

ABOUT THIS GUIDE

This Guide to Hamilton is produced and distributed by Hamilton City Council's Community and Social Development Unit to provide basic settlement information for people who have recently moved to the city to live, work, study or start a business. It is also for those who have been forced to flee their homeland and seek refuge in New Zealand.

The Council plays an important role in helping new settlers forge new lives in the city, working with various settlement organisations and community groups to make settlement easier. This is a handy resource providing information on Hamilton. It also lists a range of important services and agencies you will find useful such as community groups, places of worship, employment services, schools, doctors and other important contacts.

Details in this guide are published from information supplied by organisations and groups or gathered from websites as appropriate. This guide is published annually and is available on the Council website. For copies of this guide, any changes or requests for new listings or information on how the Council supports all new settlers and the ethnic and Pacific communities, please write to:

Hamilton City Council
Ethnic Development Adviser
Community and Social Development

T 07 838 6699

E jovi.abellanosa@hcc.govt.nz

Private Bag 3010, Hamilton 3240, New Zealand

For settlement enquiries contact:

Settlement Centre Waikato

46G Boundary Road, Claudelands Park PO Box 4340, Hamilton East, Hamilton 3247 **T** 07 853 2192

E info@scw.org.nz

W scw.org.nz

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ISBN 2463-4719

Citizens Advice Bureau Hamilton

55 Victoria Street
PO Box 19020 Hamilton 3244 **T** 07 839 0395

E hamilton@cab.org.nz

W cab.org.nz

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MAYOR'S MESSAGE

Nau mai, haere mai and a very warm welcome to your new home, Hamilton. You have become part of a wondefully diverse city which enjoys celebrating and welcoming different cultures. We are very fortunate to have 160 different ethnic groups calling Hamilton - Kirikiriroa home.

Each of those groups offers our city and our people a richness and diversity that make Hamilton a better place. We welcome your customs, your language, your food and your culture. I very warmly invite you to share those things with us so that together we can become neighbours, work colleagues and friends.

This booklet contains information I know you will find useful as you settle into your new home, new neighbourhood and new community.

There are details on different schools, advice on how and where you can get help if you need it, and also information about where you can worship.

There is information on English language classes plus advice on where you can go for community, medical and other social services.

It shares some of the history of our city and contains information about Te Ao Maaori (the Maaori world). In Hamilton we specifically acknowledge and honour Maori - tangata whenua - the indigenous people of New Zealand.

Hamilton may be very different to where you have come from. But I am confident that soon you and family will soon feel at home.

This information has been put together by your Council (the organisation which runs the city). As Mayor, I lead that Council of your representatives. Your Hamilton City Councillors are elected by the people of this city. It's their job to look after the well-being of all Hamiltonians.

The contact details of all elected members, including my details, are included in this booklet. Please do not hesitate to contact your representatives at any time.

Over the following months and years, I hope we will meet in person. Until then, on behalf of our city, I welcome you again to Hamilton. I hope you take full advantage of everything our city has to offer and that you prosper in your new home.



Paula Southgate Mayor of Hamilton



TE AO MAAORI (THE MAAORI WORLD)

Maaori are the tangata whenua or "people of the land". The term emphasises the relationship of Maaori to a particular area of the land where they have ancestral connections. In Hamilton, 20% of the population identify as Maaori. The mana whenua for Hamilton are tribes descended from Tainui, in particular Ngaati Wairere, Ngaati Mahanga, Ngaati Hauaa, Ngaati Korokii Kahukura and Ngaati Tamainupoo tribes.

Te Reo the Maaori language and tikanga (customs, rules and regulations) provide the foundation for Maaori culture. Tikanga sets the codes of conduct for all situations, including important events such as the welcome on a marae, or everyday interactions with people that make Maaori who they are.

Learning a few basic words of Te Reo is a great way of understanding Maaori and the New Zealand culture.

FORMAL GREETINGS

You to one person — Teenaa koe You to two people — Teenaa kurua You to three or more — Teenaa koutou

INFORMAL GREETINGS

Hello/stay healthy - Kia ora Good morning - Moorena Goodnight - Poo marie Welcome - Haere mai

COMMON WORDS

European - Paakeehaa

Family - Whaanau

Sub-tribe - Hapuu

Tribe - Iwi

Sacred/restricted - Tapu

Elder - Kaumatua

Female elder - Kuia

Male elder – Koroua

Prestige/dignity - Mana

Meeting - Hui

Welcome ceremony - Poowhiri

Food - Kai

Mountain – Maunga

River - Awa

Ocean - Moana

Meeting house - Marae

Family tree - Whakapapa

Earth oven - Hangi

Good/well done - Ka pai

Love - Aroha

Funeral - Tangihanga

Thank you - Ngaa mihi nui

HISTORY OF MAAORI

IN KIRIKIRIROA/HAMILTON

TIMELINE

PRE-EUROPEAN

The Kirikiriroa/Hamilton area has a history of 700-800 years of Maaori occupation and settlement. Hamilton was originally known as Kirikiriroa. It was a large paa located on the western side of the Waikato River.

1830-1850

This was a relatively peaceful period when Maaori and settlers (Paakehaa) lived and traded with each other. Waikato tribes grew and shipped large amounts of produce (wheat, pigs, maize, fruit and vegetables) as well as dressed flax to Auckland for both the local and international markets.

1858

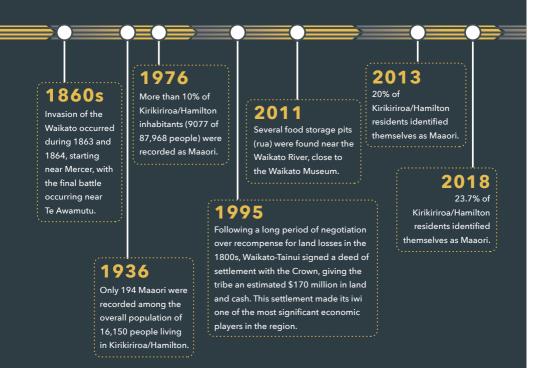
The first Maaori King, Pootatau
Te Wherowhero, was appointed.
This was the beginning of the
kiingi movement (Kiingitanga)
and its centralisation within the
Waikato.

1800s

Between the 1400s and up until the invasions of the 1860s several hapuu of Tainui ancestry settled and occupied the area we know today as Kirikiriroa/Hamilton. Many paa (settlements) and mara (gardens) featured along the Waikato River which acted as the main transport corridor to Auckland. Today, Ngaati Maahanga, Ngaati Tamainupo, Ngaati Wairere, Ngaati Korokii Kahukura and Ngaati Hauaa are regarded as the mana whenua of Kirikiriroa/Hamilton.

1863

The New Zealand Settlement Act enabled land to be taken from Maaori by the Crown. This resulted in 1.2 million hectares of land being confiscated in the Waikato region, and part of this land provided the basis for European settlement in Kirikiriroa/Hamilton.



ABOUT HAMILTON CITY

The gateway to the central North Island, Hamilton, or Kirikiriroa in Maaori, is New Zealand's largest inland city, straddling the superb Waikato River. The mighty Waikato River flows for 16 kilometres through the city with the eastern and western suburbs on either side.

Hamilton is at the centre of one of the richest agricultural and pastoral areas in the world. Dairy industry is centred around Hamilton and Waikato - a world-class centre of agricultural biotech excellence. The city is within a two-hour drive of two of the country's main sea ports (Auckland and Tauranga) and Auckland International Airport (New Zealand's major inbound and outbound airport).

HISTORY

- Hamilton's earliest settlers, Maaori from the Tainui waka, called the area Kirikiriroa, which means long strip of gravel and is the Maaori name for the city today.
- The area has a 700-to-800-year history of Maaori occupation and settlement, highlighted by pa sites, traditional gardens and agricultural features along the Waikato River.
- In the 1860s, the New Zealand wars and the New Zealand Settlement Act enabled land to be taken from Maaori by the Crown. A total of 1.2 million hectares (ha) was confiscated in the Waikato region and provided the basis for subsequent European settlement in Hamilton.
- Formal European settlement began on 24 August 1864, when Captain William Steele disembarked from the gunboat Rangiriri and established the first redoubt near what is now Memorial Park.
- The name Kirikiriroa was changed to Hamilton in honour of Captain John Charles Fane Hamilton, a Crimean and Waikato war veteran and commander of the Esk, who was killed at Gate Pa in 1864.
- In 1867 the road was opened to Auckland and a regular coach service commenced, followed by railway from Auckland in 1877.
- The Borough of Hamilton was established on 27 October 1877 with a population of 1245 and an area of 752 ha, through the combining of the East and West settlements. Sixty-eight years later on 13 December 1945, Hamilton became a city with 20,000 citizens.

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FAST FACTS

- The city area is 11,093 hectares (ha).
- The population estimate is 169,500 (June 2019).
- Hamilton remains the youngest of New Zealand's 67 territorial authorities by median age, with an average age of 32.3 years.
- New Zealand Europeans make up three quarters of the population with 19% Maaori.
- The city is home to 160 ethnicities making up about 20% of the population.
- Indian, Chinese, Samoan, Filipino and Tongan are the major ethnic groups identified.
- The climate is mild and moderate year round and the rainfall keeps the city and surrounding areas very green.
- The city has more than 1,000 hectares (ha) of open space with 145 parks and gardens, 80 playgrounds and 63 sports areas.
- Hamilton has three international sports venues: the multi-purpose FMG Stadium Waikato, the boutique international cricket ground Seddon Park, and indoor sport venue Claudelands Events Centre.
- Hamilton Gardens, which attracts more than a million visitors each year was the 2014 International Garden of the Year.

COMMUNITY PROFILES

The Community Profiles webpage provides a snapshot of our city's communities. They are available at hamilton.govt.nz/Community-Profiles

2022 WELCOMING PLAN

This is Hamilton City Council's commitment to lead collaborative efforts to develop a Welcoming Plan. This plan will follow the Welcoming Communities Standard and ensure our city is more open and accepting, building on existing efforts to embrace cultural diversity and inclusion.

Welcoming Communities is an initiative of Immigration New Zealand (INZ) in collaboration with the Ministry for Ethnic Communities, Department of Internal Affairs, and the Human Rights Commission. The initiative aims to help newcomers – including recent migrants, former refugees, international students, and anyone new to the city – feel more supported and included.

In 2017 the programme was rolled out across five Councils in Aotearoa. In September 2020 INZ opened and welcomed Expressions of Interest (EOI) from other councils. In that same year, with endorsement from Te Ngaawhaa Whakatupu Ake and Council, Hamilton Kirikiriroa submitted an EOI. In 2021, Council's application was accepted.

Kirikiriroa is already incredibly diverse, with Hamiltonians representing more than 160 ethnicities, and a long history of people moving here from other countries. Latest statistics tell us that more than 27% of the city's population were born overseas.

Moving town or country can be challenging, and a comprehensive plan will help us to make Kirikiriroa a more welcoming place to be. Our goal is to ensure that Kirikiriroa feels like home for anyone who chooses to live here. The wellbeing of the community is at the heart of everything Council does, and that includes the wellbeing of people who are new to the city.

Hamilton Kirikiriroa has already set up an Advisory Group, done a stocktake on current activity and consulted and worked with partners and stakeholders to develop this Welcoming Plan. This plan will continue to grow and develop, so if your organisation would like to contribute, contact Jovi Abellanosa, Ethnic Development Advisor and Coordinator of the programme on jovi.abellanosa@hcc.govt.nz.



YOUR COUNCIL

Hamilton City Council is here to make Hamilton a great place to live, work and play. Understanding how Hamilton is governed and managed gives you the opportunity to easily find information and allows you to get involved in decision-making.

The Council has two separate components: the political body of the Mayor and the Councillors, who are elected for a three-year term of office, and the corporate body who are the administrators (staff).

The Council provides libraries, swimming pools, public parks, playgrounds, theatres, a museum, art gallery, a zoo, sports and events facilities, river walks and cycle tracks and supports a lifestyle in a city with an active community and arts scene.

We build and maintain local roads and provide a wide range of services funded by the rates paid by property owners. The Council operates and supports community houses and the Citizens Advice Bureau, transport centre and i-SITE information services.

The Council is your point of contact for:

- · building permits
- community safety, hygiene, noise and dog control
- · liquor permits
- local business development
- · roads and footpaths
- · rubbish disposal and recycling
- · water supply, sewage and wastewater
- town planning
- parks and open spaces, public swimming pools, libraries, museum and visitor information
- · community groups
- · community centres and hall hire.

RUBBISH AND RECYCLING

Launched in July 2020, the kerbside services introduced separate wheelie bins for collecting rubbish and recycling and a food scraps bin. The recycling crates are now used for glass only.

Under the system, food scraps are collected weekly and rubbish, recycling and glass fortnightly. The new service has reduced the amount of waste sent to landfill and help kept our streets cleaner. Free call 0800 101 010 or visit fighthelandfill.co.nz

HAVE YOUR SAY

You can attend meetings of the Council and the Council's committees. A calendar of upcoming meetings is available on the Council's website hamilton.govt.nz

You can formally put forward your views on a topic or issue by making a submission.

The Council calls for public submissions when considering major new policies or changes to formal plans such as the 10-Year Plan, Annual Plan and District Plan. Contact the Council on 07 838 6699 at any time with your ideas and feedback.

LOCAL ELECTIONS

In the local body elections, people vote for those they want to manage the running of the city. Elections are held every three years - with the next election being in October 2022.

The Mayor and Councilors will now be elected using the Standard Transferable Vote (STV) method. This means that voters will rank the candidates in order of preference (STV), rather than ticking the candidates they are voting for which is call First Past the Post (FPP) method. Hamilton City Council also introduced the Maaori ward for the next Election. The introduction of the Maaori ward means voters on the Maaori electoral roll can vote for candidates contesting Council's Maaori wards, rather than for a candidate contesting a general wards. Maaori ward candidates do not need to be on the Maaori electoral roll

Please visit elections.org.nz or www.hamilton.govt.nz for more information.

ELECTED MEMBERS OF HAMILTON CITY COUNCIL



Paula Southgate
Hamilton Mayor
T 07 838 6976
Paula.southgate@council.hcc.govt.nz



Geoff Taylor
Deputy Mayor
T 07 974 0507 M 027 808 5170
Geoff.taylor@council.hcc.govt.nz



Mark Bunting
Councillor – East Ward
T 07 974 0505 M 027 808 5164
Mark.bunting@council.hcc.govt.nz



Martin Gallagher
Councillor – West Ward
T 07 838 6980 M 021 241 8434
Martin.gallagher@council.hcc.govt.nz



Mark Donovan
Councillor – East Ward
T 07 974 0425 M 021 945 111
E mark.donovan@council.hcc.govt.nz



Dave Macpherson

Councillor – West Ward

T 07 838 6438 M 021 477 388

Dave.macpherson@council.hcc.govt.nz



Ryan Hamilton
Councillor – East Ward
T 07 974 0517 M 027 278 8813
Ryan.hamilton@council.hcc.govt.nz



Angela O'Leary
Councillor – West Ward
T 07 974 0510 M 021 343 774
Angela.oleary@council.hcc.govt.nz



Maxine Van Oosten Councillor - East Ward T 07 974 0506 M 027 246 8785 Maxine.vanoosten@council.hcc.govt.nz



Sarah Thomson
Councillor – West Ward
T 07 974 0425 M 021 024 34312
Sarah.thomson@council.hcc.govt.nz



Kesh Naidoo-Rauf
Councillor – East Ward
T 07 974 0509 M 027 808 9075
Kesh.naidoo-rauf@council.hcc.govt.nz

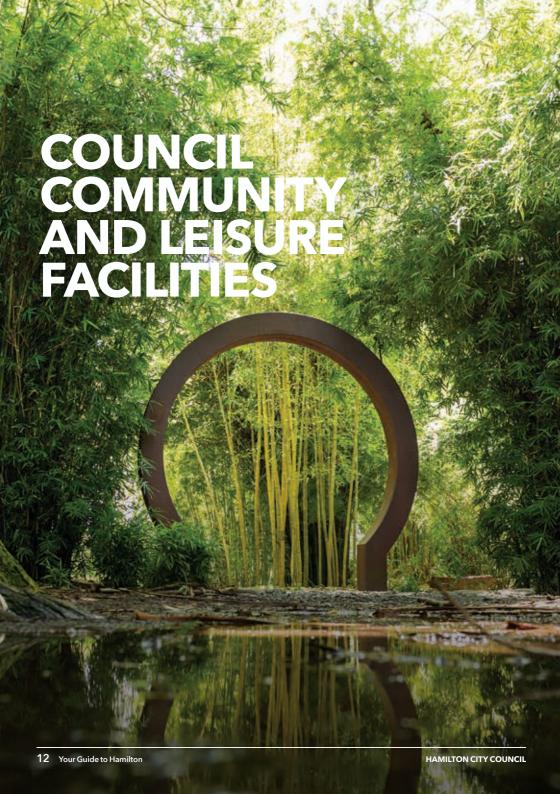


Ewan Wilson
Councillor – West Ward
T 07 974 0423 M 027 808 9117
Ewan.wilson@council.hcc.govt.nz



Rob Pascoe
Councillor – East Ward
T 07 838 6519 M 021 988 742
rob.pascoe@council.hcc.govt.nz

Local body elections, where residents vote to decide who will be the city's Mayor and Council Members, happen every three years. This local body election voting period runs from 16 September to 8 October 2022. If you or someone you know are interested in being a candidate, nominations open 15 July and close 12 August. If you want to find out more, head to www.yourcityelections.co.nz.



COMMUNITY AND SOCIAL DEVELOPMENT TEAM

4th Floor, Council Building, Garden Place, Hamilton \mathbf{T} 07 838 6623

E <u>communitydevelopment@hcc.govt.nz</u> **W** <u>hamilton.govt.nz</u>

Aligned with the purpose of local government our purpose as an organisation is to improve the wellbeing of Hamiltonians. Our community development team supports and empowers communities through enduring and effective partnerships.

- Inclusive community engagement. We provide opportunities for our diverse communities to participate in civic life.
- Community capacity. We provide culturally responsive service to support communities to improve their own wellbeing.
- Activating public spaces. We have high community use of our places and services because they are accessible, safe and welcoming.
- We actively support, raise awareness and advocate for community-led initiatives.



Community development promotes the social and cultural well being of Hamilton's communities by enabling and encouraging our diverse communities to achieve their goals and aspirations, by providing leadership, services and support.

ARTSPOST GALLERIES AND SHOP

120 Victoria St, Hamilton **T** 07 838 6928

E artspost@hcc.govt.nz

W waikatomuseum.co.nz/artspost

Open: Daily 10am to 4.30 pm – except Christmas Day. Free entry.

Located in a beautifully preserved heritage building next to Waikato Museum in Hamilton's Victoria Street, this former post office is now a stunning visual art space, which offers a unique gallery and retail experience. The three exhibition spaces at ArtsPost display an exciting programme of fresh new art which changes regularly, and ArtsPost's retail shop features beautiful art pieces and great variety. New items are added regularly to a uniquely New Zealand product range.



WAIKATO MUSEUM

1 Grantham St, Hamilton **T** 07 838 6606

E <u>museum@hcc.govt.nz</u> **W** waikatomuseum.co.nz

Open: Daily 10am to 4.30pm – except Christmas Day and Boxing Day. Admission often by donation.

The Museum provides an exciting opportunity to learn about local Tainui (Maaori) and Hamilton history, view changing art exhibitions, as well as enjoy the hands-on science exhibits in the Exscite Gallery. The Museum can provide guided tours for community groups and students.



HAMILTON GARDENS

W hamiltongardens.co.nz

Cobham Drive, Hamilton **T** 07 838 6782 (Gardens Information Centre) **E** hamilton.gardens@hcc.govt.nz

Open: The central theme gardens are open daily from 7.30am to 5pm in winter and 8pm in summer.

The Information Centre is open daily from 9am to 5pm. The Victorian Flower Garden display houses are open daily from 10am to 4pm in winter and 5pm in summer. Entry and parking at Hamilton Gardens is free.

Explore historically important garden styles from different civilisations and the farthest reaches of the world. Step into the stunning Paradise Garden Collection, visit Te Parapara – New Zealand's first traditional Maaori-themed garden, picnic with the family or catch one of the many exciting events staged here each year.



HAMILTON LIBRARIES

Garden Place Library, 9 Garden Place **T** 07 838 6826

E <u>hamiltonCityLibraries@hcc.govt.nz</u>

Chartwell Library, Lynden Court **T** 07 838 6844

E chartwell.library@hcc.govt.nz

Dinsdale Library, Whatawhata Road **T** 07 838 6855

E dinsdale.library@hcc.govt.nz

Glenview Library, MacDonald Road **T** 07 838 6821

E glenview.library@hcc.govt.nz

Hillcrest Library, Masters Avenue **T** 07 838 6849

E hillcrest.library@hcc.govt.nz

St. Andrews Library, Braid Road **T** 07 838 6847

E standrews.library@hcc.govt.nz

Books are available in several languages. Audio/video tapes, English for Speakers of Other Languages kits and International English Language Testing System supporting materials are available for English learning.

Visit <u>hamiltonlibraries.co.nz</u> for opening hours.



HAMILTON ZOO

183 Brymer Rd, RD9, Hamilton T 07 838 6720 F 07 838 6960 E zooinfo@hcc.govt.nz W hamiltonzoo.co.nz

Open: Daily 9.30am to 4.30pm – last admission 3.30pm (closed Christmas Day).



WATERWORLD

Garnett Avenue, Hamilton T 07 958 5860 F 07 958 5862 E waterworld@hcc.govt.nz

 $\textbf{W}\,\underline{\text{hamiltonpools.co.nz}}$

Open: Monday to Friday 6am to 9pm, Saturday 7am to 9pm, Sunday and Public Holidays 9am to 9 pm (except Christmas Day). Admission fee applies.



GALLAGHER AQUATIC CENTRE

20 Collins Rd, Hamilton **T** 07 958 5890

E gallagheraqauticcentre@hcc.govt.nz **W** hamiltonpools.co.nz

Open: Monday to Friday 6am to 9pm, Saturday and Sunday 7:30am to 8pm, Public Holidays 8am to 8pm – except Christmas Day and Good Friday. Admission fee applies.



WHAT'S ON HAMILTON

120 Victoria St, Hamilton **T** 07 958 5960

E <u>info@visithamilton.co.nz</u>

W <u>visithamilton.co.nz</u>

Contact Hamilton i-SITE Visitor Information Centre for current events and activities throughout the city. To submit an event, visit the website. i-SITE is open 10am to 5pm daily.





Pathways

your immigration partner

Over the past 30 years Pathways has successfully guided over 20,000 people from more than 100 countries on their migration journey to New Zealand.



Managing Director Richard Howard

Our Licensed Immigration
Advisers are reputable and
experienced professionals who
take a unique and personalised
approach to assisting workers,
students, visitors, families,
employers, investors &
entrepreneurs to achieve
their immigration goals.

For your free initial immigration assessment

Contact

Visit

Tel 07 834 9222

Level 2

586 Victoria Street m Hamilton

Em xxxx@xxxxxxxxxxxxxxxx

www.pathwaysnz.com





FREEDOM FROM DISCRIMINATION

Discrimination based on race, colour, ethnic or national origins is unlawful. Everyone has a right to be protected from discrimination if you experience any of it.

Contact the Human Rights Commission **T** 0800 496 877 (toll free) **E** infoline@hrc.co.nz

TXT: 0210 236 4253

FOR EMERGENCY SERVICES CALL 111

New Zealand has four main emergency services: the Fire service, the Police, ambulances and Civil Defence. Call 111 in emergencies. In New Zealand, the number to call if you need the Fire service, Police or an ambulance in an emergency is 111.

You can call this number on a mobile phone even if the phone is out of credit. The operator will ask you which service you need and connect you to the right service. Call from any phone including payphones and mobile phones, 24 hours a day, seven days a week.

105 is the number for Police non-emergencies. You can use 105 to report things that have already happened that don't need urgent Police assistance.

SAFETY AND POLICE SERVICES

The Council operates a public safety plan to prevent crime and anti-social behaviour. The City Safe Operations Team works together to ensure Hamilton is a vibrant and safe city. The team in their 'hi-vis' (high-visibility) uniforms work in the central city, Transport Centre and suburban retail areas. Camera operators work to spot issues within the central city and ensure City Safe patrols, Police or ambulance are dispatched when issues escalate.

The team also ensures anyone travelling by bus and using the Transport Centre feels safe. More information about safety is available in many languages on their website police.govt.nz/service/ethnic

NEIGHBOURHOOD SUPPORT

Neighbourhood Support Hamilton work in your community to help make our homes, streets and communities safer and more caring places to live. With more than 950 active groups in Hamilton, joining an existing group is easy. If there is no group in your street, we can help set one up. As part of a group, then you will cope better in civil emergencies, and provide safe environments for our vulnerable communities. For more information visit nshamilton.org

DISASTER PREPAREDNESS

What would you do when disaster strikes? In the event of an emergency, you may need to look after yourself for at least three days before the emergency services can reach you. Make sure you have enough water and food stored for you and your family.

If you have a phone you will automatically be sent an Emergency Mobile Alert if lives, property and health are at serious risk. Some useful information about how to prepare for an emergency can be found at https://hammitton.govt.nz/our-services/civil-defence-and-emergency



FINANCIAL ADVICE

There are many financial decisions to make when moving to a new country. Now you are here, it would make good financial sense to immediately seek free financial advice. You can get this from Authorised Financial Advisers (AFA) who can help you with budgeting and planning your finances, buying a car, a home and getting car, contents, house, health and other insurances appropriate for your needs.

For a list of advisers check out fma.govt.nz

You can also go to <u>sorted.org.nz</u> an online independent money guide offering free, impartial information and calculators to help you manage your money throughout life.

ACCOMMODATION

Renting

It is a good idea to first rent a home while you decide where you wish to live or save up to buy a home. Most schools are zoned for an area so if you have children you also need to think about the zoning. Most rental homes are not furnished. As a tenant, you must pay for services such as electricity, phone connection and gas.

Tenants and Flatmates

Understanding the difference between tenants and flatmates. It's important to know the difference between tenants and flatmates, and how the law applies to you. If you sign a tenancy agreement with a landlord, you're a tenant. You are legally responsible for the place and you're covered by the Residential Tenancies Act.

You're a flatmate if:

- someone else signs the tenancy agreement but lets you share the flat
- a homeowner asks you to live in their house with them and rents a room to you.

Flatmates are not covered by the Act.

Landlords can't discriminate against you

Landlords can't decide to not rent to you or end your tenancy for reasons that breach the Human Rights Act. Read about <u>Tenancy discrimination</u>.

Finding rental properties

You can look for a place to rent that suits your budget. You can go online:

- All real estate realestate.co.nz
- Search 'property' on TradeMe trademe.co.nz

You can also check:

- local newspapers: check the 'To Let' columns on Wednesdays and Saturdays
- noticeboards: rental home advertisements are often placed at supermarkets, community centre noticeboards and in some school newsletters.
- You can ask family, friends and co-workers if they know someone who's looking for tenants.

Bonds and security deposits

A bond equivalent to two-to-four weeks' rent is often required when you rent. The bond is for the landlord to cover any damage to the house or any unpaid rent. Both you and the landlord will sign a bond form, which the landlord sends to the Tenancy Service Centre. The bond is paid back when you leave the house and only if there is no damage or any unpaid debts.

Tenancy agreements

Tenancy Services is part of the Ministry of Business Innovation and Employment (MBIE), a Government agency providing information on rights and responsibilities as a landlord or tenant. It also provides guidance on dealing with common tenancy issues. If you have a dispute that you can't sort out together, they can arrange mediation to help resolve your issue. If you cannot resolve it at mediation, it will be referred to the Tenancy Tribunal, which is managed by the Ministry of Justice.

It is important to have a written tenancy agreement (lease). Both you and your landlord sign this and keep a copy each. It is a good idea to know your legal rights and responsibilities before signing a tenancy agreement. Tenancy Services can provide free advice and information on bonds and tenancy agreements.

Healthy home standards

The healthy homes standards introduce specific and minimum standards for heating, insulation, ventilation, moisture and drainage, and draught-stopping in rental properties. Check if the rental has complied with the standards.

Visit tenancy.govt.nz/healthy-homes or call 0800 836 262.

Furniture and homeware

Houses and most flats are advertised as unfurnished. There are many homeware and furniture stores you can buy from. You can also purchase second-hand furniture and household goods from second-hand or charity shops.

Second-hand goods are advertised at buy-sell-exchange.co.nz or TradeMe trademe.co.nz — an online auction site for people wanting to buy and sell goods.

Facebook Marketplace is another place to buy second hand items. Garage sales, which are usually held on weekends, are also a way to buy cheap second-hand goods.

Visit <u>consumer.org.nz</u> for information on your rights when buying used goods..

Buying a home

Buying a home can be a complicated process, especially when you haven't bought before. settled.govt.nz has the 'buyer journey guide' to help you in the process.

Summary of important things to know

- 1. Before you start your buying journey, build up a support team. You'll need a lawyer, an insurer and a bank or mortgage broker. You may also need to hire a property inspector later on in the process.
- 2. It's important to confirm your finances and have approval from your lender before you get serious about a property.
- 3. Do your homework on a property and research it thoroughly so you can make informed decisions.
- 4. Before you can make an offer, you'll need to know and understand the method of sale being used for that home

5. Plan your settlement inspection and make sure your finances and insurance are in order before you pick up the keys and move in.

Finding properties for sale

- · Contact real estate agencies or go online at:
 - realestate.co.nz
 - trademe.co.nz
- The Waikato Times newspaper (either in the classifieds or in specific housing sections usually in the Wednesday, Friday or Saturday edition)
- Free weekly community newspapers circulated in surrounding towns.

Using a real estate agent registered with the Real Estate Institute of New Zealand (REINZ) will help protect you from any financial and legal risks. REINZ is the professional regulatory body for the real estate industry.

To avoid legal problems, use a lawyer when buying a house. The lawyer will make an offer of price to the seller. The lawyer will arrange for all the paperwork and can also be a useful adviser. You can check propertylawyers.org.nz or visit conveyancing.co.nz for information on buying and selling properties.

You can ask for a copy of the current site valuation and the property rates at the local council. It is a good idea to look at different suburbs and compare the prices for different types of housing. If you have school-aged children, you may also need to consider the school zone for the home you intend to purchase.

Once you have done the research and found a house you like, you should get a professional property inspection. The inspection will check the property's durability, workmanship and structural soundness.

These agencies will provide advice on building inspection:

Consumer build

consumer.org.nz or call 04 384 7963.

Real Estate Institute of New Zealand reinz.co.nz or free call 0800 473 769.

EXPENSES

Costs involved in owning a home are listed in the subsections below.

Rates/land tax

Home owners pay rates which vary depending on the area and are based on the capital value of the property. The Council rates department can provide you with information about rates.

Insurance

You need insurance on your home, to cover any damage or loss to the property caused by theft, fire or flooding. Insurance companies are listed in the Yellow Pages Telephone Directory or your bank can also help.

Maintenance and repair

Some work can be done by the owner, but many jobs need to be completed by a tradesperson e.g. plumber, builder, electrician.

Heating

Homes in New Zealand are heated individually, including apartment complexes. Please visit eeca.govt.nz on the forms of heating and the costs. For advice and information on buying a home, visit reinz.co.nz or free call 0800 473 469. If you wish to buy a house privately, without a real estate agent or a mortgage broker, get advice from a lawyer first.

Electricity and gas

When you move into a new home your landlord will tell you the electricity or gas supplier for your property. Gas is available in most areas either using LPG cylinders or piped natural gas. Some suppliers may require you to pay a deposit which will be included in your first bill. Electricity and gas usage is metered (actual and estimate) and companies bill their customers monthly. Search online for "electricity supply retail".

Some useful contacts for electricity or gas information:

Utilities disputes (electricity and gas)

T 0800 223 340

W utilitiesdisputes.co.nz

Electricity authority

T 04 460 8860

W ea.govt.nz

Consumer

T 0800 266 786

W consumer.org.nz

Powerswitch

W powerswitch.org.nz

Using their comprehensive updated database of electricity and gas prices you can compare plans and find their cheapest deal in your area.

Telephone, internet and mobile services

You can choose from a number of companies that will set up your home phone service which can be a landline, a bundled service of landline and internet or a range of mobile and other wireless services. Pricing plans vary widely and it is always good to compare services and rates. Public phones use pre-paid phone cards which are available at supermarkets, news agents or local shops.

Bundle your utilities

You can also bundle your utilities. Check with your provider if they can bundle your power, phone and broadband. Go online and compare plans.

Television

Television in New Zealand is digital. You will need to have Freeview, Sky, or other digital services to watch TV. You can also watch TV shows On Demand via your smartphone and other smart devices.

Transport

Hamilton is within two hours' drive of two of the country's main sea ports (Auckland and Tauranga), and Auckland International Airport (New Zealand's major inbound and outbound airport). The city is also at the centre of the upper North Island's developing road network. There is a good transport network in and around Hamilton. This consists of buses, and airplanes through the local airport. Most transportation caters for those with a disability. Bus and train timetables and fares are available at the Hamilton Transport Centre, i-SITE Visitor Information Centre and visithamilton.co.nz

Call 07 958 5960 or free call 0800 HAMILTON (0800 4264 5866).

Go by bus

There are 35 bus services in Hamilton, with 12 buses travelling to regional centres. Bus tickets can be purchased on the bus from the driver, or you can use a pre-paid bus card that you can top up and is available at many retail outlets. There is a free inner-city circle bus.

A Transit Real-Time app is also available for Hamilton buses. Transit, the real-time bus app is now available from the App Store and Google Play. All Hamilton buses are now fitted with new global positioning satellite (GPS) devices, which feed real-time bus arrival times through to the Transit app. The Transit app is free to download and easy to use.

For more information visit <u>busit.co.nz</u>, call 0800 4 BUSLINE (0800 4 2875 463), or visit the friendly team at the BUSIT counter inside the Hamilton Transport Centre, corner of Bryce and Anglesea streets.

Bus fares

Bee Card and cash fares changed from 12 July 2021. The two main fare types will remain - Bee Card and cash - there will not be a separate single youth fare. For travel within Hamilton, the \$1.70 interim fare will be changed to \$2.00 and while the cash fare will remain at \$3.00 within the central city zone, outside of this area the cash fare will increase to \$4.00.

Travel within regional zones also changed. Visit <u>busit.co.nz</u> for more information.

Catch the train

Welcome aboard Te Huia! Connecting the Waikato and Auckland, Te Huia is capable of carrying over 500 passengers per day, transforming the journey of those travelling between Hamilton, Huntly and Auckland. This service is shaping the future of rail public transport in the Waikato and will help reduce New Zealand's carbon footprint.

Take a taxi

All taxis in New Zealand must be registered to a taxi company, which sets the fare and operates 24 hours a day. Fares are charged based on distance and the amount of time the journey takes.

Ride sharing

There are ride sharing and transport services on demand operating in Hamilton such as Uber, Ola and Mevo. You can download the app on your Android or Smartphone. With one tap you can get a car to you whether you're heading to work, the airport, or out on the town.

PRIVATE TRANSPORT

Driver licence

To drive in New Zealand, a person must have a valid driver licence, obtained in three stages:

- Learner licence (must be 16 years old)
- Restricted licence
- Full licence.

If you have a valid or current overseas driver's licence or international driving permit, you can drive using this permit for a maximum of 12 months from the date of your arrival in New Zealand. However, if your licence is not in English, you must carry an accurate translation. You must apply in person for a driver's licence with New Zealand Transport Agency driver licensing agents:

Automobile Association

T 0800 500 222

W aa.co.nz

Hamilton branches

313 Barton St

T 07 958 3600

Shop 7, Five Cross Roads Shopping Centre

T 070 853 5091

Shop 24/44 Horsham Downs Rd, Rototuna North **T** 07 853 5091

Vehicle Testing New Zealand (VTNZ)

T 0800 888 869

W vtnz.co.nz

Vehicle inspection New Zealand (VINZ)

T 0800 468 469

W vinz.co.nz

New Zealand Transport Agency (NZTA)

T 0800 822 422

W nzta.govt.nz

Tips for driving in New Zealand:

- · Drive on the left-hand side of the road
- Everyone in a motor vehicle must wear a seatbelt
- Never drink and drive. For drivers under 20 years old, a zero alcohol level applies
- Speed limits vary on the motorway (100km/h on most motorways and 110km/h on the Cambridge section of the Waikato Expressway) and around the city (40km/h, 50km/h, 60km/h)
- To be safe when parking always lock your car and do not leave valuables inside.

Buying a car

When you buy a car, it is registered under the Motor Vehicle Register and if you are the first owner, you are issued registration plates. Your car must always have a Warrant of Fitness (WOF) – a safety inspection that is compulsory for light vehicles (e.g. motorcycles, cars, vans and 4WDs). Approved garages and testing stations carry out WOF inspections. Search online for your local Warrant of Fitness and testing stations.

Car licensing (registration)

You are required by law to pay a fee to use your vehicle on public roads. The fee helps to pay for road projects and safety programmes. You can buy a car from a registered motor vehicle trader, a car auction or privately. The safest way to buy a car is from a trader who is registered with the Motor Vehicle Trader register. Visit motortraders.govt.nz or free call 0508 668 678 to check.

The Ministry of Consumers Protection and New Zealand Transport Agency also provide information and advice when you are considering buying a car and would like to know more about requirements of driving in New Zealand. Visit nzta.govt.nz for more information.

Ministry of Consumer Protection

T 04 901 1499

W consumerprotection.govt.nz

Waka Kotahi - New Zealand Transport Agency

Motor vehicle licensing and registrations

T 0800 108 809

Driver licensing

T 0800 822 422

W nzta.govt.nz

EDUCATION

Schooling is compulsory from ages six to 16. You must send your children to school from their 6th to their 16th birthday, or obtain Ministry of Education permission to homeschool your children. Children may enrol from their 5th birthday and may remain at school (or homeschooled) until the end of the year in which they turn 19 years old.

The New Zealand education system has five levels:

- Early childhood (ages 0 to 5)
- Primary, Years 1 to 6 (ages 5 to 10)
- Intermediate, Years 7 to 8 (ages 11 to 12)
- Secondary, Years 9 to 13 (ages 13 to 19)
- Tertiary (age 18+).

In your area, there may be choices between single sex, co-educational, public and private schools.

If you have a work visa or New Zealand permanent residency status, your children can get free education through the Government-funded school systems. Also if you are a New Zealand Aid Scholar or a PhD student in a New Zealand university, your children will be regarded as domestic students and thus get free education. Alternatively, you may choose to send your children to an independent or private school where you will pay fees. The school year begins in late January and ends in early December for secondary schools, and mid-December for primary schools. It is divided into four terms. Please visit the Ministry of Education website at education.govt.nz for the exact dates for school terms.

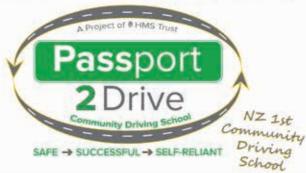
In New Zealand some schools have an enrolment zone which gives priority to children living in the school zone area.

If you live within the zone, parents can ask to visit the school and meet with its principal and staff. Most schools have a brochure which provides information about the school and what it offers.

Early Childhood Education

Early Childhood Education (ECE) is available for children up to five years of age. Your children





OUR DRIVING SCHOOL IS OPEN TO EVERYONE.
WE WORK TOWARDS PASSING THE NZTA PRACTICAL TEST
SO GET YOUR PASSPORT 2 DRIVE WITH US!

All driving lessons start and finish at the Settlement Centre Waikato. VTNZ Restricted/Full licence tests are delivered at the Settlement Centre for P2D clients. You can book and pay for your lessons online www.passport2drive.org.nz



Settlement Centre Waikato, 46G Boundary Road, Claudelands, Hamilton Monday to Friday, 9am - 5pm. If you have any queries, please call us on

07 853 21 92 or email us on: info@passport2drive.org.nz passport2drive

can go to kindergartens, playcentres, childcare centres, home-based networks and play groups funded by Early Childhood Development and Te Kohanga Reo (Maaori language nests). Check the centre is registered with the Ministry of Education, as this ensures the quality of their buildings and equipment is high and that staff are qualified.

Visit <u>education.govt.nz</u> or call 07 858 7130 to find out more about early childhood education. Call the school of your choice and make an appointment to speak with its principal. For a list of schools see page 73 of this booklet.

Privacy and safety

You will need to give information about who else is allowed to collect your children from school in case of illness or accident. This is private information which is not given to others.

After school care

Out of School Care and Recreational programmes (Oscar) run in many areas. The Government helps to pay some of the fees to help low income parents and caregivers with childcare they can afford.

Visit <u>workandincome.govt.nz</u> or free call 0800 559 009 to check if you are eligible.

Examinations

The National Certificate of Educational Achievement (NCEA) is the national public examination system from Year 11. Year 11 – NCEA level 1 (age 15); Year 12 – NCEA level 2 (age 16); Year 13 – NCEA level 3 (age 17). A New Zealand Scholarship qualification is also offered to challenge and recognise high-performing students in Year 13.

Visit nzga.govt.nz/ncea for more information.

Reports on schools

The Education Review Office (ERO) checks all New Zealand schools. Schools are reviewed every three to four years years with early childhood centres being checked every four to five years. Visit ero.govt.nz for more information.

Learning support

There are special education services for children with physical or intellectual difficulties, problems

with learning, communicating, socialising or emotional/behavioural issues. Learning support

helps these children to take part as fully as possible in their schooling.

Visit <u>education.govt.nz</u> or call 07 858 7130 for information about the schooling system in New Zealand.

TERTIARY EDUCATION

Universities

There are eight universities in New Zealand including The University of Waikato based in Hamilton. All university students must be able to communicate in English and entry requirements may include assessment of English competence to qualify. International students need to pay the full rate of tuition fees.

Other tertiary education providers

There are many other tertiary education providers in the area. Polytechnics offer degrees, diplomas and certificates in vocational, technical and professional fields. For more information about courses and enrolment, contact the institution directly.

Employment and business

To work in New Zealand, you must have one of these: New Zealand or Australian citizenship, a residence permit, a work permit or a variation of conditions which allows you to work on a student permit or visitor permit. For general information, please visit the Immigration New Zealand website newzealandnow.govt.nz or free call 0800 776 948.

Income tax: IRD Number

As soon as you arrive in New Zealand and even before you start a job, make sure you get an Inland Revenue Department (IRD) number. IRD collects income tax from people who are employed or run a business. To apply for an IRD number, you need to give proof of identity, e.g. your passport or your driver licence. Please visit <u>ird.govt.nz</u>

JOB SEARCH AND PREPARATION

Curriculum Vitae (CV)

You need to offer potential employers a CV. This is a document that outlines your work experience, skills, qualifications and personal interests. It should also include the name and contact information of a personal/work reference. You will need copies of qualification certificates or the originals, if you are interviewed for the position.

Cover letter

When you send your CV to an employer, you will want to make a strong first impression. Your cover letter can do that for you. The letter should tell them what you can contribute to their company and why you are interested in the job.

Qualifications

Your international qualifications may need to be confirmed by the New Zealand Qualifications Authority (NZQA). Visit <u>nzqa.govt.nz</u> or free call 0800 623 243 for more information.

Finding a job

If you are new with a resident or work visa and you need help finding a job, contact the Settlement Centre Waikato on 07 853 2192 and make an appointment with the Migrant Employment Solutions (MES). You can also check the local daily newspaper, the Waikato Times, which advertises jobs on Wednesdays and Saturdays. Weekly local papers have job advertisements and you can also check these websites:

- seek.co.nz
- jobs.govt.nz
- trademe.co.nz
- <u>careers.govt.nz</u> (career advice, job search and entrepreneurship)
- <u>yellowpages.co.nz</u> (for recruitment agencies).

See page 53 of this booklet for employment services.

Employment laws

New Zealand has a comprehensive set of employment laws that help keep workplaces fair. You need to be aware of rules and what your rights are. Check out employment rights at newzealandnow.govt.nz/work-in-nz/employment-rights

Workplace health and safety

There are strict regulations to make sure workplaces are safe and healthy places for workers.

Visit business.govt.nz/worksafe

Joining a workplace union

Every employee has the right to join a union in New Zealand. The New Zealand Council of Trade Unions has details of unions for specific occupations and industries. Visit union.org.nz for more information.

Free advice services

If you have work-related problems you can get free advice from:

Community Law Waikato

T 07 839 0770

Citizens Advice Bureau

T 0800 367 222 (0800 For CAB)

W cab.org.nz

Work and Income

T 0800 559 009

W workandincome.govt.nz

Employment New Zealand

T 0800 209 020

W dol.govt.nz/er

Starting your own business

If you want to start a business, these agencies can help:

- <u>business.govt.nz</u> for information on how to start, manage and grow your business. They can help with questions about tax, business regulations, employing staff, financial grants and much more.
- ird.govt.nz for advice about taxation
- communitylaw.org.nz for legal advice about setting up the business
- waikatochamber.co.nz
- hamiltoncentral.co.nz

HEALTHCARE

New Zealand has a public healthcare system with many services provided free or subsidised; however, seeing a family doctor or a dentist is not. To be eligible for public healthcare, you need to be a New Zealand citizen, a New Zealand resident, a holder of a two-year work permit or a former refugee. Non-residents may have to pay for some hospital services, but you will not be refused emergency care if you cannot pay. A full guide on eligibility is available at moh.govt.nz/eligibility

Choosing a family doctor

Your family doctor (also known as a general practitioner, or GP) will probably be your first contact with the healthcare system. Once you decide where you are going to live, you and your family should enrol with a GP as soon as possible, preferably before you need care. It is free to enrol with any GP of your choice. You must pay a charge for each GP visit, but you may be eligible for Government subsidies. A friend or support person can stay with you during most medical examinations.

Publicly-funded health services

- · Free public hospital treatment
- Free treatment at a public hospital 24-hour accident and emergency (A & E) clinics
- Free or subsidised health care for those suffering from acute or chronic conditions
- All children aged less than 13 years old, and who are eligible for publicly-funded health services, can receive free daytime general practice care. Any child who isn't already enrolled with a general practice can enrol for free. They are also exempt from a \$5 pharmacy charge
- · Subsidies on prescription items
- Subsidised fees for visits by family members to general practitioners (GPs)
- Subsidised fees for visits to physiotherapists, chiropractors and osteopaths when referred by a GP for an accident case
- No charge for most laboratory tests and x-rays, except at privately operated clinics
- No charge for healthcare during pregnancy and childbirth, unless provided by the private medical sector

- No charge for GP referrals to a public hospital for treatment
- Free breast screening for women aged between 45 and 69 (see page 69 of this booklet).

Specialists

GPs will sometimes refer you to a specialist for treatment, and you will need a referral form from your GP to get an appointment with a specialist. It is free to access a specialist through the public health system, but you may go on a waiting list which can take a few months. To access specialist advice quickly, you (or your medical insurer, if you have private insurance) will be required to pay all fees.

Accident Compensation Corporation (ACC)

If you have an injury either at work or at home, the Accident Compensation Corporation (ACC) provides personal injury cover to New Zealand citizens, residents and temporary visitors. Visit acc.co.nz or free call 0800 101 996 for more information about ACC personal injury cover.

Health and Disability Commissioner

T 0800 11 22 33

W hdc.org.nz

HCC promotes the rights of all people accessing health and disability services across the country.

National Health and Disability Advocacy Service - Hamilton Office

T 0800 55 5050

Deals with concerns or complaints about any health services or health providers. Part of a national service. It is free confidential and independent. Advocates inform consumers about their rights and explain options.

Women's and children's health

Many health services for children are free. Mothers of babies born in New Zealand are eligible for free, essential antenatal and postnatal services. Ask your GP, your lead maternity carer, or nurse for more information about services. You can also visit moh.govt.nz

Plunketline

T 0800 933 922

W plunket.org.nz

Plunketline is a toll-free parent helpline and advice service available for all families, whanau and caregivers. It is available 24 hours a day and seven days a week. All calls free.

Healthline

T 0800 611 116

W moh.govt.nz/healthline

Healthline is a free, 24-hours-a-day, telephone advice service and includes the Well Child advice service

Immigrant and refugee children

Adults and children who enter New Zealand as refugees or immigrants will need an assessment of their documented vaccination status and an appropriate catch-up programme planned.

Regardless of their immigration and citizenship status, all children aged under 18 years are eligible to receive scheduled vaccines, and providers can claim the immunisation benefit for administering the vaccines. All children are also eligible for Well Child Tamariki Ora services, regardless of immigration and citizenship status. Children who have been previously immunised in a developing country may have received some vaccinations. However, they are unlikely to have received all of the vaccines currently on the New Zealand immunisation schedule. Many countries, including European countries, do not have hepatitis B vaccine included in their national childhood immunisation schedule. For immigrant children, a catch-up immunisation plan may be needed.

Dental care

In New Zealand, dental healthcare is not funded through the public health system, although basic dental care for children is free from birth until they reach 18. To enrol, contact 0800 TALKTEETH (0800 825 583). Most people register and pay for dental care services with private dentists found listed in the Yellow Pages telephone directory (available online at yellow.co.nz – or in print at your local library). Waikato Hospital also runs a dental department for emergency dental treatment.

More useful information about dental care can be found from the following organisations:

Dental Council for New Zealand

dentalcouncil.org.nz

New Zealand Dental Association

nzda.org.nz

For a list of medical clinics/centres and dental clinics/centres, please see page 72 of this booklet.

Private health insurance

If your budget allows, private health insurance could enable you to access specialist treatment anytime without a waiting list. The website at consumer.org.nz has useful information about types of health insurance and reliable companies.

Community Services Card

If you are a permanent resident with a medium or low income, you could be eligible for a Community Services Card. This can help you and your family with the cost of health care. You will pay less for doctors' fees and prescriptions. Visit workandincome.govt.nz or free call 0800 999 999.

LEGAL ASSISTANCE

Lawyers are required to provide confidential and independent advice. Legal fees vary, so enquire about fees before requesting services. Free Legal advice is available at the Citizens Advice Bureau and Community Law Waikato. Call the local CAB on 07 839 0395 and Community Law on 07 839 0770 (eligibility requirements apply).

Legal ages

A range of age limits apply to different activities under New Zealand law. For instance, it is illegal to leave a child alone at home under the age of 14; or you must be 18 years before you are legally allowed to purchase cigarettes and alcohol. Please visit <u>youthlaw.co.nz</u> for further information about rights and responsibilities of young people.

Human Rights Commission

It is illegal in New Zealand to discriminate on the grounds of race, ethnic background, sex, age, disability, religion or family status, among other things. If you feel you have been discriminated against, you can contact the Human Rights Commission. The Commission provides free and independent help. Visit https://doi.org/10.100/j.co.nz or free call 0800 496 877.

Protection against family violence

Violence is unacceptable. The Police take family or domestic violence very seriously. Domestic violence is physical and sexual abuse, scare tactics, verbal abuse, controlling behaviour, threats and intimidation and financial abuse. Help is available from the following:

Crisis contacts

Call the Police on 111 immediately if you are in danger of (or are being) physically or sexually attacked – or if you see this happening to anyone else.

National Response for Sexual Harm (NEW)

T 07 843 3810

shama.org.nz

Local Women's Refuge

T 0800 REFUGE (0800 733 843) womensrefuge.org.nz

Citizens Advice Bureau

T 0800 FOR CAB (0800 367 222) cab.org.nz

Relationship Services

T 0800 735 283 relate.org.nz

AreYouOK

T 0800 456 450

You deserve to be safe. If you're worried about safety in a relationship, contact the Family Violence Information Line



AFGHAN

Afghanistan Hazara Association

- Waikato Inc. (AHAW)

M 022 048 0509

E waikato@hazara.org.nz

Contact Mohammad Hassan Mirzayee

Afghan Veteran Interpreters' Association of New Zealand Inc. (AVIANZ)

M 021 775 718

E office@avia.org.nz

W avia.org.nz

Contact Raza Khadim

Waikato Afghan Association of New Zealand (WAANZ)

M 021 081 41177

E waikatoafghan@gmail.com

Contact Islamuddin Orya

AFRICAN

Jabulani African Cultural Drummers

M 021 159 7511 or 027 496 1212

E tanyamhlanga@hotmail.com

Contact Tanya Mhlanga

Shine Africa United

M 021 020 5070

E pulengmoleme@yahoo.com

Contact Puleng Moleme

ARAB

Arab Friendship Association (NZ)

97 Peacockes Rd, Glenview, Hamilton **T** 07 843 8565

Contact Sam Sako

Waikato Arab Social Club

E wasclub2020@gmail.com

W facebook.com/people/Waikato-Arab-

Social-Club

Contact Mayssa Al Ard

BANGLADESHI

Bangladeshi Community of Waikato Inc.

26 Keston Crescent, Hamilton 3210

M 027 222 2668

E sohailrahman2@hotmail.com

Contact Atiar Rahman

BRAZILIAN

Brazilian Group

T 07 843 7744 **M** 027 440 0123

E <u>verinz@hotmail.com</u>

Contact Vera Davies

BURMESE

Waikato Burmese Community

E <u>yuparnz@yahoo.co.nz</u> Contact Ruby John

CAMBODIAN

Waikato Cambodian Trust

48 Higgins Rd, Hamilton

T 07 847 7594

E cambodiantrust@yahoo.co.nz

Contact Sina Nan

Waikato Khmer Association Inc.

3285 Ohaupo Rd, RD2, Rukuhia **T** 07 843 9886 **M** 021 135 7618

Contact Voeun Sok

COLOMBIAN

Hamilton Colombian Community Trust

M 021 158 4386

E <u>colombiancommunitytrust@gmail.com</u>

Contact Adrianna Cubillos

CHINESE

Chinese Art Society

E yanxia6906@gmail.com

Contact Yanxia Wu

Hamilton Chinese Golden Age Society Inc.

M 021 026 06630

E hcwanging@gmail.com

Contact Ruili Chen (Chairperson)

Hamilton Chinese Ethnic Song and Dance Group

E hamiltonchinesedancegroup@gmail.com

Contact Linda Gee

Hamilton Chinese Learning Centre

Main Campus Hillcrest Chapel, Cnr of Morris Rd

& Masters Ave, Hamilton

T 07 853 8598 M 021 0828 9168

E skyli1973@gmail.com

Contact Yi Li (Principal)

New Zealand China Friendship Society

E fanm@waikato.ac.nz

Contact Miao Fan

New Zealand Chinese Association Waikato

47 Lewis St, Glenview, Hamilton 3206

PO Box 9294, Waikato Mail Centre, Hamilton 3240

M 021 791 005

E paul@dynamicoutcomes.org.nz

Waikato Chinese Community

171 Peachgrove Rd, Claudelands,

Hamilton 3214

T 07 853 8598 M 021 578 598

E sealzhu@xtra.co.nz

Contact Xi Zhu

CONGOLESE

DR Congolese Community Of New Zealand

M 027 345 8771

E omarisalum@hotmail.com

Contact Omari Salumu

Mbanza Kongo Refugee Community Development

T 07 853 3947 M 021 272 9609

E renemickalad@gmail.com

Contact Rene Mickalad

COOK ISLANDER

Hamilton Cook Islands Association

6 Cascade Place, Hamilton

M 027 266 6672

E walt30@gmail.com

Contact Walter Tuakana

DUTCH

New Zealand Netherlands Society Waikato Inc.

PO Box 9252, Hamilton

E netherlands.society.waikato@gmail.com

FIJIAN

Waikato Fiji Association

E nirsingh@kinect.co.nz

Contact Nirmal Singh

Fiji Society Hamilton

M 021 030 1495

E tangy26@gmail.com

Contact Savaira Vuidreketi

FILIPINO

Waikato Filipino Association

PO Box 19164, Hamilton

T 021 285 1952

E info@waikatofilipino.org.nz

FRENCH

Alliance Française De Hamilton

P.O. Box 923, Hamilton 3240

T 021 281 8830

E alliancefrancaisehamilton@gmail.com

W afhamilton.org.nz

Contact Andrea Haines

GERMAN

Waikato Goethe Society (German Club)

T 07 825 8011 M 0221 130 4039

E waikatogoethesociety1@gmail.com

Contact Sandra Jonas

HUNGARIAN

Hungarian Cultural Society

T 07 856 9331

E adrienna.e@outlook.com

Contact Dr. Adrienna Ember

HAWAIIAN

Hula Halau O Kahokuokalani

74 Commerce St, Hamilton PO Box 9374, Hamilton **T** 07 846 1076

E enquiries@spii.co.nz

Contact Rachel Bourne

HISPANO/LATINO

Waikato Hispano-Latino Cultural Trust

PO Box 5, Waikato Mail Centre, Hamilton

E hola@waikatohispano.org.nz

Contact Patricia Novoa

INDIAN

Bhartiya Vidya Bhavan New Zealand

2 Trigg Place, Bader St, Hamilton

M 021 132 9292

Contact Suman Kapoor

Hamilton Bengali Association

M 021 078 3374

E manu late@hotmail.com

Contact Manu Malhotra

Country Section New Zealand Indian Association

PO Box 10391, Te Rapa, Hamilton

M 021 471 965

E rupindervirkJP@gmail.com

Contact Rupinder Virk

Global Organisation of People of Indian Origin Waikato Inc.

M 021 180 1234

E sumankapoor2002@yahoo.com

Contact Suman Kapoor

Gujarati Pariwar Waikato Inc

E secretary@qujarati.nz

W gujarati.nz

Contact Adip Desai

Hamilton Kerala Samajam Inc.

PO Box 4316, Hamilton East, Hamilton 3247

M 022 018 0664

E info@hamiltonkeralasmajam.co.nz

Contact Jithin Abraham

Hamilton Malayalee Association Inc.

T 021 057 3897

E dmatthan@gmail.com

Contact Dilip Mathan

Hamilton Punjabi Sports and Cultural Club and Waikato Ladies Punjabi Cultural Club

T 07 838 9892 M 021 122 7150

E rajmundi@yahoo.co.nz

Contact Raj Mundi

Indian Cultural Society Waikato Inc.

T 027 577 7221

E indiancswi@gmail.com

Contact Jay Randhawa

Indianz Global Women and Family Group

M 021 132 9292

E kapoorinnz@yahoo.com

Contact Suman Kapoor

Waikato Punjabi Cultural Club Inc.

18 Waipuna Place, Rototuna, Hamilton 3210

M 021 471 965

E rupindervirkJP@gmail.com

Contact Rupinder Virk

Waikato Senior Indian Citizens Association Inc.

M 021 165 3960

E jbsingh60@gmail.com

Contact Jaswinder Singh

Waikato Shaheed -E-Azam Bhagat Singh Sports and Cultural Trust

M 021 654 362

Contact Jarnail Singh Rahon

INDONESIAN

Indonesian Society of Hamilton

T 07 858 7305

E afat.xiao@education.govt.nz

Contact Afat Xiao

ITALIAN

Italian Community

E marco.italianchef@gmail.com Contact Mario Scarpa

JAPANESE

Waikato Japanese Community Trust

26 Jury Rd, RD10, Hamilton 3290 **M** 021 045 7680

E <u>waikatojct@gmail.com</u> Contact Yumi Hughes

KIRIBATI

Kiribati Waikato Incorporated

14D Manuka Rd, Huntly

M 027 575 4340

E kiribatiwaikato@gmail.com

Contact Baraoi Bio

KOREAN

Korean School of Waikato

M 0211 650 134

E waikatoks@gmail.com

Contact Sue Hooper

New Zealand Republic of Korea (South Korea) Friendship Society

T 07 854 5820 M 021 298 3513

E <u>rich001@xtra.co.nz</u> / <u>nzjungmi@hotmail.com</u> Contact Richard Lawrence or Jungmi Ko

Waikato Korean Cultural Centre (K Centre)

5 Kingsford Mews, Hamilton East 3216 **M** 021 771 798

E waikatokcc@gmail.com

Contact Jungmi Ko

LAO

Lao Community of Waikato

9 Chancery Close, Hamilton **T** 07 856 1501

Contact Khamphet Sangkhamyong

MACEDONIAN

Macedonian Community

PO Box 1228, Hamilton 3240 **T** 07 838 3448 **M** 021 177 9099

E <u>dragans@orcon.net.nz</u>

Contact Dragan Spasovski

NEPALESE

Nepal New Zealand Friendship Waikato Society Inc.

M 021 239 1252

E arun_kharki@hotmail.com

Contact Arun Kharki

NUIEAN

Nuie Ekalesia Society Inc.

15 Lindsay Crescent, Hamilton **T** 07 847 4740 Contact David and Lorna Lakua

PAKISTANI

Pakistan Association of New Zealand – Waikato

2 Cabernet Close, Rototuna, Hamilton **M** 021 132 8040

E panzwaikato@gmail.com

Contact Ali Shabbir

POLISH

Polish Heritage Association of Waikato

168 Fletcher Rd, RD10, Hamilton 3290

E president@poloniaantypody.org.nz

W poloniaantypody.org.nz

Contact Iwona Newport and Jan Roznawski

RUSSIAN

New Zealand Russian (Waikato) Friendship Society (1985)

M 021 127 2014

E pyzhyanow@gmail.com

Contact Vadim Pyzhyanov

Znanie Russian Language and Culture Group (Russian School Znanie)

M 021 177 9271 (Irina Koroleva) or 027 296 9535 (Ksenia Tauroa)

E ruschoolnz@gmail.com or koroleva.squir@mail.ru
Contact Irina Koroleva or Ksenia Tauroa

SAMOAN

Samoa Fiafia Group

66 Rotokauri Rd, Nawton, Hamilton **M** 021 125 9690

E <u>samoafiafiagroup@hotmail.com</u> Contact Anita Kalonihea

SOMALI

Waikato Somali Friendship Society Inc.

PO Box 4332, Hamilton East, Hamilton 3247 **M** 021 168 0829

E <u>wsfs1010@gmail.com</u> Contact Faisal Shiekhdon

SOLOMON ISLANDS

Solomon Islands Society of Waikato

M 022 040 2998

E <u>dinna.teahenuiu@gmail.com</u> Contact Dinna Teaheniu

SRI LANKAN

Sri Lanka Friendship Society Waikato Inc.

PO Box 4286, Hamilton East, Hamilton 3247 **M** 021 134 6167

E sec@slfs.org.nz

W slfs.org.nz

Contact Migara Weeraratne

SWEDISH

Swedish Community in Hamilton

116 Saxbys Rd, Hamilton **T** 07 943 9083 **M** 027 685 7423 Contact Guss Wilkinson

SWISS

Hamilton Swiss Club

PO Box 24-061, Hamilton 3253

E anita.zuber@swiss.org.nz

W swiss.org.nz

Contact Anita Zuber

TAIWANESE

Chinese Sunshine Society (Taiwanese)

M 021 202 3296

E <u>nzsunshinesociety@gmail.com</u>

Contact Patrick Tsuei

TAMIL

Tamil Society Waikato

M 021 148 9705

E tamilsocietywaikato@gmail.com

W tamilsocietywaikato.org.nz

Contact Dhayananthan Lenin

THAI

Hamilton Thai Community

M 021 265 2533

E nzpatinya@gmail.com

Contact Pat Kunkulvoranunn

TONGAN

Tongan Society Hamilton Waikato Inc. Pasifika Fefine Motu

PO Box 9034, Hamilton **T** 07 846 9117 / 07 846 2033 Contact Emma Bourne

Waikato Tongan Community

M 027 733 4953

E mefiandmargaret@gmail.com

Contact Mefi Naufahu

TURKISH

Waikato Turkish Society

24 Parkwood Place, Hamilton 3210 **T** 07 854 9393 **M** 027 278 2721

E reneehalil@xtra.co.nz

Contact Halil and Renee Asici

ETHNIC AND COMMUNITY ORGANISATIONS

TUVALUAN

Tuvalu Waikato Community

M 021 110 6836

E katauni@gmail.com

Contact Katalina Kainano

VIETNAMESE

Waikato Vietnamese Friendship Trust

M 022 019 1219

E jnguyen81nz@gmail.com

Contact Jason Nguyen

OTHER GROUPS

Hamilton Combined Community Trust

M 021 207 9851

E hamiltoncombined.communitytrust@yahoo.co.nz

Contact Jeanie Tseng

Kirikiriroa Multicultural Council

M 021 180 1234

E sumankapoor2002@yahoo.com

Contact Suman Kapoor

Waikato Refugee Forum

T 07 855 0156

E w.refugeeforum@xtra.co.nz

Contact Jo de Lisle

Waikato Multicultural Council

PO Box 551 Waikato Mail Centre, Hamilton 3240

M 027 248 3040

E waikatomulticultural@gmail.com

W waikatomulticultural.org.nz

facebook.com/waikatomulticultural

Contact Ravinder Powar, JP



FAITH GROUPS AND PLACES OF WORSHIP

BAHA'I

Baha'i Faith - Hamilton

8-10 Ross Crescent, Fairfield, Hamilton. PO Box 847, Hamilton **T** 07 856 7465

E <u>lsa-hamilton@bahai.org.nz</u>

BUDDHISM

Ai Xin Society (Goddess of Mercy, Buddhism)

3 Jolly St, Frankton, Hamilton 3204 **T** 07 848 1068

Ratanadipa Buddhist Monastery (Hamilton)

22 Holland Rd, Fairfield, Hamilton 3214 **T** 07 974 9960 **M** 021 156 2365

E <u>ashinsiri@gmail.com</u> Contact Ashin Siridhamma

Tzu Chi Foundation (Hamilton Branch)

Halcione Close, Flagstaff, Hamilton **T** 07 854 1496

Etzuchi_hamilton@hotmail.com

W tzuchi.org.nz

Waikato Compassion Meditation Centre

436D Holland Road, Eureka, 3286 **T** 07 859 2180

E wcmchamilton@gmail.com

W hamiltonbuddhistmediation.org.nz

Waikato Cambodian Trust (Temple)

48 Higgins Rd, Frankton, Hamilton 3204 **T** 07 847 7594

Waikato Khmer Buddhist Association (Temple)

3285 Ohaupo Rd, RD2, Rukuhia, Hamilton 3882 **T** 07 843 9886

CHRISTIANITY

Afrikaans Christian Church

61 Ascot Rd, Chartwell, Hamilton 3210 **T** 07 855 3329 **M** 021 108 4667

E office@ackhamilton.co.nz

W ackhamilton.co.nz

Contact Rev. Johan Hendricks and Rev. Louis Smith

Arise Church Hamilton

95 Collingwood St, Hamilton T 07 838 1251

Contact Joe and Jess Bundy-Cooke

W arisechurch.com/hamilton

Babylon Chaldean Society

T 07 855 1620

E basher.ghassan@gmail.com

Contact Ghassan Basheer

EFKS - Ekalesia Faapotopotoga Kerisiano Samoa (Congregational Christian Church of Samoa)

51 Greenwood Street, Hamilton **T** 07 846 7112 Contact Rev Anatu Reupena

Good News Baptist Church

T 07 855 0126

Eadmin@goodnewsbaptist.nz

W goodnewsbaptist.nz

Hamilton Catholic Korean Church

86 Clarkin Rd, Fairfield, Hamilton 3214 **T** 07 856 6486

Hamilton Chapel Hill Church

2 Cate Rd, Rototuna North, Hamilton 3210 PO Box 12310, Chartwell Square, Hamilton 3248 **T** 07 854 1299

E admin@chapelhill.org.nz

Hamilton Cook Islands Christian Church

T 07 849 3832

Contact Minister Papa Maara

Hamilton Global Church

33 Charlemont St, Whitiora, Hamilton 3200 ${f T}$ 07 854 9033

Contact Rev. Chung Keun Ko

Hamilton Jusarang Church

1101 Heaphy Terrace, Claudelands, Hamilton 3214 **T** 07 859 1195

Contact Minister Jun Won Yun

Hamilton Korean Church (Saint Andrews)

6 Te Aroha St, Hamilton East, Hamilton 3216 ${f T}$ 07 855 0020

Contact Rev Ham Tae Ju

FAITH GROUPS AND PLACES OF WORSHIP

Hamilton Mandarin Church

15 Kowhai St, Hamilton Lake, Hamilton 3204 **T** 07 839 0896

E hmcchurch@xtra.co.nz

W nzchurch.org

Hamilton New Life Church

703 Wairere Drive, Chartwell, Hamilton 3210 **T** 07 855 7117

E office@hnlc.org.nz

Contact Bruce Rosser

Iraqi Christian Community

97 Peacockes Rd, Glenview, Hamilton **T** 07 844 86556 Contact Sam Sako

Korean Methodist Church

2 Cate Rd, Rototuna North, Hamilton 3210 **M** 0210379050

Contact Rev. Juyong Kim

Lighthouse Christian Fellowship

703 Wairere Drive, Chartwell, Hamilton 3210 **T** 022 102 3892 **M** 022 698 9717

E office.LCFH@gmail.com

W lcfh.org.nz

Contact Pastor Andrew Lim

Samoan Methodist Church

73 Higgins Rd, Frankton, Hamilton 3204 **T** 07 847 9914

Tongan Methodist Fellowship

St Paul's Tongan Congregation 62 London St, Hamilton 3204 **T** 07 839 3951

Hamilton East Tongan Congregation

20 Wellington St, Hamilton East, Hamilton 316 **T** 07 856 3940

Te Rautini

160 Rifle Range Rd, Frankton, Hamilton 3204

E <u>admin@terautini.com</u>

W terautini.com

HINDUISM

BAPS Shri Swaminarayan Mandir

10 Tawn Place, Pukete, Hamilton 3200 **T** 07 849 7709

Hamilton Ramayan Sanstha Inc.

313 Ruakura Rd, PO Box 164, Hamilton **T** 07 843 2896 **M** 021 166 0270 **E** sureshmohan1@gmail.com

Contact Suresh Mohan JP

Radha Krishna Hamilton Mandir Temple

188 Maui St, Pukete, Hamilton 3200 **T** 07 850 5108

E master@wave.co.nz

Satshangh Ramayan Mandali Waikato (Inc.)

31 Bartholomew Drive, Nawton, Hamilton 3200 **T** 07 846 3432 or 07 858 6267 **E** prem.singh@police.govt.nz
Contact Prem Singh

Sri Balaji Temple Trust

2 Kent St, Frankton, Hamilton 3204 **T** 07 847 0266

E <u>balajihamilton@gmail.com</u> Contact Chairperson 022 352 5887

ISLAM

Ahmadiyya Muslim Jamaat New Zealand

M 027 290 5080 or 021 293 6974

E <u>sabahuzafar@ahmadiyya.nz</u> or

m.s.hasan@icloud.com

Contacts Imam Sabahuz Safar or Dr MS Hasan

Hamilton Mosque and Islamic Centre

921 Heaphy Terrace, Claudelands, Hamilton 3214 **T** 07 855 0567

E wma@xtra.co.nz

Hamilton West Mosque

45 Bandon St, Frankton, Hamilton 3204 **T** 027 474 4201

Contact Mohammad Hassan

Rototuna Islamic Community Centre

240 Thomas Rd, Hamilton

W ricc.org.nz

FAITH GROUPS AND PLACES OF WORSHIP

JUDAISM

Waikato Jewish Association

PO Box 11048, Hamilton

E waikatojewishassn@gmail.com

W waikatojewish.com

Contact Sylvie Rabinovich-Bolstad

The Waikato Jewish Association (WJA) is a community organisation active since 1996. The WJA comprises Jewish families and individuals in the Waikato and Bay of Plenty region and Jewish people who have emigrated to New Zealand from around the world. It represents a cross-section of people from different backgrounds, nationalities, ages and professions who range across a spectrum of religious and political views. The WJA meets regularly to observe the major Jewish festivals and events, to support and celebrate its collective cultural/religious identity, and to respond to the needs of its members.

ORTHODOX

Russian Orthodox Church

T 07 847 4413 **M** 021 260 9247 Contact Rev. Father Vladimir Boikov

Serbian Orthodox Church

T 09 815 0114 M 021 270 4777

E o.sava@xtra.co.nz

Contact Rev. Father Sava Antic

SIKHISM

Gurudwara Mata Sahib Ji

23 Bryant Rd, Te Rapa, Hamilton 3200 **T** 07 849 1235

Guru Nanak Sikh Temple

399 Greenhill Rd, Puketaha, Hamilton 3281

Hamilton Sikh Temple

6391 Te Rapa Rd, Te Rapa, Hamilton 3200 **T** 07 849 4952

New Zealand Sikh Society Inc. Hamilton

PO Box 9464, Hamilton **T** 07 849 4952

E info@nzsikhsociety.org

OTHER ORGANISATIONS

Waikato Interfaith Council

PO Box 11048, Hillcrest, Hamilton

E wifconz@gmail.com **W** waikato-interfaith.org

Facebook facebook.com/WIFCO
Twitter twitter.com/WIFCONZ

Contact Imam Sabah Al-Zafar

The Waikato Interfaith Council aims to bring together people of different faiths and spiritual practices to celebrate our diverse traditions without trying convert to our own faith; to learn from each other; to share knowledge; to demonstrate respect, good will and compassion towards each other and to promote and practise these values and ideals through community action.

For other places of worship check out yellow.co.nz/hamilton/churches



JUSTICES OF THE PEACE (HAMILTON)

Justices of the Peace (JPs) can help you with ministerial matters such as:

- · witnessing signatures on documents
- · confirming identity of clients
- administering statutory declarations, affidavits/affirmations and oaths.

Translations of how Justices of the Peace can assist clients can be found at ipfed.org.nz

The JPs listed below speak other languages, in addition to English.





JUSTICES OF THE PEACE (HAMILTON)

Nagan Suppiah Tamil	021 0251 9376
Peter Tancock German	
Tapeka Tanirau Te Reo Maori	027 235 9439
Bala Tikkisetty Hindi, Telugu	021 589 915
Siapu Tyrell Samoan	027 200 5087
Zak Urlich Croatian	025 825 225
Rupinder Virk Punjabi	021 471 965
Inga Wilkinson Swedish	021 211 2668
Afat Xiao Indonesian, Malay, Mandarin, French, Spanish, Japanese and more	021 133 5591
Denis Yeung English, Cantonese, Mandarin	022 011 0990
Inga Wilkinson Swedish	07 843 8853
Brian White Russian	07 823 3812
Thelma and Tp Young Samoan	07 843 6164

JUSTICES OF THE PEACE - HAMILTON SERVICE DESKS

SERVICE DESK VENUE	TIME
Anglesea Pharmacy	Tuesday 5.30pm to 7.30pm
Chartwell Shopping Centre	Monday and Wednesday 12pm to 2pm, Thursday 6pm to 8pm
Centre Place	Wednesday 12pm to 2pm
Central Library	Friday 12pm to 2pm
Community Law Office	Monday and Thursday 12.30pm to 2pm
Glenview Mall	Saturday 10am to 12pm
Hospital – Hockin Building	Tuesday 12pm to 1.30pm
Te Awa – The Base	Saturday 10am to 12pm
University Student Centre	Tuesday 12pm to 1pm, Thursday 1pm to 2pm
Western Community Centre	Tuesday 9am to 11am

INFORMATION SERVICES

CITIZENS ADVICE BUREAU HAMILTON (CAB)

55 Victoria St, PO Box 19020, Hamilton 3244 **T** 07 839 0395 or free call 0800 367 222

E hamilton@cab.org.nz

W cab.org.nz

CAB is a free, impartial and confidential service which provides information, advice and advocacy on any matter. This service is available to anyone, of any age in the community. Services we assist with:

- · legal advice by appointment
- · consumer advice
- Justices of the Peace (JPs)
- · settlement information
- practical help with form filling, scanning documents
- employment problems
- · tenancy/flatting issues
- tree and fencing issues
- · financial problems
- personal and family matters
- referrals to specialist help.

HAMILTON I-SITE VISITOR INFORMATION CENTRE

ArtsPost galleries and shop, 120 Victoria St, Hamilton

T 07 958 5960 or free call 0800 HAMILTON (0800 4264 5866)

E info@visithamilton.co.nz

W visithamilton.co.nz

Open seven days 10am to 5pm. Closed Christmas Day. Centrally located at ArtsPost galleries and shop, we are your local experts in our beautiful city. Come in and see our comprehensive range of brochures, maps and visitor guides. We also specialise in travel arrangements for all New Zealand destinations, so we can help you plan your New Zealand holiday.

LINKPEOPLE LIMITED

Kakariki House, 293 Grey St, Hamilton East PO Box 307, Hamilton 3240

T Free call 0800 932 432

E info@linkpeople.co.nz

W linkpeople.co.nz

LinkPeople believes everyone has the potential to live well and the right to a healthy home. We link people to healthy and affordable homes, and the right support services for their health and wellbeing needs. Often our housing and support services are wrapped up together. If you need a home, we will work with you to find permanent housing as quickly as possible by using the Housing First approach. This means we will help you find a home first and then link you to the wraparound support you need to live well. We have our own housing that we can support you to live in, or we can help you access properties in the private rental market.

We also help people access other supports they need for their wellbeing. In the Waikato, we offer service navigation – a free service linking you and your whaanau to the right health, wellbeing and social services for your needs, such as a general practitioner (GP) or mental health and addiction services. With this support, you might be empowered to live a more independent, well-connected and meaningful life. Or it may mean you can better access secure, safe and affordable housing, be a good tenant and a great neighbour.

SETTLEMENT CENTRE WAIKATO

46G Boundary Rd, Claudelands, Hamilton 3214 PO Box 4340, Hamilton

T 07 853 2192 F 07 853 0469

Einfo@scw.org.nz

W scw.org.nz

Settlement Centre Waikato is the place where newcomers can find their way to a successful settlement in Hamilton and the Waikato. It is open Monday to Friday 9am to 5pm.



Discover your rights Tühuratia ō motika



Not suve? Askus.

Kāove i te māvama? Pātai mai. CITIZENS ADVICE BUREAU HAMILTON 55 Victoria Street, Hamilton

Free, confidential and trusted advice & information

Tel: 07 839 0395 / 0800 367 222

www.cab.org.nz

HOUSES CENTRES

MURI

NEI

KIA MAU

KI TE AROHA

ME TE WHAKAPONO

KI TE TURE

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COMMUNITY HOUSES AND CENTRES

CELEBRATING AGE CENTRE

30 Victoria St, Hamilton 3204 **T** 07 838 2266

E enquiries@ageconcern.gen.nz

DESERT SPRING COMMUNITY CENTRE

408 Peachgrove Rd, Fairfield, Hamilton **T** 07 855 2728

E manager.dsmt@gmail.com

FAIRFIELD PARK HALL

Clarkin Rd, Fairfield, Hamilton 3214 **T** 855 7804

E manager@twota.org.nz

GLENVIEW COMMUNITY CENTRE

12 Tomin Rd, Glenview, Hamilton 3206 PO Box 8014. Hamilton

T 07 843 2600, 021 999 512

E glenviewcent@gmail.com

W glenviewcommunitycentre.co.nz

SHAMA ETHNIC WOMEN'S TRUST

8 Liverpool St. Hamilton Central, Hamilton 3204 PO Box 4218, Hamilton East, Hamilton 3247 **T** 07 843 3810 and 07 843 3811

E info@shama.org.nz

W shama.org.nz

PHOENIX HOUSE CHARITABLE TRUST

22 Richmond St, Whitiora, Hamilton 3200 **T** 027 211 8959

PUKETE NEIGHBOURHOOD HOUSE

Te Rapa Sportsdrome
43 Church Rd, Te Rapa, Hamilton 3200
PO Box 10137 Te Rapa, Hamilton 3200
T 07 849 1115

E pukete@hnpl.net

W puketehouse.org.nz

RAINBOW CHINESE COMMUNITY CENTRE

15 Kowhai St, Hamilton Lake, Hamilton 3204 Hamilton 3204

T 07 838 1320

E rccc08@gmail.com

SETTLEMENT CENTRE WAIKATO

46G Boundary Rd, Claudelands, Hamilton 3214 **T** 07 853 2192

Einfo@scw.org.nz

W scw.org.nz

TE PAPANUI ENDERLEY COMMUNITY TRUST

66 Tennyson Rd, Enderley, Hamilton 3214 **T** 021 113 4534

E joe@tepapanui.org.nz

TE WHARE KOKONGA/MELVILLE COMMUNITY HOUSE

58 Bader St, Melville, Hamilton 3206 PO Box 8026, Hamilton **T** 07 843 8811

E manager@tewharekokanga.co.nz

TE WHARE O TE ATA/FAIRFIELD CHARTWELL COMMUNITY CENTRE

60A Sare Crescent, Fairfield, Hamilton 3214 PO Box 12090, Hamilton

T 07 855 7804

E manager@twota.org.nz

TE RONGOPAI COMMUNITY CENTRE

Cnr Dominion Rd and Breckons Ave, Hamilton **T** 07 850 5020

E goodnewscommunitycentre@gmail.com

W terongopai.org.nz

TE RUNANGA O KIRIKIRIROA

59 Higgins Rd, Frankton, Hamilton 3204 **T** 07 846 1042

E admin@terunanga.org.nz

WAIMARIE: HAMILTON EAST COMMUNITY HOUSE

53 Wellington St, Hamilton East, Hamilton \mathbf{T} 07 858 3453

E manager@waimarie.org

W waimarie.org

COMMUNITY HOUSES AND CENTRES

WESTERN COMMUNITY CENTRE

46 Hyde Ave, Nawton, Hamilton 3200 **T** 07 847 4873 **F** 07 846 3327

E manager@wccham.org.nz **W** westerncommunity.org.nz

Only two centres are operated by Hamilton City Council.

TE RAPA SPORTSDROME

43 Church Rd, Te Rapa, Hamilton 3200

To book one of the Council-run centres above:

T 0800 772 323

E booking.communityfacilities@hcc.govt.nz



ENGLISH LANGUAGE PARTNERS WAIKATO

Settlement Centre Waikato, 46G Boundary Rd, Claudelands, Hamilton 3214 Claudelands Park, PO Box 4340, Hamilton **T** 07 853 2188

E waikato@englishlanguage.org.nz **W** englishlanguage.org.nz

A range of services support English learning and successful settlement for adults from other language backgrounds, as listed below.

- Training for volunteer tutors to provide English language and settlement support in Hamilton and across the Waikato region
- One-to-one English lessons with a trained volunteer
- · English for Jobseekers
- English language groups in Hamilton and across the Waikato region
- · ESOL literacy classes
- ESOL Intensive (Elementary English course)
- · English for Road Code
- · English and Kiwi workplace culture
- · English for employees
- · English for pre-paid migrants.

FREEDOM INSTITUTE OF HIGHER EDUCATION

1/28 Liverpool St, CBD, Hamilton 3204 **T** 07 846 7446

E <u>contactus@freedom-ihe.ac.nz</u> **W** freedom-ihe.ac.nz

We provide NZQA-approved qualifications for those settling in Hamilton (note: only NZQA qualifications designed to support new settlers).

- Cambridge English (part of Cambridge University). Provider of Cambridge General, Advanced and Professional Preparation English classes and extended programmes. Learners are prepared for Cambridge English and/or IELTS examinations.
- Certificates in New Zealand Studies (at NZQA Levels 1, 2 and 3). NZQA approved certificate

programmes designed to support history, culture, life, employment and business with options in conversational English, sport, arts, recreation or other topics learners might seek to select.

- Face-to-face Workfind Programme this programme coaches individuals on how to find work or find better work opportunities for them and their families.
- The Careerfind Programme coaches and supports individuals to identify, plan and progress along a career path. Participants are supported to identify and minimise barriers and build their strengths and capabilities along the way.

LIGHTHOUSE LEARNING CENTRE

Lighthouse Christian Fellowship Hamilton 703 Wairere Drive, Chartwell, Hamilton 3210 **T** 022 102 3892 **M** 022 698 9717

E office.LCFH@gmail.com

W lcfh.org.nz

We offer tuition to students who need additional help in improving their English. Our students are mostly migrants and refugees who are in Years 7 to 13.

RESPONSIVE TRADE EDUCATION

145 Greenhill Rd, Puketaha, Hamilton 3281 **T** 07 852 5408 **M** 021 812 426

E rae@rte.co.nz

 $\begin{tabular}{ll} \textbf{W} \underline{responsive trade education.co.nz/courses/free-}\\ \underline{english-course-hamilton} \end{tabular}$

Free English lessons for New Zealand residents and refugees.

- Learn how to go to the doctor, school, bank, do shopping or get a job
- · Learn how to communicate better at work
- · Classes from beginner to advanced levels
- · Various class times and start dates available
- Available for people aged 16 to 70 years of age
- · All enquiries welcome.

SOUTH PACIFIC ISLANDS INSTITUTE (SPII)

74 Commerce St, Frankton, Hamilton, 3204 **T** 07 846 1076 **M** 021 729 713

E enquiries@spii.co.nz

W spii.co.nz

SPII has been providing quality programmes since 1988. We are NZQA-accredited, with national certificates offered on all programmes. Contact us for details on employment skills, sports and recreation and beauty services.

THE UNIVERSITY OF WAIKATO

Post Graduate Diploma in Second Language Teaching, The University of Waikato, Private Bag 3105, Hamilton

T 07 856 2889 ext. 9340

E dianej@waikato.ac.nz

Free English classes (weekly for six weeks) offered twice a year within the University semesters. All but absolute beginners welcome. Commitment to classes is necessary.

THE UNIVERSITY OF WAIKATO - WAIKATO PATHWAYS COLLEGE

Gate 1, Knighton Rd, LAIN Building Private Bag 3105, Hamilton

T 07 858 5600

E pathwayscollege@waikato.ac.nz

W waikato.ac.nz/pathways

The University of Waikato provides classes for general English, academic English, IELTS preparation, English for the workplace, foundation studies, other bridging courses and learning support for Waikato students.

TRAINME

21 Ruakura Rd, Hamilton 3216 **T** 07 853 0772 or free call 0800 872 466

E info@trainme.org.nz

W trainme.org.nz

TrainMe provides training for permanent residents. We offer courses in mechanical engineering, and agriculture. Our TrainMe EmployMe Zone can help you find a job. TrainMe is a division of ATC New Zealand. Come to the campus and ask about courses or visit the website.



VISION COLLEGE

21 Ruakura Rd, Hamilton 3216 **T** 07 853 0777 or free call 0800 834 834

E hamilton@visioncollege.ac.nz

W visioncollege.ac.nz

Vision College offers courses for permanent residents and international students, including certificates, diplomas and degrees. Areas of study include Website Development, Software Engineering, Business, Early Childhood Education, Music and more. Come to the campus on Ruakura Road, phone us, or visit the website.

WAIKATO INSTITUTE FOR LEADERSHIP AND SPORTS STUDIES

178 Ruakura Rd, TTH Building, Hillcrest, 3216 Private Bag 3105, Hamilton 3240

T 07 839 9908

E wilss@wilss.ac.nz

W wilss.ac.nz

WILSS offers a range of programmes designed to enhance personal development and increase participants' contribution to the community, in the volunteer sector and the workplace.

WAIKATO INSTITUTE OF TECHNOLOGY (WINTEC)

Hamilton City Campus, Tristram Street, Hamilton **T** 0800 2 Wintec (0800 294 6832)

E info@wintec.ac.nz

W wintec.ac.nz

The Wintec Centre for Languages provides English courses at all levels for students for whom English is a second language.

The Wintec Centre for Education and Foundation Pathways offers the Graduate Certificate and Diploma in Teaching English to Speakers of Other Languages (TESOL). Designed for those who would like to work or are already working with people learning English as a second language. Suitable for trained teachers and those with little or no teaching experience.

WAIKATO INSTITUTE OF EDUCATION

Level 1 Tower Building, 48 Ward St, Hamilton 3204, PO Box 773, Hamilton T 07 838 2450 F 07 838 2453

Einfo@wie.ac.nz

W wie.ac.nz

An English language school providing students with top quality ESOL English courses taught by highly qualified and experienced teachers. NZQA accredited and one of the few English language schools to receive Government funding for its English courses. Student loans and allowances as well as Tertiary Education Commission (TEC) prepurchased ESOL tuition funding are available to qualifying students.

English courses available include:

- IELTS Preparation from Foundation to Advanced levels
- General English courses from Beginner to Advanced levels
- · NZCEL (General English)
- NZCEL Level 1 Foundation to Level 4
- IELTS Preparation
- Short courses including MS Office and Business English
- · Practical English for Work programmes
- Intensive one-to-one tuition courses are also available.

Non-ESOL courses include French, Spanish, Japanese and Mandarin courses. We are the only TOEIC (Test of English for International Communication) test centre for the Waikato region as well as the official Cambridge ESOL Examinations Centre for the Waikato and Bay of Plenty regions. We are also an official OET (Occupational English Test) Test Centre.

EMPLOYMENT SERVICES

WORK CONNECT PROGRAMME

Free call 0800 222 733

W careers.govt.nz/workconnect

Work Connect is a free 10-hour programme to help skilled migrants, partners of skilled migrants and international student graduates (Level 7 and above) prepare for the New Zealand job market. Work Connect supports participants with personalised coaching and mentoring to help them find a job that suits their skills, experience and qualifications.

Eligibility criteria apply.

To find out more and apply now visit careers.govt.nz/workconnect or phone 0800 222 733 and ask about Work Connect

MIGRANT EMPLOYMENT SOLUTIONS - HAMILTON MULTICULTURAL SERVICES TRUST

Settlement Centre Waikato 46G Boundary Rd, Claudelands, Hamilton, 3214 PO Box 4340 Hamilton

T 07 853 0481 **M** 027 700 2273

E <u>susanw@hmstrust.org.nz</u>

W hmstrust.org.nz

The key aim of this service is to assist individual migrants to develop skills to find employment thereby improving settlement outcomes. The service supports the development of skills and knowledge to access the labour market where support through existing Work and Income New Zealand services is not available. This project provides a service for migrants who are skilled residents or have a work visa. We now also offer our services to support international students who have studied at Level 7 or above and have a post-study work visa. We also support migrant student graduates.

MIGRANT YOUTH AND TRAINING SERVICES

Settlement Centre Waikato
46G Boundary Rd, Claudelands, Hamilton 3214 **T** 07 210 0091 **M** 021 150 5520
Contact Mohamed Abdi

PATHWAYS TO EMPLOYMENT - NEW ZEALAND RED CROSS

31 Harwood Street, Hamilton Central, Hamilton 3204 **T** 027 839 5975

W redcross.org.nz

The Pathways to Employment programme helps individuals from refugee backgrounds plan their employment and career goals and ultimately find work in their new home of Aotearoa, New Zealand. Gaining employment is a key part in the resettlement process for people from refugee backgrounds. Once in employment, many former refugees feel empowered and able to contribute back into the community they now call home.

WORK AND INCOME (WINZ)

T General enquiries free call 0800 559 009 **W** workandincome.govt.nz

Work and Income (WINZ) provides employment services and financial assistance throughout New Zealand.





PROVIDING SOLUTIONS IN OVER 60 LANGUAGES



ACCURACY



PROFESSIONALISM



CROSS-CULTURAL UNDERSTANDING



CONFIDENTIALITY



IMPARTIALITY

Driver licence translation now available

07 853 0480

info@decypher.co.nz



www.decypher.co.nz

Settlement Centre Waikato 46g Boundary Rd, Hamilton

TRANSLATING AND INTERPRETING SERVICES

These are the official interpreting and translating services used by the New Zealand Police, Waikato District Health Board, Ministry of Business, Innovation and Employment (MBIE), The Courts, private businesses and not-for-profit organisations. There are other interpreting and translating services based in other cities.

DECYPHER (INTERPRETING AND TRANSLATING)

Settlement Centre Waikato, 46G Boundary Rd, Claudelands, Hamilton 3214 PO Box 4340, Hamilton **T** 07 853 0480 **F** 07 838 2195 **M** 24-hour contact 027 479 2419

E info@decvpher.co.nz

W decypher.co.nz

Decypher provides interpreters and translators in more than 50 languages. Interpreters are available face-to-face or over the telephone depending on the client's requirements. Decypher's interpreters are trained to work and provide support in all areas of the community. The service is often free to the non-English speaker. Decypher also provides a translation service converting documents from English to another language, or from the other language to English.

EZISPEAK

Level 16, Dimension Data House 157 Lambton Quay, Wellington 6011 **T** 0800 453 771

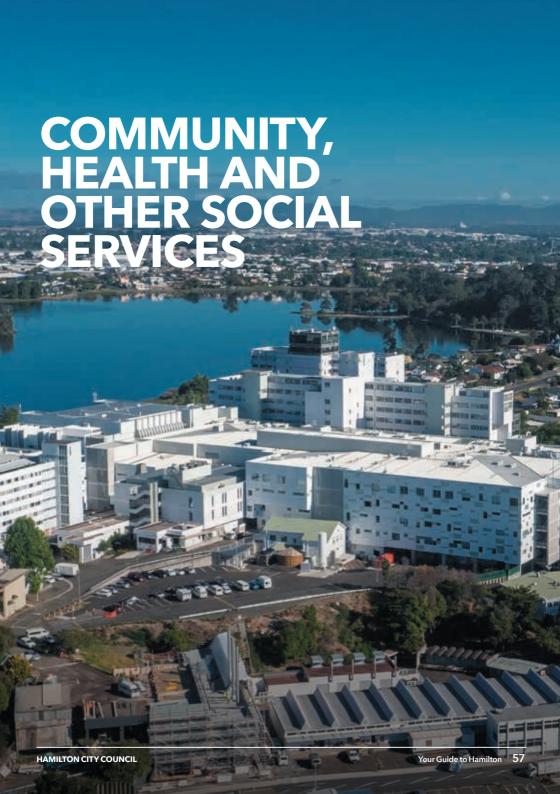
New Zealand's national telephone interpreting and video interpreting service for the public and private sector.

THE TRANSLATION SERVICE - DEPARTMENT OF INTERNAL AFFAIRS

Level 13, Prime Property Tower, 86-90 Lambton Quay, PO Box 805, Wellington Freecall: 0800 872 675 **T** 04 816 4011 **F** 04 470 2921

E translate@dia.govt.nz

W dia.govt.nz



AGE CONCERN HAMILTON

Celebrating Age Centre, 30 Victoria St, Hamilton 3204

T 07 838 2266 F 07 838 2268

E enquiries@ageconcern.gen.nz

W ageconcern.gen.nz

Age Concern serves the needs of older people in Hamilton and across the Waikato through support services, education and training, visiting and shopping service, elder abuse and neglect prevention, fieldwork, health promotion and education seminars. All services are free and confidential.

AOTEAROA LATIN AMERICAN COMMUNITY (ALAC INC)

132 Gordonton rd, Hamilton 3281 **T** 021 195 1389

M 021 194 8267

E <u>buenvivirwaikato1@alacinc.org.nz</u> <u>buenvivirwaikato2@alacinc.org.nz</u>

W alacinc.org.nz

F facebook.com/alacnz

ALACINC is a social services provider that supports migrant and refugees, mainly from Latin America, throughout their settlement process in New Zealand. Its multi-disciplinary staff provides holistic attention to clients' needs through intervention tasks on a case by case basis; and, prevention/education workshops concerning domestic violence, community capacity building, positive parenting skills, labor exploitation, etc.

AGE CONCERN HAMILTON - ELDER ABUSE PREVENTION SERVICE

T 0800 326 6865 (Help Line Anytime)

E enquiries@ageconcern.gen.nz

W ageconcern.gen.nz

ANGLICAN ACTION

Te Ara Hou, 100 Morrinsville Rd, Hamilton 3216 PO Box 13-117, Hillcrest, Hamilton 3251 **T** 07 856 5820 **F** 07 856 9823

E info@anglicanaction.org.nz

W anglicanaction.org.nz

Anglican Action offers: a supported residential facility for women and children, access to food parcels, youth mentoring for young people in the justice system, a range of programmes to support people reintegrating into the community, Centre for Social Justice, conference facilities for hire, and the onsite Ethos Cafe and Catering.

ASTHMA WAIKATO

T 07 8380851 **F** 07 838 0852

E <u>info@asthmawaikato.co.nz</u>

 $\textbf{W}~\underline{asthmawaikato.co.nz}$

W asthmawaikato.org.nz

Asthma Waikato provides education, information and support to people with respiratory conditions. We listen, we educate, we make a difference.

BLIND LOW VISIOIN NZ - HAMILTON REGIONAL OFFICE

15 Liverpool st, Hamilton 3214
PO Box 854, Waikato Mail Centre, Hamilton 3240
W blindlowvision.org.nz

Every day, an average of six New Zealanders turn to Blind Low Vision NZ for support with sight loss. Some are still reeling and are looking for emotional support; many want to find ways to remain self-reliant, to stay in work and get around independently. All want to find ways of doing the things that are important to them. Blind Low Vision NZ is here to provide practical and emotional support, to advocate for inclusive communities and lead the way in vision rehabilitation.

B4 SCHOOL CHECK

711 Victoria St, PO Box 983, Hamilton 3240 **T** 07 858 5977 **M** 027 213 5126

The B4 School Check (B4SC) is available to all four year olds. It is free and is provided at medical centres by the practice nurse. It is designed to pick up any issues that might stop a child from learning when they get to school. If there are any issues, with the parents' consent, the child will then be referred to the appropriate secondary service.

BRAIN INJURY WAIKATO

11 Somerset St, Frankton, Hamilton PO Box 1168 Hamilton **T** 07 839 1191 **F** 07 839 5648

E admin@braininjurywaikato.org.nz **W** braininjurywaikato.org.nz

Brain Injury Waikato empowers people and families affected by brain injury through the provision of advocacy, support and education. We also raise awareness and promote prevention of brain injury in the community. Services are free and we cover the entire Waikato region. Office hours are 9am to 5pm, Monday to Friday.

CATHOLIC FAMILY SUPPORT SERVICES

PO Box 24010, Hamilton **T** 07 856 3760 **M** 027 285 3340

E admin@cfss.org.nz

W cfss.org.nz

Catholic Family Support Services provides the following services to all people regardless of their beliefs.

- Financial Mentoring (formerly called Budgeting).
 This includes the Money Mates peer-led support groups where people learn about gaining control over their financial lives
- Family support services a home-based social work service supporting families struggling with the demands of raising a family
- Supervised contact to ensure a safe environment for children to meet with non-custodial parents.

CCS DISABILITY ACTION

17 Claudelands Rd, Hamilton
PO Box 272, Hamilton 3240
T 07 853 9761 or free call 0800 227 2255
E waikato.admin@ccsdisabilityaction.org.nz
W ccsdisabilityaction.org.nz

CCS's work involves supporting people with disabilities – both children and adults – and their families to develop the skills and confidence to participate in all areas of community life.

CHINESE LIFELINE (TELEPHONE COUNSELLING SERVICE)

T 09 522 2088 or free call 0800 888 880

Chinese Lifeline is New Zealand's national telephone support service for Chinese speakers.

COMMUNITY LAW WAIKATO

2nd Floor, 109 Anglesea St, Hamilton PO Box 1318, Hamilton 3240 **T** 07 839 0770

E admin@clwaikato.org.nz **W** communitylaw.org.nz

Community Law Waikato provides free legal services for those unable to afford a lawyer (financial eligibility criteria apply). Community Law Waikato provides information, advice, representation, advocacy and education. Our Hamilton office hours are Monday to Thursday 9am to 5pm and Fridays 9am to 4pm, with evening clinics Monday to Thursday from 5pm onwards. We cover the entire Waikato region and have outreach clinics in Tokoroa, Putaruru, Raglan, Te Aroha, Huntly, Te Kuiti and Thames.

COMMUNITY WAIKATO

33 Victoria St, Hamilton PO Box 1367, Hamilton **T** 07 838 1583

E info@communitywaikato.org.nz

W communitywaikato.org.nz

Community Waikato provides support and advocacy for community based, not-for-profit organisations who provide social services in the greater Waikato by helping with strategic planning, training, management, financial and governance issues, networking and collaboration.

CREATIVE WAIKATO

11 Garden Place, Hamilton PO Box 9304 Hamilton 3240 Free call 0508 427 892

E hello@creativewaikato.co.nz

W creativewaikato.co.nz

Creative Waikato works for a bold and ambitious creative sector that makes our region stronger. We help artists and groups succeed by providing advice, training and support. We build connections and work collaboratively for stronger and more expansive outcomes. We share the stories of the Waikato region's creativity and expand audiences. We champion the contribution that the arts make to our collective and individual wellbeing.

DEAF AOTEAROA NEW ZEALAND

Level 4, 169 London St. Hamilton PO Box 19330, Hamilton 3244 T 07 856 2064 M 021 540 193 F 07 856 2047 E waikatolo@deaf.org.nz

Video enquiries 07 929 4572

W deaf.org.nz

Deaf Aotearoa NZ provides information and resources for Deaf people in the Waikato region. Please go to deaf.org.nz for information regarding the Deaf Culture and to learn New Zealand Sign Language.

The New Zealand Relay service is also available

for phone assistance.

T 0800 471 3713 Voice 0800 471 5715

W nzrelav.com

DIVERSITY COUNSELLING NEW ZEALAND

Vickery House, 113 Alexandra Street, Hamilton Central 3204 T 021 026 25587

E contact@dcnz.net

W dcnz.net

Diversity Counselling New Zealand provides professional counselling in English and also in other languages. If we cannot provide a counsellor in your own language, we will try and find one who is familiar and sensitive to your cultural background.

EARTHDIVERSE TRUST

PO Box 11048, Hillcrest, Hamilton 3251 T 027 432 7590

E info@earthdiverse.org.nz

W earthdiverse.org.nz

Contact Todd Nachowitz

An Adult and Community Education (ACE) provider and not-for-profit social enterprise offering a wide range of Diversity Education courses. We provide programmes designed to mitigate racism, discrimination and environmental degradation through courses, seminars, activities and events that aspire to strengthen social cohesion in Aotearoa New Zealand society.



COMMUNITY EDUCATION COURSES



Language

Arabic
Chinese
Farsi/Persian
German
Hebrew
Hindi
Japanese
Portuguese
Spanish
Swahili
Tamil

Thai Urdu



Culture

Art & Architecture
Health & Welbeing
History
Human Rights
Philosophy
Religious Diversity
World Cinema
World Literature
Holiday Programmes



Nature

Biodiversity
Birds
Climate Change
Environment
Epidemiology
Evolution
Forest restoration
Wetland restoration
Youth EnviroLeaders

Both in-person classes & distance learning options available via Zoom

earthdiverse.org.nz



SCAN ME

ENRICH+

5 Princes Street, Hamilton 3204 **T** 07 871 6410 / 0800 enrich (367 424)

E info@enrichplus.org.nz

W enrichplus.org.nz

Enrich+ supports individuals with disabilities to have a "life like any other". Our head office is based in Te Awamutu however we offer a range of services in Central Hamilton. We support individuals to find opportunities for part-time work, leisure and living options, plan for the future, build their confidence through one-onone mentoring or in peer groups, gain work experience and/or paid employment, create positive community relationships and get back to work following an injury, through our Work Rehab service.

Enrich+ Spectrum Energy supports individuals on the autism spectrum from 8-years-old upwards, including facilitated groups developing communication, social and life skills and mentoring services. Through education, employment and empowerment, individuals are supported to be a real part of the communities of their choice.

FAMILY WORKS NORTHERN WAIKATO

Te Ara Hou, 100 Morrinsville Rd, Hamilton 3216 PO Box 24094, Hamilton 3253

T 07 858 4413

E <u>admin.waikato@fwn.org.nz</u>

W familyworks.org.nz

Family Works works with children up to the age of 17 and their families/whanau. Our counsellors and social workers in schools are committed to assisting families to make lasting, positive differences in their lives, working from a strength based perspective. We offer a variety of programmes such as WAVE and Restore for women and children who have experienced domestic violence; Incredible Years Parenting Programme, and Strengthening Step families.

FAMILY PLANNING

240 Tristram St, Hamilton 3204 PO Box 550, Hamilton, 3240 **T** 07 839 4061 **F** 07 839 4009

W familyplanning.org.nz

Family Planning Clinic services include:

- contraception for both men and women including long acting reversible contraceptives
- testing and treatment for Sexually Transmissible Infections (STIs)
- · cervical smear testing
- · pregnancy testing and referral
- advice and assistance with menopause and symptoms.

If you are a New Zealand resident under 22, a visit to your nearest Family Planning Clinic is free. For those with a Community Services Card, a visit costs \$5 and for all other New Zealand residents a visit is \$23. There is a consultation cost for Non-New Zealand residents. Family Planning health promoters work with schools, parents, community groups, and with migrant and refugee groups. Family Planning also produces booklets, pamphlets, posters and other resources on a wide range of sexual and reproductive health issues.

FREE FM

214 Collingwood St, Hamilton 3204 PO Box 110, Hamilton 3240 **T** 07 834 2170

E info@freefm.org.nz

W freefm.org.nz

Free FM is part of the Access Radio Network. We make local radio by, for and about our community, in more than 15 different languages. Free FM's broadcasters are all volunteers – people like YOU!

We serve our community in three ways:

- Connect hear what your community has to say, every day. Tune in on 89FM Waikato-wide, or listen online with live streaming and ondemand podcasts on our website
- Celebrate share your stories here, with on-air interviews and our community noticeboard
- Challenge make your voice heard as a volunteer broadcaster and represent your interests, culture, or beliefs. Free FM provides free training and support.

FREE TRUST

T 07 846 7446

E trust@nzcdi.ac.nz

The Free Trust was established to support, promote and implement the Universal Declaration of Human Rights detailed by the United Nations on the 10 December 1948 (and any subsequent updates) through charitable research and educational equity activities. The Trust will support and advise individuals and groups who feel their human rights have been breached. The Free Trust runs events to promote and preserve human rights in New Zealand.

GAMBLING HELPLINE

Free call 0800 654 655 (24 hours)

E info@gamblinghelpline.co.nz

W gamblinghelpline.co.nz

The Gambling Helpline (New Zealand) is a 24-hour free phone service that you can call to receive immediate support, as well as referral and information services for gambling problems.

Language Line telephone interpreting is available. Our services are provided for:

- · people who are or have been gambling
- family and friends concerned about someone else's gambling, and
- the general public, who might be interested in what impact gambling has in New Zealand.

Emailed and faxed messages will be answered within three working days.

We have some other specialist services as follows:

- Maaori Gambling Helpline 0800 654 656
- Vai Lelei Pasifika Gambling Helpline 0800 654 657
- Youth Gambling Helpline 'In Ya Face' 0800 654 659
- Gambling Debt Helpline 0800 654 658
- Text Gambling Helpline anywhere, anytime: TEXT 4 HELP 8006.

TUU OHO MAI SERVICES (FORMERLY HAMILTON ABUSE INTERVENTION PROJECT)

135 London St, PO Box 19 051, Hamilton 3244 **T** 07 834 3148

E admin@tuuohomai.org.nz

HAIP provides a range of educational groups for men and women on the dynamics of domestic violence. We run a specialised programme for Asian women and provide free childcare for all our groups. All women's groups are free to attend.

HAMILTON BUDGETING ADVISORY TRUST

87 Clarence St, Hamilton 3204 PO Box 524, Hamilton **T** 07 838 1339 **F** 07 838 2014

E <u>budgadv1@xtra.co.nz</u>

W budgeting.co.nz

The trust provides free budget advice and support and budgeting education programmes that are designed to meet the needs of your clients. We provide Total Money Management (for clients with an assessed need) where we control a client's finances for a limited time. We also administer Summary Instalment Orders through the Official Assignee and Informal Compromises (Creditor's Pools) both are forms of debt repayment.

HAMILTON CHRISTIAN NIGHTSHELTER - TE WHARE KOROWAI TANGATA O KIRIKIRIROA

474 Anglesea St, Hamilton 3204 PO Box 1276, Hamilton **T** 07 839 3480 **M** 021 243 3640

E nightshelter@xtra.co.nz

This organisation provides emergency care and shelter for men and women in Hamilton.

HAMILTON MULTICULTURAL SERVICES TRUST

Settlement Centre Waikato
46G Boundary Rd, Claudelands, Hamilton 3214
PO Box 4340, Hamilton **T** 07 853 2192 **F** 07 853 0469

E info@hmstrust.org.nz

W hmstrust.org.nz

The HMS Trust provides information on and delivers settlement services. It paves the way for successful settlement of refugees, migrants and newcomers.

INSIGHT ENDOMETRIOSIS

28 Te Aroha St, Hamilton 3216
T 07 8555 123 M 022 5 855 123
E info@insightendometriosis.org.nz
W insightendometriosis.org.nz

Insight Endometriosis provides information and support to Waikato women, teen girls and their families, and raises awareness of endometriosis. Services include education appointments and seminars, evening meetings, daytime coffee groups, website and printed information and monthly newsletters. We work with employers to support staff affected by endometriosis, and with schools to support teenaged girls. We have translated our key information pamphlet into more than 24 languages, which can be downloaded from our website.

IMMUNISATION - PINNACLE (MIDLANDS HEALTH NETWORK)

711 Victoria St, Hamilton 3204 PO Box 983, Hamilton 3240 **T** 07 858 5934 **M** 021 683 977

E helen.ride@pinnacle.health.nz

W pinnacle.co.nz

Adults and children who enter New Zealand as refugees or immigrants will need an assessment of their documented vaccination status and an appropriate catch-up programme planned. Regardless of their immigration and citizenship status, all children younger than 18 years are eligible to receive scheduled vaccines, and providers can claim the immunisation benefit for administering the vaccines.

All children are also eligible for Well Child Tamariki Ora services, regardless of immigration and citizenship status. Children who have been previously immunised in a developing country may have received some vaccinations. However, they are unlikely to have received all the vaccines currently on the New Zealand immunisation schedule. Many countries, including European countries, do not have the hepatitis B vaccine included in their national childhood immunisation schedule. For immigrant children, a catch-up immunisation plan may be needed.

K'AUTE PASIFIKA SERVICES

Health, Social Services and Management Units, Level 1, Citisite House, 960 Victoria St PO Box 285. Hamilton

T 07 834 1482

E info@kautepasifika.co.nz

W kautepasifika.co.nz

This organisation provides health, social services, disability services, education training, information and interpreting services for Pacific communities.

KIRIKIRIROA FAMILY SERVICES TRUST, FAMILY START

79 Norton Road, Hamilton 3204 PO Box 15528, Hamilton **T** 07 848 0008 **F** 07 847 9323

E info@family-start.org.nz

W family-start.org.nz

This is a home-based visiting service that is child centred, family focused and strength based. Our focus is to improve the health, social and educational outcomes for baby. If you are in your second trimester of pregnancy or have a child younger than 12 months you can enter the programme. Participation is voluntary.

LIFE UNLIMITED (HEARING THERAPY SERVICES)

20 Palmerston St, Hamilton 3204 PO Box 146, Hamilton 3240 **T** 07 839 5506 **F** 07 834 9982

E suej@lifeunlimited.net.nz

W lifeunlimited.net.nz

Hearing Therapy Services provides assistance to all people 16 years or older who have a hearing impairment. These services assist them to adjust to an acquired or increased hearing loss, so that they can maintain as much independence as possible. These services:

- are a free service for all New Zealand citizens and permanent residents
- provide support and advice for those managing a hearing loss
- · make onward referrals as required

- · assist with tinnitus management
- provide information to groups, organisations and the public.

LINKPEOPLE LIMITED

Kakariki House, 293 Grey St, Hamilton East PO Box 307, Hamilton 3240 Free call 0800 932 432

E info@linkpeople.co.nz

W linkpeople.co.nz

At LinkPeople, we believe everyone has the potential to live well and the right to a healthy home. We link people to healthy and affordable homes, and the right support services for their health and wellbeing needs. Often our housing and support services are wrapped up together.

If you need a home, we will work with you to find permanent housing as quickly as possible by using the Housing First approach. This means we will help you find a home first and then link you to the wrap-around support you need to live well. We have our own housing that we can support you to live in, or we can help you access properties in the private rental market.

We also help people access other supports they need for their wellbeing. In the Waikato we offer service navigation – a free service linking you and your whaanau to the right health, wellbeing and social services for your needs, such as a general practitioner (GP) or mental health and addictions services. With this support, you might be empowered to live a more independent, well-connected and meaningful life. Or it may mean you can better access secure, safe and affordable housing, be a good tenant and a great neighbour.

METHODIST CITY ACTION

62 London St, Hamilton 3204 PO Box 1388 Hamilton, 3240 **T** 07 839 3917

E info@hmss.org.nz

MCA is a social service/social justice organisation providing a range of services and working collaboratively with other organisations. We work with those on the margins, many who are socially isolated and often ignored or invisible to the general population. We also facilitate programmes that are suitable for those who are differently abled.

We host a range of services including:

- · deaf and hearing-impaired support worker
- · foodbank services
- · Monday community meal
- Brain Gym Plus (for very high needs on the disability spectrum)
- · cookery classes
- · indoor sport team activities
- · arts and craft
- · distribution of community information
- · governance on many trusts.

MIDLANDS SEXUAL ASSAULT SUPPORT SERVICES (MSASS)

33A Clarence St Hamilton **T** 07 839 4433 or 0800 839 3344 (24/7 crisis centre)

Midlands Sexual Assault Support Service provide support, counselling and advice to anyone who experiences sexual harm and their whaanau in Hamilton City, Matamata - Piako areas.

We provide the following:

- A 24/7 Crisis Response Service
- Social Work, Counselling and Advocacy for those affected by sexual harm.
- Education within the community around sexual violence
- Working within schools delivering prevention and consent education to young people and information on what to do if you experience sexual harm

NEW ZEALAND INSTITUTE FOR DIVERSITY AND WELLBEING

T 07 856 9331 **M** 027 681 4703 (Stefan Doll)

E <u>nzdiversity@xtra.co.nz</u>

W diversityinstitute.co.nz

The New Zealand Institute for Diversity and Wellbeing helps individuals or organisations to leverage on benefits from New Zealand's diverse workforce and its multicultural society. It also aims to strengthen our community by creating awareness and understanding on how to develop a culture of inclusiveness through holistic life coaching, coaching for intercultural couples, diversity consulting/workshops for students, the public and organisations.

NEW ZEALAND RED CROSS (WAIKATO SERVICE CENTRE)

31 Harwood Street, Hamilton Central 3204 **T** 07 849 0285 or free call 0800 733 276

E waikato@redcross.org.nz

W redcross.org.nz

The NZ Red Cross aims to mobilise the power of humanity to help the vulnerable in our community. We offer first aid courses, meals on wheels, community programmes such as community transport, free first aid courses in schools, a free drug and alcohol workshop for young people (community programmes), resettlement support for United Nations' quota refugees, employment support for former refugees, a tracing service to reunite families separated through war or natural disaster, and a message service to families who are separated by conflict or war.

We also have eight Red Cross shops in the Waikato where quality, cheap, second-hand clothing and other household items can be purchased. Volunteering opportunities with Red Cross are with meals on wheels, Disaster Welfare Support Team, retails shops and Refugee Services. As a Refugee Support Volunteer, you support a refugee family resettling in Hamilton. Email us if you are interested in ioining Red Cross as a member or volunteer.

OASIS CENTRE FOR PROBLEM GAMBLING

(Salvation Army Addictions and Supportive Accommodation Services) 25 Thackeray St, Hamilton 3204 **T** 07 839 6871 **F** 07 839 6872

E mas@nzf.salvationarmy.org

Director – Aux. Captain Rob Raven

The Oasis Centre provides free treatment for problem gambling and related issues as well as support to family members.

PARENTLINE CHARITABLE TRUST

48 Palmerston St, Hamilton **T** 07 839 4536 **F** 07 839 4515

E parentline@parentline.org.nz

W parentline.org.nz

Parentline's core business is working with children up to 13 years, who have been traumatised by abuse and domestic violence. We provide parenting programmes and offer a counselling service for children who present with challenging behaviours in a cluster of Hamilton primary schools. As a child advocate, Parentline upholds the Paramountcy of the Child principle and has a zero tolerance to abuse and domestic violence against children.

PARENT TO PARENT WAIKATO

99 Greenwood St, Frankton, Hamilton 3204 PO Box 9112, Waikato Mail Centre, Hamilton 3240 **T** 07 848 1362 or free call 0508 236 236

E waikato@parent2parent.org.nz

W parent2parent.org.nz

This organisation provides support for parents, caregivers and whanau of children with disabilities, health impairments or special needs. Provides information and/or matching with a family whose child has the same or similar condition.

WHAANAU AAWHINA PLUNKET

Hamilton Central Clinic, 12 Richmond St, Hamilton 3204 **T** 07 839 3982 or free call 24 hours/7 days a week 0800 933 922

W plunket.org.nz

Plunket provides well-child assessments, supports the health and wellbeing of families/whanau and young children. Operates a low-cost car seat rental service, education courses for parents/ caregivers, playgroups, walking/discovery groups and coffee support groups for parents/caregivers. Clinics held at Richmond Street, Rototuna, St Andrews, South City (Trigg Place Melville), Dinsdale, Grey Street (Hamilton East) and Nawton.

For all clinic bookings 07 839 3982 ext. 1 Car seat rental 07 839 2123 Parenting courses 07 839 3982 ext. 4 PEPE courses 07 859 7715.

PROBLEM GAMBLING FOUNDATION OF NEW ZEALAND

Level 2, 71 London St, Hamilton PO Box 19311, Hamilton

T 07 834 0014 or free call 0800 664 262 Asian Hotline or free call 0800 862 342 **F** 07 834 0053

W pgfnz.org.nz

At the Problem Gambling Foundation of New Zealand (PGF) we are trained to help. Our qualified counsellors provide free, professional and confidential gambling counselling services for both gamblers and others affected by gambling. Asian Family Services provides free and confidential counselling, information and education in Korean, Cantonese, Mandarin, Vietnamese and Thai. A gambling problem (sometimes called a gaming addiction) can significantly impact your life and the lives of those closest to you. For many people, phoning a gambling helpline or seeking help from anyone at all can be a difficult step to take.

PROGRESS TO HEALTH

Free call 0800 77 57 57

Eadmin@progresstohealth.org.nz

W progresstohealth.org.nz

Progress to Health is a community-based organisation. We support people who experience mental illness or who have disabilities. We have a passion for reconnecting individuals to their communities and work to support people to make positive changes in their lives by achieving personal goals. We work with you one-on-one on your goals that will help you move forward in life, and offer workshops on a range of wellbeing related topics. We also offer education and peer support services for individuals and groups.

can meet to connect or for life skills classes such as English, cooking & conversation and sewing classes. We also provide social work in a safe, confidential and culturally responsive way, volunteering opportunities, children's holiday programme and many community events. Ethnic teens can participate in fun and challenging activities in the youth programme.

In the Waikato, Shama provides a friendly and

safe community centre where ethnic women

Nationally, Shama provides support to ethnic people who has experience sexual violence. We also offer a variety of trainings on violence prevention, cultural safety, and cross-cultural parenting.

REFUGEE ORIENTATION CENTRE TRUST

63 Kent St, Frankton Hamilton PO Box 5390, Frankton, Hamilton 3242

T 07 847 6968 **M** 027 352 3944 **E** roc trust@hotmail.com

W roctrust.org.nz

ROC focuses on helping former refugees and their families to reach their goal of settling successfully into their new country. Our goal is to nurture their ambition, draw out their capabilities, and make them assets for New Zealand. We use a range of services including advocacy, programmes for children, youth and adults, plus a range of information workshops designed to overcome obstacles and difficulties and increase their understanding and confidence. Together we can walk on the journey to a positive life in their new country.

SINGLE PARENT SERVICES WAIKATO

2 Dawson St, Hamilton 3216 **T** 07 839 1051 or 0800 457 146

E office@spsw.org.nz

You can access services for people who are managing a family on their own are often juggling a lot of different things.

SHAMA ETHNIC WOMEN'S TRUST

8 Liverpool St, Hamilton Central 3204 PO Box 4218, Hamilton East, Hamilton 3247 **T** 07 843 3810 and 07 843 3811

E info@shama.org.nz **E** shama.org.nz

Shama Ethnic Women's Trust is a vibrant social services agency providing support, advocacy and programmes to empower all ethnic women, their children and their families.

ST. JOHN

63-65 Seddon Rd, Hamilton 3204 Private Bag 3215, Hamilton **T** 07 847 2849 or free call 0800 785 646 **F** 07 847 2850

E enquiriesmid@stjohn.org.nz

W stjohn.org.nz

St. John is a charitable organisation providing a wide range of health and community services. We provide an ambulance service to 85% of New Zealand. Visit our website to purchase first aid kits and supplies, to donate, or to find out about first aid courses, St. John Youth programmes and volunteering for St. John.

TE RUNANGA O KIRIKIRIROA

59 Higgins Rd, Frankton, Hamilton 3214 PO Box 19165, Hamilton **T** 07 846 1042 **F** 07 846 7156

E admin@terunanga.org.nz

W terunanga.org.nz

This organisation's purpose is to improve the holistic wellbeing of Maaori and Pacific peoples living within Hamilton and guides new settlers to the right Maaori contacts for experiences in Maaori culture and language.

THE SALVATION ARMY OASIS AND BRIDGE: WAIKATO

105 Rostrevor St, Hamilton **T** 07 839 6871

E waikatobridge@nzf.salvationarmy.org

The Salvation Army is focused on reducing harm from alcohol and other drugs. The Salvation Army Bridge is a free community service that provides support to individuals and families who are experiencing difficulties with alcohol and other drugs. We provide, counselling and an option of group programmes, so people can have an individual treatment plan which will support their recovery and a path towards wellbeing. Whanau and other supports are welcome and encouraged to be involved in this journey.

This service is for people within the Waikato area who are experiencing difficulties with alcohol and other drugs and who are 18 years or older. Our aim is to work in partnership with people to support positive lifestyle changes that can free them and their whanau to move towards wellbeing.

THE SALVATION ARMY, HAMILTON COMMUNITY MINISTRIES

99 London St, Hamilton 3204 **T** 07 834 7000 **F** 07 843 3865

E info@hcsa.co.nz

W hcsa.co.nz

Facebook.com/HamiltonCitySalvationArmy

The Salvation Army focuses on social work, advocacy, welfare, food bank, budget advice, counselling services, parenting programme, supervised access service for non-custodial parents and provides an Educare Centre for preschool children. A small fee is charged for some services, but this is negotiable depending on need.

THE UNITED NATIONS ASSOCIATION OF NEW ZEALAND (WAIKATO BRANCH)

PO Box 4118, Hamilton **T** 07 859 1144 **M** 027 451 3771 Contact N. Manoharan (Mano)

This organisation is focused on disseminating information and educational materials about the United Nations, conducting Model UN conferences, speech competitions for high school students, stimulating the media to provide coverage of UN programmes, collaborating with other voluntary organisations on projects related to the work of the UN.

TOUGHLOVE PARENT SUPPORT GROUP WAIKATO

T 07 856 5999 or 0800 868 445 **E** waikatopsg@gmail.com

W toughlove.org.nz

Toughlove is a parent support group providing skills for parents troubled by unacceptable adolescent behaviour. No problem too big or too small. Just turn up on the night.

- Hamilton Tuesday evenings 7.30pm to 9.30pm at 53 Wellington Street
- Cambridge Monday 7 to 9pm. Cambridge Community House, 193 Shakespeare St, Leamington

HAMILTON AND RURAL FAMILY HEALTH TEAM

Waiora CBD level 1, 87 Alexandra St, Hamilton

COMMUNITY REGIONAL REFERRAL CENTRE

T 07 834 3370 F 0800 86733

District Nursing and Community Allied Health (social work, physiotherapy, occupational therapy and dietitians) provides services to patients of all ages in their community setting. Referrals to the services are via the GP, hospital or other health service provider. Public Health nurses focus on child health for children up to school-leaving age. They also carry out contact tracing and follow up for the management of communicable diseases.

THE EAR NURSE SERVICE AND VISION HEARING TECHNICIANS

Waikato District Health Board Rural and Community Services 51 Gallagher Drive, Hamilton Private Bag 3200, Hamilton 3206

Vision hearing technicians provide hearing and vision checks for children at designated ages in schools and preschools/early education centres and community clinics (25 Vialou Street, Hamilton). The Ear Nurse Service provides assessment and treatment services for children. These nurses work from an appointment-based clinic in Hamilton at 25 Vialou Street, Hamilton.





8 Liverpool Street, Hamilton Central 3204



PO Box 4218, Hamilton



07 843 3811 or 07 843 3810 info@shama.org.nz



www.shama.org.nz



facebook.com/ShamaEthnicWomensTrust

We Offer:

- Social Services (social work support, counselling, advocacy, referrals)
- Family violence and sexual violence prevention and response programmes
- Life skills classes (English, sewing, cooking & conversation)
- Youth and Children's Programmes
- · Community events and support
- Volunteer opportunities
- Justice of Peace



VICTIM SUPPORT HAMILTON

Hamilton Central Police Station, 12 Bridge St, Private Bag 3078, Hamilton **T** 07 834 9449 **M** 0276 817 718

E glenys.roe@victimsupport.org.nz

W victimsupport.org.nz

Free call 0800 VICTIM (0800 842 846) 24 hours a day, seven days a week.

Victim Support works with victims of crime, crisis and trauma providing crisis intervention, support and information. Service is free and confidential.

VITAE

Level3 169 London St, Hamilton 3204 **T** 07 856 8638 or free call 0508 664 981 **E** enquiry@vitae.co.nz

Vitae (formerly Workplace Support) is a national professional staff and organisational support service providing a range of services to businesses that include on-site support, off-site counselling, critical incident/trauma response, staff training and development programmes, supervision,

facilitation, mediation and support and resourcing

VOLUNTEERING WAIKATO

through job or career changes.

2 London Street, Hamilton Central 3204 PO Box 19111, Hamilton **T** 07 839 3191

E admin@volunteeringwaikato.org.nz **W** volunteeringwaikato.org.nz

Volunteering Waikato recruits and refers volunteers to non-profit organisations, matching the interests and skills of people who wish to volunteer with volunteer jobs in the community. Also provides support, development, resources and networks for volunteers and people who work in the not-for-profit sector.

WAIKATO DISTRICT HEALTH BOARD (WAIKATO DHB)

W waikatodhb.health.nz

WAIKATO HOSPITAL

Pembroke St, Private Bag 3200, Hamilton **T** 07 839 8899 (all departments), 07 839 8666 (patient enquiries)

F 07 839 8799

E info@waikatodhb.health.nz

Visiting hours are 11am to 1.30pm and 4pm to 8pm daily.

MENTAL HEALTH AND ADDICTIONS SERVICE EMERGENCY (CRISIS ONLY) FREE CALL 0800 505 050

- · Community Adult Mental Health 07 834 6902.
- Community Alcohol and Drug (CADS) 07 834 6902
- Infant, Child and Adolescent (ICAMHS) 07 839 7828
- · Perinatal Mental Health 07 858 0924
- Mental Health Services for Older People 65+ (MHSOP) 07 839 8603
- Integrated Recovery Service (IRS) 07 843 0456.

BREAST SCREEN MIDLAND AND CERVICAL SCREENING PROGRAMME

Hockin Building, Waikato Hospital Private Bag 3200 Hamilton **F** 07 858 0982

- Cervical Screening Programme 0800 729 729
- Breast Screening Programme 0800 270 200.

COMMUNITY AND PUBLIC HEALTH

Waikato District Health Board Waiora CBD level 1, 87 Alexandra St Private Bag 3200, Hamilton 3240 M 027 536 1257

E <u>karen.jensen@waikatodhb.health.nz</u> Contact Karen Jensen

This organisation provides a free and voluntary health screening service for Waikato refugee family reunification immigrants and asylum seekers. Screening includes a full health screen by general practitioner (GP), dental check and urgent dental treatment, professional interpreters, blood tests, hospital chest x-ray, urine and faeces tests, urgent health treatment and referrals to

specialists or other services. Free screening is available to asylum seekers who have applied for refugee status in the past six months and refugee family reunification immigrants who have arrived in New Zealand in the past six months.

COMMUNITY ORAL HEALTH SERVICE

T 07 859 9160 or free call 0800 TALKTEETH (0800 825 583)

The Community Oral Health Service provides free dental care for enrolled children up to 17 years of age.

SEXUAL HEALTH SERVICE

3 Ohaupo Rd, Hamilton 3206 **T** 07 839 8732 **F** 07 839 8892

- Free screening and treatment of sexually transmitted diseases (STIs)
- · Telephone information and advice
- · Specialist sexual health check-ups
- Testing and management of HIV/AIDS
- Free condoms
- Advice on sexual health and related issues
- · Friendly and non-judgmental staff
- · Self referrals welcome.

WAIKATO ETHNIC FAMILY SERVICES TRUST (WEFST)

Level 2D, Caro St Community Building, Caro St, Hamilton PO Box 19-139. Hamilton 3244

T 07 839 4688 **M** 027 714 4411

E <u>info@wefst.org.nz</u> **W** wefst.org.nz

This Trust works with families to ensure the safety and well-being of ethnic children and their family members. Our aim is strengthening families through individualised, culturally responsive, flexible approaches. We offer prevention and intervention services in collaboration with local communities, non-Government organisations (NGOs), and Government agencies.

Our programmes and services include:

- · Advocacy and support for children and families
- · Budgeting services
- · Multilingual parenting programmes
- Education programmes: ethnic pregnancy, ethnic children wellbeing
- · Art programmes; painting and sewing for women
- · Youth music programme
- · Driver license training
- · Interpreting access for Farsi and Dari
- Justices of the Peace services.

WAIKATO FAMILY CENTRE

4 Radnor St, Hamilton 3204 PO Box 4214, Hamilton **T** 07 834 2036 **F** 07 834 2105

E wfct@xtra.co.nz

W waikatofamilycentre.co.nz

The Waikato Family Centre gives advice to help families experiencing difficulties with their babies in the first 12 months of their child's life.

WAIKATO MULTICULTURAL COUNCIL INC.

PO Box 551, Hamilton **T** 027 248 3040

E waikatomulticultural@gmail.com

Waikato Multicultural Council Inc. provides advocacy and works with local and central Government agencies to ensure that migrant and refugee communities integrate and settle effectively in New Zealand. It promotes harmony between different cultural groups.

WAIKATO REFUGEE FORUM (WRF)

46G Boundary Rd, Claudelands Park PO Box 12681, Chartwell, Hamilton 3248 **T** 07 8550156 **F** 07 855 0158

E w.refugeeforum@xtra.co.nz

The Waikato Refugee Forum supports refugee groups in the region. WRF looks at the wellbeing of the refugee communities by providing networking opportunities and facilitating and advocating for the needs of its member groups which are presented at the regional and national forums.

MEDICAL SERVICES

MINISTRY OF HEALTH - HEALTHLINE

Free call 0800 611 116

W healthline.co.nz

Healthline is a free telephone health information service for all the family. The service is staffed by registered nurses who will assess your health needs and give information and advice to help you decide on the best level of care. Interpreter services are available if required. Healthline uses Language Line Monday to Friday, 9am to 6pm.

WAIKATO HOSPITAL - 24-HOUR EMERGENCY ACCIDENT AND MEDICAL SERVICES

Pembroke St, Private Bag 3200, Hamilton **T** 07 839 8899 (all departments), 07 839 8666 (patient enquiries)

F 07 839 8799

Waikato Hospital visiting hours are between 11am to 1.30pm and 4pm to 8pm daily.

AMBULANCE SERVICES - ST. JOHN

In an emergency dial 111 and ask for 'Ambulance'. Non-urgent ambulance service – free call **T** 0800 426 285

W stjohn.org.nz

ANGLESEA ACCIDENT AND URGENT MEDICAL CLINIC

Cnr Anglesea and Thackeray Sts, Hamilton **T** 07 858 0800 or 0800 175175

Open seven days, 24 hours for urgent medical and injury care.

HAMILTON MEDICAL CENTRE (CLINIC AND URGENT CARE)

750 Victoria St., Hamilton **T** 07 834 0333

Open 7 days 8am to 8pm

RADIUS MEDICAL, ROTOTUNA ACCIDENT AND MEDICAL

Centre Rototuna Shopping Centre Cnr Horsham Downs and Thomas Rds, Hamilton **T** 07 852 5377

Open seven days, 8am to 8pm.

PINNACLE - MIDLANDS HEALTH NETWORK

711 Victoria St, PO Box 983, Hamilton, 3240 **T** 07 839 2888 **M** 021 683 977

W pinnacle.co.nz

The Pinnacle Practice Network offers access to over 80 quality general practices through the midland region.

HAMILTON MEDICAL CLINICS/CENTRES

Avalon Medical Centre, 6 Avalon Drive, Nawton	07 846 0082
Beerescourt Medical Practice , Corner Vercoe and Cunningham Rds	07 849 7200
Chartwell Health Centre , 13 Chartwell Professional Suites, 9 Lynden Court	07 855 4321
Clarence Medical Centre, 129 Pembroke St	07 838 3145
Dinsdale Medical Centre, 21 Whatawhata Rd	07 847 8425
Enderley Medical Clinic, 66 Tennyson Rd	07 853 3370
Fairfield Medical Centre, 1021 Heaphy Terrace	07 855 2079
Flagstaff Medical Centre, 2 Endeavour Ave	07 854 0189
Glenview Medical Centre, Corner Urlich Ave and Ohaupo Rd	07 843 4429
Hamilton Lake Clinic, 31 Pembroke St Hamilton Lake	07 839 0092
Hamilton Lake Clinic Grey Street Clinic, 16 Beale St, Hamilton East	07 839 1232
Health Medical Clinic, 87 Clarence St, Hamilton Lake	07 974 9098
Hillcrest Medical Centre, Corner Cambridge Rd and Masters Ave	07 856 5087
Hukanui Health Centre, 41 Hukanui Rd, Chartwell	07 855 6199
Little London Medical Clinic, 6 Little London Lane	07 839 5004
Masters Avenue Medical Clinic, 54 Masters Ave	07 856 7801
Miro O Te Ora Te Kohao Health, 951 Wairere Drive	0800 4835 6426
Northcare Grandview Road Medical Centre, 107 Grandview Rd	07 847 2168 / 0800 487 694
Northcare Pukete Road Medical Centre, 10B Pukete Rd	07 850 9900 / 0800 487 694
Northcare Thomas Road Medical Centre, 107 Thomas Rd	07 853 6130 / 0800 487 694
Rata Heath Five Cross Roads Medical Centre, 234 Peachgrove Rd	07 855 7824
Redicare Family Practice and Injury Centre , Cnr Rostrevor and Tristram Sts	07 838 0300
River Road Family Practice, 554 River Rd	07 853 5099
Rototuna Family Health Centre, 240 Thomas Rd, Rototuna North	07 853 6586
South City Health, 91 Kahikatea Drive	07 838 2323
Student Health Service - University of Waikato , 92 Knighton Rd, Hillcrest	07 838 4037
Temple View Medical Clinic, 35 Cowley Drive, Temple View	07 847 1220
Te Rengarenga Medical Centre, Unit 3, 41 Whatawhata Rd, Dinsdale	07 847 2383
Te Whare Kokonga - Melville Satelite Clinic, 58 Bader St, Melville	07 843 8811
The Family Clinic Te Whare Hauora Whanau , 39 Vercoe Rd, Beerescourt	07 849 2767
Tui Davies Corner, 31 Hukanui Road, Hamilton	07 855 5370
Tui Medical Central, 960 Victoria St	07 849 2767
Tui Medical Parkwood, 6 Gordonton Rd, Chartwell	07 903 0055
Tui Medical Rototuna, Corner Horsham Downs and Thomas Rds	07 852 5377
Tui Medical Te Rapa, 26 Bryant Rd, Te Rapa	07 849 4181
Victoria Clinic Ltd, 750 Victoria St	07 855 0333
Westend Health Centre, 38 Tuhikaramea Rd	07 847 4500
Wintec Health Centre, Gate 3, Wintec campus, Tristram St	07 834 8869



SCHOOLS IN HAMILTON

WAIKATO KINDERGARTEN ASSOCIATION

291 Grey St, PO Box 4311, Hamilton East, Hamilton **T** 07 856 4649

E wka@kindergarten.org.nz

W kindergarten.org.nz

Our 29 kindergartens and seven childcare centres and home-based education services provide high-quality education using trained teachers. We focus on education and preparation for primary school. We offer sessional, school day or full day attendance. Waikato Kindergarten Association offers the '20 free hours' scheme for three-to-five year olds. Children start at about three months old in education and care centres and three years old in our kindergartens. Contact us for information, visit our website or please pop in and visit the kindergartens and centres near you.

PRIMARY AND INTERMEDIATE SCHOOLS

Aberdeen Primary School, Aberdeen Drive	07 847 7312
Bankwood Primary School, Bankwood Rd	07 855 7763
Berkley Normal Middle School, Berkley Ave	078566537
Crawshaw Primary School, Crawshaw Drive	07 849 1565
Deanwell Primary School, Deanwell Ave	07 843 7069
Endeavour Primary School, Endeavour Ave (NEW)	07 855 5257
Fairfield Intermediate School, 261 Clarkin Rd	07 855 9718
Fairfield Primary School, Clarkin Rd	078556284
Forest Lake Primary School, Storey Ave	078492256
Frankton School, Massey St	07 847 6726
Glenview Primary School, Bruce Ave	078435598
Gordonton School, Woodlands Rd, RD1, Gordonton	078243602
Hamilton Christian School, 4 North City Rd, 3281	078540010
Hamilton East School, Dawson St	078393377
Hamilton Junior High School, 90 Heath St	07 849 2819
Hamilton North School, Warwick Ave	078493029
Hamilton West School, Fow St	07 839 4911
Hillcrest Normal School, 218 Cambridge Rd	07 856 6122
Hukanui Primary School, Pickering Crescent	078556037
Insoll Avenue School, 95 Insoll Ave	078555067
Knighton Normal School, Knighton Rd	078565399
Maeroa Intermediate School, 57 Churchill Ave	07 847 5014
Marian Catholic School, Beale St	07 856 7515
Melville Intermediate School, 29 Mount View Rd	078489008
Melville Primary School, 101 Ohaupo Rd	078435369
Nawton Primary School, 58 Livingstone Ave	07 847 7420
Patricia Avenue School, Patricia Ave	078569350
Peachgrove Intermediate School, Peachgrove Rd	07 855 7596
Puketaha School, Puketaha Rd, RD1, Puketaha	07 824 3870
Pukete School, Pukete Rd	078494352

SCHOOLS IN HAMILTON

Rhode Street School, Rhode St	07 847 7245
Rototuna Primary School, Strathmore Drive	07 853 2470
Seventh Day Adventist School, Annebrook Rd, RD3, Hamilton	07 856 4417
Silverdale Normal School, 62 Silverdale Rd	07 856 7604
Southcity Christian School, Collins Rd	078433258
Southwell School, 200 Peachgrove Rd	078552089
St. Columba's Catholic Primary School, 50 Rifle Range Rd	07 847 9322
St Joseph's Catholic School , 88 Clarkin Road	07 855 54534
St Peter Chanel Catholic School, 5 Vardon Street	07 849 3734
St. Pius X School, 57 Pine Ave	078436554
Te Rapa Primary School , 61 Ashurst Ave	07 849 2232
Te Totara Primary School , 13 Whistler Close, Rototuna, 3210	078530039
Vardon Primary School, 36 Cunningham Rd	07 849 2451
Waikato Waldorf School, 85 Barrington Drive	07 855 8710
Whitiora School, 38 Willoughby St	078395579
Woodstock Primary School, Fairfield Rd	078556686

SECONDARY

Fairfield College, Bankwood Rd	078535660
Hamilton Boys' High School, Peachgrove Rd	078530440
Hamilton Christian School, 4 North City Rd, RD1	07 854 0010
Hamilton Girls' High School, Ward St	07 839 1304
Hamilton's Fraser High School, 72 Ellicott Rd	078479044
Hillcrest High School, Masters Ave	078570297
Melville High School, 6 Collins Rd	07 843 4529
Nga Taiatea Wharekura, 134 Rotokauri Road	078506358
Rototuna Junior and Senior High School, Kimbrae Drive	07 854 0541
Sacred Heart Girls College, Clyde St	07 856 7874
St. John's College , 85 Hillcrest Rd	078567091
St. Paul's Collegiate School, 77 Hukanui Rd	07 957 8899
Tai Wananga, Ruakura AgResearch Centre East Street	078530035
Te Kopuku High , 70 Foreman Road	07 282 0137
Waikato Diocesan School for Girls, 660 River Rd	078552038





ACCIDENT COMPENSATION CORPORATION (ACC)

500 Victoria St, Hamilton
Private Bag 3017, Hamilton 3240 **T** Free call 0800 101 996 **F** 07 957 6101

W acc.co.nz

ACC provides comprehensive, no-fault personal injury cover for all New Zealand residents and visitors to New Zealand. This means you can apply for our help, no matter how you got injured, or whose fault it was. Our help can include a wide range of services – from payment towards treatment, to help around the home while you get better, and assistance with your income if you can't work because of your injury.

CHARITIES SERVICES

12138 Thorndon, Welliington Central T 0508 242 748

T 0508 242 748 (Language Line is available)

E info@charities.govt.nz

W charities.govt.nz

The Charities Commission is an autonomous Crown Entity established to register and monitor charitable organisations in New Zealand and to provide them with support and advice on good governance and management.

DEPARTMENT OF INTERNAL AFFAIRS (DIA)

W dia.govt.nz

BIRTHS, DEATHS, MARRIAGES AND NAME CHANGES

Level 3, 109 Featherston St PO Box 10-526, Wellington 6143 **T** Free call 0800 225 252 (New Zealand only) or 04 463 9362

E bdm.nz@dia.govt.nz

CITIZENSHIP (NEW ZEALAND) APPLICATIONS AND ENQUIRIES

Level 3, 109 Featherston St PO Box 10-680, Wellington 6143 **T** Free call 0800 225 151 (New Zealand only)

T Free call 0800 225 151 (New Zealand only 0064 4 462 0651 (outside New Zealand)

E citizenship@dia.govt.nz

COMMUNITY OPERATIONS BRANCH

2nd Floor, 410 Victoria St PO Box 19230, Hamilton 3244 **T** 07 839 9960 or free call 0800 824 824 **F** 07 839 9955

E grantsonline@dia.govt.nz

W communitymatters.govt.nz

The Community Operations Branch works toward the Government and departmental goal of building 'strong sustainable communities, hapu and iwi'. Our services contribute to the building of strong communities in the broadest sense: connecting central Government, local government and communities, hapu, iwi – to identify, plan for and realise their futures. The department also contributes to community development by administering the Lottery Grant Funding and the Community Grants Scheme Funding as well as providing information and advisory services to communities.

PASSPORT (NEW ZEALAND) APPLICATIONS AND ENQUIRIES NEW ZEALAND

Passport Office Level 3, 109 Featherston St PO Box 1568, Wellington 6140 **T** Free call 0800 225 050 (New Zealand only) 0064 4 462 0650 (outside New Zealand)

E passports@dia.govt.nz **W** passports.govt.nz

MINISTRY FOR ETHNIC COMMUNITIES

Level 2, 410 Victoria St, Hamilton PO Box 19230, Hamilton 3204 **T** 07 839 9961 **F** 07 839 9955

E info@ethniccommnities.govt.nz

The Ministry for Ethnic Communities is the government's chief advisor on ethnic communities, ethnic diversity and the inclusion of ethnic communities in wider society.

Ethnic communities make a huge contribution to our economic and social fabric. Actearoa New Zealand's ethnic communities make up 20 per cent of our population, almost a million people and growing. We are an increasingly diverse

nation and this diversity is a source of strength. During the establishment of the ministry, the Minister for Diversity, Inclusion and Ethnic Communities and members of our team engaged with ethnic communities. We heard about their ambitions and the things they would like the ministry to prioritise:

- Promoting the value of diversity and improving the inclusion of ethnic communities in wider society.
- provided equitably and in ways that are accessible for ethnic communities. Improving economic outcomes for ethnic communities, including addressing barriers to employment.
- Connecting and empowering ethnic community groups.

We work with communities, other government agencies and a range of organisations to help increase social cohesion and ensure Aotearoa New Zealand is a place where everyone feels welcome, valued and empowered to be themselves. We also provide services and support directly to ethnic communities.

We are the newest ministry in government and we like to think the most diverse and inclusive. Understanding ethnic communities and how government works is critical to the success of the ministry. Our team is made up of staff who hail from and identify with Africa, Asia, Continental Europe, Latin America and the Middle East. We have migrants, refugees and New Zealand-born. We have people who have worked in communities and those who have worked across government.

DISPUTES TRIBUNAL (MINISTRY OF JUSTICE)

Corner Bridge and Anglesea Sts, Hamilton DX mail, GX10076, Hamilton **T** 07 957 7700 **F** 07 957 7800

W justice.govt.nz/tribunals

The Disputes Tribunal can deal with many disputes which concern an amount up to \$15,000 or less (or \$20,000 if both parties agree).

ELECTORAL COMMISSION- **ENROLMENT SERVICES**

534 Anglesea St, Hamilton Private Bag 999016, Waikato Mail Centre, Hamilton 3240 **T** 0800 367 656

W Facebook.com/VoteNZ

You are qualified to enrol to vote if you are 18 years or older, you are a New Zealand citizen or permanent resident and you have lived in New Zealand for one year or more.

KAAINGA ORA - HOMES AND COMMUNITIES

Local contact is by appointment only. **T** Free call 0800 801 601 (Language Line available) **F** 0800 201 202

W kaingaora.govt.nz

This Crown agent offers housing services for people in need by providing high quality, subsidised rental homes to people in the greatest need and for the duration of their need.

HUMAN RIGHTS COMMISSION (HRC)

Level 3, 21 Queen St, PO Box 6751, Auckland 1141 **T** 09 309 0874 or free call 0800 496 877

M 021 0236 4253 **F** 09 377 3593

E infoline@hrc.co.nz

W hrc.co.nz

HRC advocates and promotes respect for, and an understanding and appreciation of, human rights in New Zealand. HRC also resolves disputes relating to unlawful discrimination. One of the primary functions of the Human Rights Commission is to encourage harmonious relationships between individuals and among the diverse groups in New Zealand.

INLAND REVENUE DEPARTMENT (IRD)

Ground Floor, 1 Bryce St, Hamilton **T** Free call 0800 227 774 (income tax and general enquiries)

Wird.govt.nz

IRD provides information and services on taxrelated matters

MINISTRY OF BUSINESS, INNOVATION AND EMPLOYMENT (MBIE)

Level 2, Bayleys Building, 678 Victoria St, Hamilton (regional office)

T Free call 0508 266 726

W business.govt.nz/companies

MBIE is the office responsible for the administration of corporate body registers, including the Companies Register and deals with the initial requirements of establishing a new company and to register an incorporated society or charitable trust.

EMPLOYMENT NEW ZEALAND

Level 3, 430 Victoria St, Hamilton 3204 PO Box 19 217, Hamilton 3244 **T** 07 957 6407 Employment Services or free call 0800 209 020

W employment.govt.nz

This organisation provides employment relations and health and safety services in the workplace.

IMMIGRATION NEW ZEALAND (INZ)

Level 5, Westpac House, 430 Victoria St Private Bag 3013, Hamilton **T** Free call 0508 558 855

W immigration.govt.nz

Immigration NZ handles all immigration enquiries and services to facilitate processing of visas to New Zealand.

MBIE - CONSUMER PROTECTION

Level 7, 33 Bowen St, Wellington PO Box 1473, Wellington 6140 **T** 04 474 2750 **F** 04 473 9400

Ecpinfo@mbie.govt.nz

W consumerprotection.govt.nz

If you have a consumer problem, you can contact Citizens Advice Bureau for advice and assistance or free call 0800 367 222 or drop by to the Citizens Advice Bureau near you.

MINISTRY OF EDUCATION (MOE) HAMILTON REGIONAL OFFICE

19 Home Straight, Te Rapa, Hamilton 3200 PO Box 774, Hamilton 3240 **T** 07 850 8880 DX Number 6x10047

E enquiries.hamilton@education.govt.nz **W** education.govt.nz

The Ministry of Education advises Government on education matters and implements Government policies and its vision that all New Zealanders will be able to participate successfully in quality education no matter what their circumstances.

MINISTRY FOR PACIFIC PEOPLES

Level 2, ASB Building, 101-103 The Terrace PO Box 833, Wellington 6140 **T** 04 473 4493 **F** 04 473 4301

E <u>contact@mpia.govt.nz</u>

W mpia.govt.nz

The Ministry for Pacific Peoples advises Government on policies relating to the welfare of Pacific Island people and consults Pacific Island communities on issues that affect them in New Zealand.

MINISTRY OF SOCIAL DEVELOPMENT (MSD)

W msd.govt.nz

MINISTRY FOR CHILDREN - ORANGA TAMARIKI

218 Anglesea St, Hamilton 3204 **T** 0508 326 459

The Ministry for Children is dedicated to supporting any child in New Zealand whose wellbeing is at significant risk of harm now, or in the future. We also work with young people who may have offended, or are likely to offend. Our belief is that in the right environment, with the right people surrounding and nurturing them, any child can, and should. flourish.

STUDYLINK

T Free call 0800 889 900 **F** 0800 883 388 **W** studylink.govt.nz

StudyLink provides people with the information they need to make informed decisions about student finances and other study-related issues, and provides financial support to students including student allowances, scholarships, student loans, and extra help with costs.

WORK AND INCOME (WINZ)

T Free call 0800 559 009 (general enquiry) **W** workandincome.govt.nz

Work and Income provides financial assistance and employment services throughout New Zealand. They offer a single point of contact for New Zealanders needing job search support, financial assistance and in work support. To receive an unemployment benefit, a person must be registered with Work and Income. Call the free multilingual lines and speak to someone in your language.

These free 0800 lines are available between 8:30am and 5pm Monday to Friday:

- · Arabic 0800 668 008
- · Cantonese 0800 664 004
- Farsi 0800 996 006
- Hindi 0800 993 003
- Mandarin 0800 661 001
- Maaori 0800 662 002
- Punjabi 0800 995 005
- Samoan 0800 663 003
- Somali 0800 997 007
- Tongan 0800 669 009
- Vietnamese 0800 665 005.

NEW ZEALAND POLICE (EMERGENCY CALL: 111)

Central Police Station, 12 Anzac Parade, Hamilton **T** 07 858 6200 Sr Constable Pere Paea, Ethnic and Pacific Liaison Officer

W police.govt.nz

MBIE - TENANCY SERVICES - HAMILTON OFFICE

Level 3 Westpac House 430 Victoria Street, Hamilton **T** Free call 0800 TENANCY

Tenancy Services offers useful advice and information for landlords and tenants who rent their homes. We also provide dispute resolution services. We can give you information and advice about your rights and obligations, and then you can decide on the next step to take. We receive and hold bonds until the end of a tenancy, when either the landlord or tenant can apply for a refund.

MEMBERS OF PARLIAMENT – HAMILTON



Dr Gaurav Sharma

Member of Parliament for Hamilton West

gaurav.sharma@parliament.govt.nz (07) 837 3829

43 Pembroke St. Hamilton Lake www.gmsharma.info

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- /gmsharmanz
- 🕑 @gmsharmanz







Labour



Haere Mai Welcome to Hamilton!

David Bennett

List MP based in Hamilton Fast

510 Grey Street, Hamilton East 3216

□ davidbennettmp@parliament.govt.nz

davidbennett.national.org.nz

9 07 834 3407





NOTES

NOTES

Settlement Centre Waikato Serves

Paving the way for successful settlement



Community Connector



Affordable Energy



Information & Referrals



English
Language
Support



Transport Education



Employment Support



Form Filling



Venue Hire



Immigration & Legal Advice Community Law Walkato



Housing
NZ
Clinic
(Friday
mornings)



NZ Police Advice (Monday mornings) •



Interpreting & Translation



Justice of the Peace



Computer & Printing Access













07 853 2192



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FURTHER INFORMATION

Community and Social Development Hamilton City Council Garden Place, Private Bag 3010, Hamilton

- f /HamiltonCityCouncil
- @CouncilHamilton
- © 07 838 6699

hamilton.govt.nz