevent harm to self			No	13/07/2016	06:45	13/07/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	15/07/2016	06:45	15/07/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	19/07/2016	07:00	19/07/2016	21:00
Manaakitanga	Prevent wandering			No	31/07/2016	06:45	31/07/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	14/08/2016	15:15	14/08/2016	21:00
Manaakitanga	Prevent harm to others			No	14/08/2016	06:45	15/08/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	16/08/2016	07:00	16/08/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	19/08/2016	07:00	19/08/2016	21:00

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Doors

Restraint Type: Environmental

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	20/08/2016	07:00	20/08/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	21/08/2016	07:00	21/08/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	01/09/2016	07:00	01/09/2016	21:00
Manaakitanga	Other (please specify)	vulnerable to exploitation in the community. Discussed with Dr Dell'Ario		No	02/10/2016	15:00	02/10/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	23/10/2016	07:00	23/10/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	21/11/2016	17:00	21/11/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	22/11/2016	07:00	22/11/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	23/11/2016	07:00	23/11/2016	21:00

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/ Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Har m Incured?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	25/11/2016	07:00	25/11/2016	21:00
Manaakitan ga	Prevent harm to others			No	08/12/2016	07:00	08/12/2016	21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	15/12/2016	17:30	15/12/2016	21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	16/12/2016	06:45	16/12/2016	21:00
Manaakitan ga	Prevent harm to self			No	17/12/2016	06:45	17/12/2016	21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	18/12/2016	06:45	18/12/2016	21:00
Manaakitan ga	Prevent harm to self			No	19/12/2016	06:45	19/12/2016	21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	20/12/2016	07:00	20/12/2016	21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	21/12/2016	06:45	21/12/2016	21:00

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent wandering			No	22/12/2016	06:45	22/12/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	23/12/2016	07:00	23/12/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	24/12/2016	07:00	24/12/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	25/12/2016	07:00	25/12/2016	21:00
Manaakitanga	Prevent wandering			No	26/12/2016	07:00	26/12/2016	21:00
Manaakitanga	Prevent wandering			No	27/12/2016	07:00	27/12/2016	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	12/01/2017	15:00	12/01/2017	21:00
Manaakitanga	Prevent wandering			No	15/02/2017	16:00	15/02/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	19/02/2017	07:00	19/02/2017	21:00

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	26/02/2017	11:00	26/02/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	28/02/2017	11:45	28/02/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	01/03/2017	07:00	01/03/2017	21:00
Manaakitanga	Prevent wandering			No	03/03/2017	18:30	03/03/2017	21:00
Manaakitanga	Prevent harm to self			No	06/03/2017	06:45	06/03/2017	21:00
Manaakitanga	Prevent wandering			No	08/03/2017	07:00	08/03/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	10/03/2017	07:00	10/03/2017	21:00
Manaakitanga	Prevent wandering			No	11/03/2017	07:00	11/03/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	12/03/2017	07:00	12/03/2017	21:00

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/ Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Har m Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitan ga	Prevent wandering			No	14/03/2017	07:00	14/03/2017	21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	14/03/2017	14:00	14/03/2017	21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	06/04/2017	15:15	06/04/2017	21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	07/04/2017	07:00	07/04/2017	21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	08/04/2017	07:00	08/04/2017	21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	21/04/2017	07:00	21/04/2017	21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	22/04/2017	07:00	22/04/2017	21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	23/04/2017	07:00	23/04/2017	21:00
Manaakitan ga	Prevent Unauthorized Leave (UAL)			No	24/04/2017	07:00	24/04/2017	21:00

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent harm to self			No	25/04/2017	07:00	25/04/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	26/04/2017	07:00	26/04/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	30/04/2017	07:00	30/04/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	02/05/2017	00:00	02/05/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	06/05/2017	10:15	06/05/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	07/05/2017	07:00	07/05/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	08/05/2017	07:00	08/05/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	10/05/2017	06:45	10/05/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	12/05/2017	06:45	12/05/2017	21:00

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	16/05/2017	06:45	16/05/2017	21:00
Manaakitanga	Prevent wandering			No	17/05/2017	06:45	17/05/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	18/05/2017	06:45	18/05/2017	21:00
Manaakitanga	Prevent harm to self			No	19/05/2017	07:00	19/05/2017	21:00
Manaakitanga	Prevent harm to self			No	20/05/2017	07:00	20/05/2017	21:00
Manaakitanga	Prevent harm to self			No	21/05/2017	07:00	21/05/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	23/05/2017	07:00	23/05/2017	21:00
Manaakitanga	Prevent harm to self			No	24/05/2017	06:45	24/05/2017	21:00
Manaakitanga	Prevent harm to self			No	25/05/2017	16:00	25/05/2017	21:00

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s
Restraint Type: Environmental
Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent harm to self			No	26/05/2017	07:00	26/05/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	29/05/2017	07:00	29/05/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	30/05/2017	07:00	30/05/2017	21:00
Manaakitanga	Prevent harm to self			No	31/05/2017	07:00	31/05/2017	21:00
Manaakitanga	Prevent harm to self			No	01/06/2017	07:00	01/06/2017	21:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	16/07/2016	07:00	16/07/2016	21:30
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	17/07/2016	07:00	17/07/2016	21:30
Manaakitanga	Prevent harm to others			No	24/11/2016	07:00	24/11/2016	22:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	20/02/2017	06:45	20/02/2017	22:00

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Prevent wandering			No	22/02/2017	07:00	22/02/2017	22:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	27/04/2017	07:00	27/04/2017	22:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	28/04/2017	07:00	28/04/2017	22:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	13/08/2016	17:45	13/08/2016	23:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	16/02/2017	06:45	16/02/2017	23:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	18/02/2017	06:45	18/02/2017	23:00
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	27/06/2016	15:15	27/06/2016	23:15
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	28/06/2016	15:15	28/06/2016	23:15
Manaakitanga	Prevent Unauthorized Leave (UAL)			No	29/06/2016	15:15	29/06/2016	23:15

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Locked Door/s

Restraint Type: Environmental

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
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Restraint Intervention Used: Wrist Restraint

Restraint Type: Partial Personal

Service: Mental Health

Ward/Area/Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Harm Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
Manaakitanga	Facilitate essential delivery of treatment			No	16/12/2016	20:39	16/12/2016	20:40

West Coast DHB

Instances of Restraint: 1 June 2016 - 1 June 2017

Grand Total (FileNr): 165

Restraint Intervention Used: Wrist Restraint

Restraint Type: Partial Personal

Service: Mental Health

Ward/Area/ Unit	Reason for Restraint	Other Reason for Restraint	FileNr	Injury/Har m Incurred?	Restraint Start Date	Restraint Start Time	Restraint End Date	Restraint End Time
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