

Appendix One

Request in full: 2 requests combined into one: HNZ00203715

Request 1:

“Request under the Official Information Act 1982

I am requesting the following information under the Official Information Act 1982.

This request concerns the training, education, and competency requirements provided to medical practitioners and other clinical staff regarding:

drug-induced nutrient depletion,

nutrient monitoring for patients on long-term medication,

nutritional support for patients ceasing medication (including sudden cessation or “cold-turkey” withdrawal), and

any related clinical guidance, protocols, or educational expectations.

This request is specific, document-based, and seeks clarity on the training provided to ensure clinicians can meet their professional obligations under the Health Practitioners Competence Assurance Act 2003, the Medical Council of New Zealand’s Good Medical Practice, and the Health and Disability Code of Rights.

I request the following information:

1. Training materials

Please provide all training materials, including but not limited to:

presentations

manuals

e-learning modules

competency documents

internal guidelines

clinical education packages

orientation materials

continuing professional development resources

that relate to:

drug-induced nutrient depletion,

nutrient monitoring for medicated patients,

nutritional rehabilitation during or after medication withdrawal,

metabolic or micronutrient support for patients ceasing medication.

If no such training materials exist, please confirm this explicitly.

2. National or regional training programmes

Please provide:

the names of any national or regional training programmes,

course descriptions,

learning outcomes,

assessment requirements,

attendance expectations,

that include the above topics.

If no such programmes exist, please confirm this explicitly.

3. Clinical competency expectations

Please provide any documents that specify:

expected clinician competencies,

required knowledge,

required skills,

required monitoring practices,

relating to nutrient depletion or nutritional support for medicated or withdrawing patients.

If no such competency expectations exist, please confirm this explicitly.

4. Internal correspondence or policy statements

Please provide any internal statements, memos, or correspondence that:

discuss whether such training should exist,

confirm that it does not exist,

explain why it does not exist, or

indicate that clinicians are expected to manage these issues without formal training.

If no such correspondence exists, please confirm this explicitly.

5. Future planning

Please provide any documents relating to:

planned development of such training,

consideration of nutrient-depletion protocols,

consideration of withdrawal-nutrition guidelines,

any working groups or committees discussing these issues.

If no such planning exists, please confirm this explicitly.”

Request 2:

“Official Information Act Request

I am requesting the following information under the Official Information Act 1982.

This request concerns the training, education, and competency requirements provided to clinicians regarding:

the three primary protective systems of human immunity (digestive/chemical defence, barrier/surface defence, internal immune system),

nutrient depletion caused by medications,

nutrient monitoring for patients on long-term medication, and

nutritional support for patients ceasing medication (including sudden cessation or “cold-turkey” withdrawal).

This request is made in the context of clinicians’ legal obligations under:

Medical Council of New Zealand – Good Medical Practice,

Health and Disability Commissioner Code of Rights, including:

Right 4: Services of an appropriate standard

Right 6: Right to be fully informed

Right 7: Right to make an informed choice and give informed consent

These obligations require clinicians to apply established medical knowledge, prevent harm where possible, and provide complete information to patients.

Accordingly, I request the following:

1. Training materials

Please provide all training materials (including manuals, presentations, e-learning modules, competency documents, and clinical education packages) that teach clinicians:

the three primary protective systems of human immunity,

nutrient depletion associated with common medications,

nutrient monitoring requirements for medicated patients,

nutritional support during medication withdrawal,

and any related physiological or clinical frameworks.

If no such training exists, please confirm this explicitly.

2. Competency expectations

Please provide any documents that specify clinician competencies required to meet:

MCNZ Good Medical Practice standards,

HDC Right 4 (appropriate standard of care),

HDC Right 6 (information disclosure),

HDC Right 7 (informed consent),

in relation to:

nutrient depletion caused by medications,

nutritional rehabilitation during withdrawal,

and the three protective systems of human immunity.

If no such competency expectations exist, please confirm this explicitly.

3. Policy statements or internal correspondence

Please provide any internal documents, memos, or correspondence that:

discuss whether clinicians require training in these areas to meet MCNZ or HDC obligations,

acknowledge gaps in training,

confirm that no such training exists,

or discuss whether such training should be developed.

If no such documents exist, please confirm this explicitly.

4. Curriculum or training programme descriptions

Please provide descriptions of any national or regional training programmes that include:

digestive/chemical immune defence,

barrier/surface immune defence,

internal immune system integration,

nutrient depletion caused by medications,

nutrient monitoring,

nutritional support during withdrawal.

If no such programmes exist, please confirm this explicitly.

5. Future planning

Please provide any documents relating to:

planned development of training in these areas,

consideration of nutrient-depletion protocols,

consideration of withdrawal-nutrition guidelines,

or any working groups or committees discussing these issues.

If no such planning exists, please confirm this explicitly.”