

	Alterations to calendar schedules are approved	
1.5 Ensure reporting occurs	Reports are coherent and easy to follow (on templates where provided)	Regular audits confirm
	Reports accurately reflect faculty activity	
	Reports are received on a regular basis when scheduled	
	All persons in reporting schedule receive reports	
1.6 Maintain Moderation system	All new assessments are prepared (documented for moderation)	Regular audits confirm
	All pre-assessment moderation material is placed in the appropriate folder	
	All pre-assessment material is received by moderator according to schedule developed and agreed to and in calendar	
	All files for pre-assessment moderation are placed in appropriate folder	
	All alterations to assessment material (determined by moderator and placed in report) occur	
	All pre-moderated assessments are placed into final versions of course packs at least two weeks prior to course start date	
	Post-assessment moderation material is collected (3 samples per assessment per annum)	
	Post-assessment material is received by faculty designated moderator	
	Moderator's report is received	

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	Moderator's report is actioned (i.e. assessments are modified to reflect moderator's report)	
	Any appeals, challenges, etc. are documented and process is carried through	
1.6 Maintain communication between students, tutors, other stakeholders and Heads of Faculty	Ensure communication systems are in place	Feedback and audit information confirms
	Ensure all communication is efficient	
	Ensure all communication is effective	
	Ensure tutors are appraised of the importance of following assessment procedures and follow up any tutors who are not compliant	
	Ensure student enquiries are responded to in a timely manner	
	Ensure documentation and records related to student enquiries are maintained	
	Ensure liaison with student administration regarding student enquiries and welfare occurs on a regular basis and when required	
	Ensure advisory groups are representative of stakeholders	
	Ensure advisory groups meet on a regular basis as scheduled	
	Schedule appointments for HoF	
	Induct new tutors (academic issues)	
Take and maintain meeting minutes (as required)		
1.6 Maintain Course	Ensure course material is up-to-date and filed in a	Staff and student

material and resources	coherent and accessible manner (both hard and soft copies)	feedback confirms Audit confirms
	Ensure faculty resources are stored securely and there is a coherent system for logging out and return of resources by tutors	
	Ensure resource ordering occurs in a timely manner	
2. Development of Programmes		
2.1 Assist HoF in development of programmes	Input into curriculum development	Audits and reports reflect this
	Develop curriculum (where required)	
	Develop course material as required	
	Develop assessments as required	
	Programmes (or sections of programmes) are developed according to Massage Faculty Strategy	
	Applications for approval are submitted to NZQA in a timely manner	
3. Assist Faculty Marketing		
3.1 Maintain marketing calendar for faculty	Marketing calendar reproduces calendar from marketing department	Reports reflect this Enrolments reflect this
	HoF is appraised of all events on marketing calendar	
3.2 Coordinate marketing events	Marketing events run efficiently and effectively	
3.3 Participate in marketing events	Attend and be an integral part of marketing events as required	
3.4 Plans are developed	Marketing plan reflects nature of programme and	

and implemented for marketing new programmes	marketing strategy (obtained from marketing department)	
	Plans are implemented according to strategy	
3.5 Organise faculty areas for Open days	Organise student participation	
	Organise resources	
	Organise room layout	

Reporting to: Head of Faculty for Naturopathy, Faculty Administrator

Responsible for: Job description.

Collaboration with: Student Administrator (Massage), Clinic manager, Student Support.

Note: In the case of working with matters arising from or due to peer students in her year, Tracy will pass these matters onto her Head of faculty.

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Budget

Staff Salary Rates

The following is an extract from the Association of University Staff Website. We have no figures from Private Training Establishments, as they are confidential to each institute.

In our inquiries we have found that salary rates (as is the situation with workloads) vary between public and private institutions. The College has considered the overall situation with attracting and retaining suitably qualified staff, and pitched our salary rates at a level that falls within the College's budgetary constraints but can meet the expectation of staff with the appropriate qualifications and experience.

Extract from Association of University Staff Website (1)

Academic Salaries							
	Auckland	Waikato	Massey	Victoria	Canterbury	Lincoln	Otago
Lecturer	76,562	72,974	75,545	74,172	76,803	71,500	77,674
	74,482	70,780	73,501	72,070	74,029	69,510	74,844
	72,404	68,578	71,455	69,970	71,379	67,550	72,750
	70,327	66,376	69,412	67,868	68,731	65,570	70,663
	68,246	64,173	67,369	65,770	65,956	63,570	68,574
	66,170	61,971	65,326	63,667	63,056	61,580	66,488
	64,091	59,769	63,282	61,568		59,600	64,400
			61,238				
Senior Tutor	76,562	76,399	69,415	71,206	72,768	73,490	No Figures available
	74,482	64,879	67,369	69,244	70,118	/	
	72,404		65,326	67,284	67,470	63,930	
	70,327		63,282	65,325	63,435	(Bar) 62,610	
	68,246		61,238		60,786	/	
	66,170		59,193		58,139	54,920	
Tutor	64,091	58,400	59,880	63,365	55,616	53,640	
		51,333	57,056	61,405	52,211	52,320	
			54,426	59,445	49,688	51,000	
			51,701	57,485	47,039	/	
			49,660	55,526		41,910	
			47,615	53,568		40,530	
		45,572	51,608		39,200		

							37,880	
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There is little information available regarding Research fellows. This comes from the University of Waikato

University of Waikato Other Academic Staff (1)	
Effective 1 October 2007 to 30 June 2008	
Range 5 Senior Research Officer	76,400 - 86,823

Victoria University (2)

The salary for the Fellowship will be within the Research Fellow/Senior Research Fellow's scale (currently NZ\$61,568 - NZ\$89,574 per annum) depending upon the qualifications and experience of the applicant. An allowance for travel and research may be negotiated. Where the Fellow is travelling from overseas, some recognition may be given to the cost of travel.

Otago University

In 2007 the salary for a Post-Doctoral Research Fellow was \$62,199(3)

These examples highlight the fact that the salary range we are offering for the Senior Research Fellow position is well within the ranges being offered in New Zealand, by public institutions. (Private Institution salary ranges tend to be less than public.)

1. NA. New Zealand Academic Salary Scales.: The Association of University Staff of New Zealand; 2008 [updated 2008; cited 22nd July 2008]; Available from: <http://www.aus.ac.nz/Industrial/academicsalaries08.asp>.
2. NA. Information about the John David Stout Fellowship in New Zealand Studies. Victoria University of Wellington; 2008 [updated 2008; cited 11th September 2008]; Available from: <http://www.victoria.ac.nz/stout-centre/about/jdstoutinfo.aspx>.
3. NA. Postdoctoral Fellow Salary (Academic Staff). Dunedin: Otago University; 2007 [updated 2007; cited 11th September 2008]; Available from: <https://docushare.otago.ac.nz/docushare/dsweb/Get/Document-10893/>.



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College of Natural Therapies

Staff Budget – Naturopathy Faculty 2009 -2012

Academic Staff

Position	Fulltime/Part Time	Annual Salary		Extra Expenditure Required by degree delivery 2009
		2009	2012	
Head of Faculty Naturopathy/Herbal Medicine	FT	70,000.00	80,000.00	70,000
Head of Faculty Naturopathy/Nutrition	FT	65,000.00	75,000.00	
Senior Tutor Naturopathy/ Herbal Medicine	FT	60,000.00	70,000.00	65,000
Clinical Supervisor	PT	19,800.00	25,000.00	
Clinical Assistant	PT	12,500.00	15,000.00	12,500
Tutor Herbal Medicine	PT	6,000.00	8,000.00	
Tutor Nutrition/Herbal Medicine	PT	6,000.00	8,000.00	
Tutor b Nutrition	PT	8,000.00	8,000.00	
Part Time tutors	PT	6,000.00	8,000.00	
Senior Research Fellow/Research Leader	FT	75,000.00	85,000.00	75,000
Head of Faculty Medical Science	FT	65,000.00	75,000.00	
Senior Tutor Medical Science	FT	50,000.00	60,000.00	
Medical Science Tutors – Part Time	PT	8,000.00	10,000.00	



449,300.00 | 527,000.00 | 222,500

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College of Natural Therapies

Administrative staff

Position	Fulltime/Part Time	Annual Salary		Extra Expenditure Required by degree delivery 2009
		2009	2012	
Faculty Administrator	FT	45000.00	48,000.00	
Faculty Support	FT	12000.00	14,000.00	5,000.00

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College of Natural Therapies

Other Expenditure and Capital Expenditure Budget

Other Expenditure				
Item	Expenditure 2009	Expenditure 2010	Expenditure 2011	Expenditure 2012
Laboratory Hire (figures are approximate – to be confirmed)	5,000	5050	6000	6500
Office – stationary and other items (approximate, based on current expenditure)	2500	2800	3100	3300
Administrative Staff (extra administration time, based on current staffing expenditure - approximate)	5000	6000	7000	8000

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Capital Expenditure				
Item	Expenditure 2009	Expenditure 2010	Expenditure 2011	Expenditure 2012
Library – software	5000	6000	7000	8000
Library – Databases	15000	16000	17000	18000
Library – books	10000	12000	12000	12000
Computer and other equipment (such as recorders for research, etc.)	10000	8000	8000	8000

The College acknowledges that these figures are simply a projection of costs and, to that end, the Prema Trust has agreed to underwrite the costs of delivering a Bachelor of Naturopathy programme. (see signed statement from the Trustees)



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Resumes of Selected Key Staff

NB. These are resumes of the Course Coordinators as well as other key staff members who may take significant tutoring roles.

Philip Dowling (Head of Faculty Naturopathy/Nutrition – Collegial Group)

Qualifications

- Bachelor of Arts in Economics (Hons)
- Bachelor of Health Sciences (Complementary Medicine)
- Diploma in Naturopathy
- Diploma in Medical Herbalism
- Certificate in Adult Teaching

Current Studies

Master of Nutrition, University of Integrated Science, California, USA

Teaching Experience

- **2000-2006**
Wellpark College of Natural Therapies, Head of Faculty (Naturopathy and Nutrition). Includes teaching (18 hours) on a range of natural therapies and medical science subjects; Managing 20 tutors, assisting/directing 100+ students, curriculum management/leadership, oversight of faculty marketing.
- **1997-1999**
Wellpark College of Natural Therapies, Lecturer – Iridology, Anatomy and Physiology and other related subjects.
- **1994-2002**
Australasian College of Herbal Studies (Correspondence School), Tutor involved in marking for two certificate courses.
Birkenhead College (Community Education), Tutor in Natural Therapies

Other Teaching Activities

- Marketing Seminar for Natural Therapists
- Iridology for Practising Naturopaths

Practitioner Experience

- **1994-2000**
Self-employed Naturopathic Consultant
- Health Shop Management (2 years) and joint ownership/management of a Health Retreat (3 years)
- Nutralife Health and Fitness, In store Iridologist
- Previous Career (15 years) Sales and Marketing in the UK and in New Zealand (Management)

Research

- Book Published in 2007
- Dowling, P. M. (late 2006), Journeys Back to Health

Professional Membership

- Naturopaths of New Zealand (Inc)
- Australasian Integrative Medicine Association (AIMA)

Peer Esteem

Keynote Speaker, Iridology Conference 2000. Address: The Connections between Iridology and Ayurvedic Medicine

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Lynda Bailey (Clinical Supervisor - Collegial Group)

Qualifications:

- Diploma of Naturopathy
- Registered Midwife
- Registered General Obstetric Nurse
- Advanced Diploma of Nursing
- Reiki Master (UK)
- In-progress - Bachelor of Health Science (Complementary Medicine)

Teaching Experience

- **2005-present**
Wellpark College of Natural Therapies
Clinical Supervisor, Prema Clinic, Grey Lynn
Range of Seminars relating to Women's Health, Pregnancy, Child Birth

Practitioner Experience

- **2005-present**
Self employed Naturopathic practitioner, Ponsonby
Self employed Naturopathic Practitioner, Hampshire, UK
Self employed Naturopathic Practitioner, Italy
- **2001**
Self employed Naturopathic Practitioner, Dorset, UK
Various positions in nursing and midwifery
- **1992-1998**
Self employed independent midwife, partner of The South Canterbury
Midwifery Partnership

Professional Membership

- New Zealand Society of Naturopaths
- New Zealand Natural Charter of Health Practitioners

Peer Esteem

- Member, National Board of Management, NZ College of Midwives
- National Committee Member, NZ College of Midwives
- NZ College of Midwives National Rep to The NZ Childbirth Educators Advisory Board

Phillip Cottingham (Principal, Tutor - Collegial Group)

Qualifications:

- Bachelor of Health Science (Complementary Therapies)
- Diploma of Naturopathy
- Diploma of Homeopathy
- Diploma of Massage
- Currently Studying for Master of Health Science (Auckland University)

Teaching Experience

- **1990–2006**
Wellpark College of Natural Therapies, Main Tutor, then Teaching Principal - subjects include:
 - Massage and Body Therapies
 - Herbal Medicine, including Philosophy and History, Materia Medica, Therapeutics and Pharmacology
 - Clinical Practice
 - Medical Sciences including: Anatomy and Physiology, Pathology and Diagnosis
 - Craniosacral Therapy
- **1987-97**
Tutor – various subjects in naturopathy, including clinical practice: South Pacific College of natural Therapeutics
- **1984 -87**
Senior tutor in Homoeopathy - South Pacific College of natural Therapeutics
- **1982 – 83**
Tutor in Medical Science, Naturopathy & Homoeopathy – South Pacific College of natural Therapeutics

Practitioner Experience

- **1981-present**
Practitioner of Naturopathy, Homoeopathy, Herbal Medicine and Body Therapies.

Clinics include:

- Glen Innes Health Centre
- Remuera Health Centre
- Lincoln Grove Healing centre, Henderson
- Onyx Clinic, Papatoetoe
- Levin Natural Health Centre, Levin
- Prema Clinic, Grey Lynn (current)

Research

Books (in progress):

- Rongoaa – Native Healing Plants
- The Ocean and the Wave – an exploration into the phenomenon behind Craniosacral therapy

Professional Membership

- Naturopaths of New Zealand (Inc.) – Life Member
- NZ Natural Health Practitioners Accreditation Board and NZ Charter of Health Practitioners - Registered Naturopath, Remedial Body Therapist and Medical Herbalist
- The Ayurvedic Association of New Zealand
- Australasian Integrated Medicine Association

Peer Esteem

- Past President of South Pacific Association of Natural Therapists (Inc) (SPANT)
- Foundational SPANT representative to the New Zealand Natural Health Practitioners' Accreditation Board (Inc) – 15 years
- Current Trustee, Health Training Organisation
- Member NZQA panels for Remedial Body Therapy, Naturopathy, Herbal Medicine
- Executive Board member, New Zealand Charter of Health Practitioners (Inc)

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Dr Sridhar Maddela (Head of Faculty Medical Sciences, tutor - Collegial Group)

Qualifications

- Post Graduate Diploma in Yoga and Naturopathy
- Bachelor of Naturopathy and Yogic Sciences
- Diploma of Physiotherapy

Teaching Experience

- **2003-2006**
Wellpark College of Natural Therapies, Auckland. Head of Faculty, Medical Sciences and Yoga; Yoga Tutor; Yoga Instructor; Yoga Consultant and Coordinator for Shanti Yoga Kendra incorporating the integrated approach of Yoga practices (Asana, Pranayama, Relaxation, Meditation, etc.); Lecturer for Medical Sciences across all natural therapy areas; Therapeutic Yoga Consultant and clinic supervisor.
- **1996-2003**
Shantiniketan Nature Cure Hospital and Yoga Training Centre, Arari, Gujarat, Lecturer, Naturopathy and Yoga
Parmarth Nature Cure and Yoga Institute, Rishikesh, India, Lecturer for Diploma in Yoga and Naturopathy
Government Gandhi Nature Cure College, Hyderabad, India, Lecturer, Yoga and Physical Culture
Gujarat Ayurved University, Jamnagar, Gujarat, Lecturer, Yoga Naturopathy for PGDYN, DYN and other MPIYNER courses.

Other Training

- Special yoga training camps for overseas students
- Stress management classes for executives, ladies and patients of various diseases
- Health awareness camps for patients of various diseases
- Yoga training, techniques of meditation and relaxation for executives of various fields of work

Practitioner Experience

- Bapu Nature Cure Hospital and Yogashram, New Delhi, India,
Medical Officer
Officer, Supervision and Guidance, Drug Addiction Centre
- Shantiniketan Nature Cure Hospital and Yoga Training Centre, Arari, Gujarat, Resident Medical Officer
- Parmarth Nature Cure and Yoga Institute, Rishikesh, India,
Resident Medical Officer
Officer in Charge, Naturopathy and Yoga orientation courses for overseas medical practitioners.

- Self-employed, Hyderabad, India, Consultant Physician, Naturopathy and Physiotherapy.
- Wellspring Nature Cure and Yoga Hospital, Hyderabad, India, Chief Medical Officer
- Gujarat Ayurved University, Jamnagar, Gujarat, Maharishi Patanjali Institute for Yoga, Naturopathy, Education and Research
Assistant Physician, Yoga, Gym, Naturopathy, Physiotherapy,
- In-charge Officer, Supervision and Guidance to Overseas groups in yoga, naturopathy and physiotherapy,
Assistant Director, Internal Administration

Research

- International Seminar Presentations, Gujarat Ayurved University, Jamnagar, Gujarat
- (2003) Maddela, P. and Maddela, S., Rasayana effect of Yogic and Naturopathic processes with special reference to Hypertension
- (2003) Maddela, P. and Maddela, P., Rasayana effect of Yogic and Naturopathic processes with special reference to Asthma

Professional Membership

- New Zealand Ayurvedic Practitioners' Association
- Yoga Alliance

Peer Esteem

- Gujarat Ayurved University:
- Examiner for Post-Graduate Diploma in Yoga and Naturopathy
- Examiner for Diploma in Yoga and Naturopathy

Mary Hayes (Professional Development Leader – Collegial Group)

Qualifications:

- Graduate Diploma in Higher Education (Unitec)
2005
- Certificate 3 in Office Administration (Queensland TAFE) 1998
- Certificate 2 in Office administration (computer operations) (Queensland TAFE)
1998
- Certificate 5 in Workplace Training (Queensland TAFE)
1998
- Certificate in Reflexology – Bailey School of Reflexology
1994
- Adult Teaching Certificate (730) (Tottenham College of Technology)
1992
- Certificate of Massage London Institute
1988

Teaching Experience

- **2005-2007**
Learning to Learn, Wellpark College
- **2007**
Research Methods, Wellpark College

Research (as a part of post graduate education)

- Intervention in Adult Learning,
- Multicultural Educational Intervention
- Self and Peer Assessment Case study
- Currently: an e-Learning Case Study.

Professional Membership

- British Massage Therapy Council
- The British Association of Reflexology
- International Therapies Examinations Council
- Australian Association of Massage Therapies
- Reflexology Association of Australia (Queensland)

Peer Esteem

- Student representative for Unitec New Zealand Advisory Committee, School of Education
- Compliance and Assessment Consultant for the International Therapies Examinations Council
- PD Programs for Papakura Assistant Principal and Deputy Principal Association
- Assessment Design selected by the National Moderator as setting a national standard for Core Health NZQA Unit Standards

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Courses and Professional Development Workshops Designed, Delivered and Assessed

- Train the Trainer, NZQA Moderation and Assessment
 - Online learning and assessment
 - Effective session time management
 - Establishing learning needs and styles
 - Creative teaching methods
 - Effective study techniques
 - How to implement assessment material
 - Effective use of Quality Management Systems
- Body Massage Relaxation Massage
 - Swedish Massage
 - Deep Tissue
 - Acupressure
 - Remedial/Therapeutic
 - Holistic Massage
 - Corporate Chair Massage
 - Pregnancy
 - Infant Massage
 - Palliative Care
- Body Electrical and Anatomy and Physiology
- Spa Treatments Figure Analysis
 - Postural Diagnosis
 - Diet and Nutrition
 - Wet and Dry Spa treatments
 - Hydro treatments
 - Thermal Treatments
 - Applied Body Electrical Treatments
- Reflexology, Foot and Hand Treatments
 - Pregnancy
 - Infant/Children
- Palliative Care
- Reiki Levels I and II
 - Masters
- Meditation, Workshops
 - Guided Classes
 - Integration during treatments such as Reiki, Reflexology and Holistic Massage

Ramaprabhu Vempati (Senior Research Fellow – Collegial Group)

Age : 35 yr
Sex : Male
Marital status : Married
Country of citizenship : India

WORK EXPERIENCE

Feb 07 – till date: Accenture Services Pvt. Ltd., Chennai, India.

Project Manger /Medical Writer: Global Pharmacovigilance Division

Responsibilities: managing a group of medical writers and preparing various regulatory documents such as Safety narratives, Clinical Study Reports (CSRs), Bio-analytical reports, Investigator brochure etc., for US-FDA submissions for Bristol-Myers Squibb (BMS),

Additional responsibilities: handling Information Security Certification (ISO27001) compliance, Business Continuity Plan (BCP) and Operational Excellence (OE).

Achievements: successfully launched the project with a unique model of first of its kind in pharmacovigilance space.

Skills acquired: ICH guidelines, FDA regulations & auditing, project management, team building.

Awards: Quarterly Super Star Award 2007 for my outstanding performance

Mar 06 – Jan 07: Ministry of Health & Family Welfare, Government of India.

Research Assistant (RA): Central Council for Research in Yoga & Naturopathy Division

Responsibilities: Reviewing project proposals, evaluating reports, preparing financial budgets and monitoring research grants in funded institutes, clinical data management

Achievements: Coordinated WHO sponsored workshop on clinical research methodology; launched a scientific journal JYN; reformed the project review system and reporting.

Skills acquired: document management, organizing project review meetings, project proposal peer review process, budget analysis etc.

Jan 02 – Feb 06: All India Institute of Medical Sciences (AIIMS), New Delhi.

Senior Research Fellow (SRF): Integral Health Clinic, Department of Physiology

Responsibilities: Conducting clinical research on patients with Diabetes, Hypertension, Cardiovascular diseases, Bronchial asthma, and psychological disorders and clinical data management.

Achievements: Standardized the protocols for lifestyle intervention and initiated research projects

Skills acquired: clinical research methodology, bio-statistics, advanced laboratory techniques and data presentation skills.

Aug 00 – Nov 01 & Aug 99 – Nov 99: AM Charitable Trust, Hyderabad

Research Fellow: in association with Department of Psychiatry and Department of Oncology, Medwin Hospitals, Hyderabad.

Responsibilities: Liaison with Consultants, conducting oncology clinical studies, collection of literature and research data, designing research protocols and writing reports, organizing seminars and outreach programs on cancer detection.

Achievements: provided the needed links and initiated clinics for cancer patients

Apr 00 – July 00: Healthy Ways Wellness Center, Hyderabad.

Consultant physician for Physiotherapy, Dietetics and Naturopathy modalities.

Oct 99 – Mar 00: Apollo Hospital Educational & Research Foundation, Hyderabad.

Research Assistant (RA): Palliative Care Division, Department of Oncology

Responsibilities: conducting palliative care clinics for cancer patients, designing clinical research protocols, and collection of data.

Achievements: introduced CAM systems into the practice of palliative care for cancer patients.

Mar 98 –Jul 99: Vivekananda Kendra Research Foundation, Bangalore, India

Junior Research Fellow (JRF) - Department of Neurophysiology and Human Cognitive Performance

Responsibilities: handled a basic research collaborative project of Indian Institute of Science (IISc), Institute of Aerospace Medicine (IAM), Bangalore - funded by Defense Research Development Organization (DRDO), Government of India.

Achievements: Introduced new techniques in Holistic Systems of Management (HOLYSM) and significantly contributed in acquiring Bangalore University affiliation for our lab.

EDUCATION

Feb 03 - Nov 06: Doctor of Philosophy (Ph.D.) in Human Physiology from

All India Institute of Medical Sciences (AIIMS)

Department of Physiology,

New Delhi, India

Sep 91- Jan 98: Bachelor of Naturopathy & Yogic Sciences (BNYS), a 5½ yr full-time medical graduation from NTR University of Health Sciences, AP, India.

Course work: Biochemistry, Anatomy, Physiology, Microbiology, Forensic Medicine, Pathology, Social & Preventive Medicine, Fasting, Dietetics & Nutrition, Clinical Diagnostic Methods, Obstetrics & Gynecology, Physiotherapy and related subjects in Naturopathy & Yoga.

OTHER PROFESSIONAL QUALIFICATIONS

Dec 99: Certificate Course on Occupational Health Practice for Doctors.

National Model Center for Occupational Health Services,

Tiruchirapalli,

Tamil Nadu,

India

Course work: Industrial Hygiene, Biological Monitoring, Work related diseases, Ergonomics in Industry, Ergophthalmology, Information Systems for OH Services and Alcoholism in Industry.

Mar 98-Feb 99: Member of Board of Yoga Researchers (MBYR)

Vivekananda Kendra Research Foundation,

Department of Neurophysiology,

Bangalore, India

(Deemed University under Ministry of HRD, Government of India.)

Course work: Research methodology on clinical research on obesity, anxiety neurosis and gastrointestinal disorder, Psycho physiological research and Occupational stress management.

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LABORATORY SKILLS

- Handled various electro-physiological equipments and software for acquiring data on parameters like ECG, Heart Rate Variability (HRV), autonomic function testing, impedance plethysmography, cardiac output variability, blood pressure variability and human cognitive, memory & performance tests.
- Hands on experience in handling equipments for pulmonary function testing like spirometry, exercise testing and pulmonary gas exchange, O2 & CO2 analyzers, ergometers.
- Experience in running Enzyme Immuno Assays (EIA) and Radio Immuno Assays (RIA) for serum and urine samples.

OTHER PROFESSIONAL SKILLS

- Experience in project management, operational excellence and performance management
- Experience in overseeing research projects, writing scientific papers, research protocols and reports.
- Experience in reviewing the projects and annual reports of clinical and basic research projects
- Good literature review skills and internet data searching skills
- Well versed in using statistical packages like SPSS and SAS
- Excellent skills in handling MS office and data base management techniques

RESEARCH PROJECTS HANDLED

- Currently handling Global Pharmacovigilance (GPV) project for US based clients.
- Completed a research project entitled "A randomized controlled trial (RCT) on the efficacy of yoga in the management of bronchial asthma" funded by Central Council for Research in Yoga and Naturopathy (CCRYN), Ministry of Health & Family Welfare, Government of India.
- Completed a project entitled "Insulin releasing effect, if or any selected Yogasanas" at All India Institute of Medical Sciences, funded by Department of Ayurveda, Yoga & Naturopathy, Unani, Siddha & Homeopathy (AYUSH), Ministry of Health & Family Welfare, Government of India.
- Conducted a study entitled "Evaluating process, outcome, and satisfaction in yoga based cancer support groups" as Co-Investigator collaboration with Department of Psychiatry and Department of Oncology, Medwin Hospitals, Hyderabad, funded by AM Charitable Trust, Hyderabad.
- Conducted a community based outreach project on "Early Detection of Cancer & Prevention" at Quthbullapur Mandal and Ranga Reddy Districts in AP state, India.
- Carried out a major validation program of yoga therapy for cancer at Apollo Hospital Educational & Research Foundation, Hyderabad.
- Worked on a project entitled "Effect of yoga on human visual performance as relevant to aviation" a collaborative project of Indian Institute of Science (IISc), Bangalore, Institute of Aerospace Medicine (IAM), Bangalore and Vivekananda Kendra Yoga Research Foundation, Bangalore - funded by Defense Research Development Organization, Government of India.

SCIENTIFIC PUBLICATIONS

1. Vempati Ramaprabhu, KK Deepak: The use of yoga as an adjuvant therapy in the management of bronchial asthma: based on a randomized controlled trial. *World Allergy Organization Journal*; WAC 2007: S153.
2. R Vempati, K Deepak: Effect of yogic practices on airway inflammation, mast cell activation and exercise induced asthma: a randomized controlled trial. *Allergy* 2007; 62 (Suppl 83): 217.
3. R Kumar Yadav, S Lal, A Kriplani, R Vempati: Serum leptin levels in pelvic endometriosis: An Indian Experience. *Gynecological Endocrinology* 2006; 22 (1):142.
4. Gupta NK, Khera S, Vempati RP, Sharma R, Bijlani RL: Effect of yoga based lifestyle intervention on State and Trait Anxiety. *Indian J Physiol Pharmacol* 2006; 50 (1): 41-47.
5. Vempati RP, Bijlani RL, Deepak KK (2005). Effect of yoga on exercise induced bronchoconstriction and urinary prostaglandin D2 metabolite in bronchial asthma. *Allergy Clin Immunol Int: Journal of World Allergy Organization*, 2005 (1): 593.
6. RL Bijlani, RP Vempati, RK Yadav, RB Ray, V Gupta, R Sharma, N Mehta, SC Mahapatra: A brief but comprehensive lifestyle education programme based on yoga reduces risk factors for cardiovascular disease and diabetes mellitus. *Journal of Alternative & Complementary Medicine*, 2005, 11(2): 267-74.
7. S Manjunatha, RP Vempati, D Ghosh, RL Bijlani (2005): An investigation into the acute and long-term effects of selected yoga postures on fasting and postprandial glycemia and insulinemia in healthy young subjects. *Indian J Physiol Pharmacol* 2005; 49 (3): 319-324.
8. Raj Kumar Yadav, Rooma Basu Ray, Ramaprabhu Vempati, Ramesh Lal Bijlani: Effect of a comprehensive yoga-based lifestyle modification program on lipid peroxidation. *Indian J Physiol Pharmacol* 2005; 49 (3): 358-362.
9. RP Vempati, S Manjunatha, RL Bijlani: A Randomized controlled trial on the efficacy of yoga in the management of bronchial asthma. *Indian J Physiol Pharmacol* 2004; 48 (5): 242-243.
10. K Yadav Raj, RP Vempati, B Ray Rooma, KK Deepak, RL Bijlani: Effect of a short-term comprehensive yoga based intervention on free radical mediated oxidative stress. *Indian J Physiol Pharmacol* 2004; 48 (5): 167.
11. G Poojary, K Madan, RP Vempati, RK Yadav, A Jaryal, KK Deepak: Effect of different nostril breathing (pranayama) on heart rate variability (HRV). *Indian J Physiol Pharmacol* 2004; 48 (5): 171.
12. RP Vempati, Shirley Telles: Yoga based relaxation reduces sympathetic activity in subjects based on baseline levels. *Psychological Reports*, 2002, 90:487-494.
13. Shirley Telles, Vempati Ramaprabhu, Satish Kumar Reddy: Effect of yoga training on maze learning. *Indian J Physiol Pharmacol*, 2000, 44 (2): 197-201.
14. RP Vempati, Shirley Telles: Baseline occupational stress levels and physiological responses to a two-day stress management program. *Journal of Indian Psychology*, 2000, 18(1): 33-37.
15. RP Vempati, Shirley Telles: Yoga based Isometric relaxation (progressive relaxation) vs Supine rest: a study of oxygen consumption, breath volume and autonomic measures. *Journal of Indian Psychology*, 1999, 17 (2): 46-52.

ABSTRACTS

- Vempati RP, Deepak KK & Bijlani RL (2006): Effect of yoga based lifestyle modification programme on serum soluble Interleukin-2 receptor (sIL-2R) and quality of life indicators in bronchial asthma. Ga2len EAACI Allergy School, held in Hannover, Germany, 29 Sep - 2 Oct 2006. (received best poster prize)
- Raj Kumar Yadav, Suman Lal, Alka Kriplani, Ramaprabhu Vempati (2006): Peritoneal fluid leptin levels in pelvic endometriosis. International Conference on Controversies in Reproductive Medicine held at Mumbai, September 15 -17, 2006.
- RP Vempati & RL Bijlani (2004): A controlled study on the efficacy of yoga in bronchial asthma. International Conference on Yoga & Its Applications (ICYA 2004) – Role of Yoga in Complementary Medicine, Melbourne, Australia.
- Yogesh Singh, RP Vempati, Ratna Sharma, RK Yadav, RL Bijlani (2003): Effect of a short-term yoga based intervention on anxiety. XIV International Conference on Frontiers in Yoga Research and Applications 2003, Bangalore.
- Manjunatha S, Vempati RP, Ghosh D, Bijlani RL (2002): Glucose levels and Insulin levels immediately after selected yogasanas. IV International Conference on Yoga Research and Value Education 2002, Kaivalyadhama Lonavla.
- RP Vempati, G Prasada Rao, M Babaiah (2001): Evaluating Process, Outcome, and Satisfaction in Yoga-Based Cancer Support Groups in 12th International Conference on Frontiers in Yoga Research & Applications, Bangalore.
- Vempati RP & Telles S (2000): Use of Yoga for Occupational Stress Management in National Conference on Yoga for Positive Health in New Millennium, conducted by sVYASA, Bangalore and Gandhi Gyan Mandir Yoga Kendra, Hyderabad.
- RP Vempati (2000): Role of Yoga in Information Technology Industry, Mediplaroma and Ayurstyle Conference - 2000, Hyderabad.
- RP Vempati & S Telles (1999): Yoga based self management of executive tension in fifth International Conference on Frontiers in Yoga Research & Applications at Vivekananda Kendra Yoga Research Foundation, Bangalore. (1st prize awarded)

CONFERENCES ORGANIZED

- Coordinator, Workshop on Research Methodology on Yoga & Naturopathy organized by Central Council for Research in Yoga & Naturopathy, sponsored by WHO-SEARO. (Sep 2006).
- Member, Organizing Committee for Prof. Baldev Singh Workshop on “Non-invasive measurement of peripheral blood flow and cardiac output” All India Institute of Medical Sciences, New Delhi. (April 2003).
- Member, Organizing Committee for workshop on ‘Integral Health’ at All India Institute of Medical Sciences, New Delhi. (November 2003).
- Organizing Secretary, for a National Seminar on 'Role of Alternative Therapies for Cancer Management / Treatment' in collaboration with Lakshmi Memorial Cancer Research Foundation of Nagarjuna Group of Industries, Hyderabad. (Sep 2001).

BOOKS

- Proof reading was done for “Understanding Medical Physiology, A Textbook for Medical Students”, written by RL Bijlani, 3rd edition, Jaypee Brothers Medical Publishers (P) Ltd., New Delhi.

EXPERT REVIEWER FOR SCIENTIFIC JOURNALS

- Expert reviewer for the articles published in Forschende Komplementärmedizin / Research in Complementary Medicine, published by KARGER MEDICAL & SCIENTIFIC PUBLISHERS, Germany.
- Associate Editor, Journal of Yoga & Naturopathy (JYN), an official scientific journal by CCRYN, Department of AYUSH, Ministry of Health & FW, Govt. of India.
- Reviewer, Journal of Yoga, published by VK Yoga Research Foundation, Bangalore

CLINICAL GRAND ROUND (CGR)

Presented research work in Clinical Grand Round on “Mind Body Medicine in Action” at All India Institute of Medical Sciences, organized by Lifestyle Research Group, Integral Health Clinic, Department of Physiology, AllMS, New Delhi – July 2004.

AWARDS

- Dec 04: Received prestigious 'Young Scientist' award of the year 2004, CCRYN, Ministry of Health & Family Welfare, Government of India, New Delhi.
- Dec 99: Received first prize for presenting a scientific paper during fifth International Conference on Frontiers in Yoga Research & Applications, Bangalore, India.

MEMBER OF SCIENTIFIC BODIES

- President, Society of Young Scientists (SYS), All India Institute of Medical Sciences, New Delhi (2005-2006).
- Junior member of 'European Academy of Allergology & Clinical Immunology' (EAACI), Stockholm, Sweden – 2005.
- Life member of 'Association of Physiologists and Pharmacologists of India' (APPI), New Delhi, India.
- Life Member of Board of Yoga Researchers, Bangalore, India.

Released under the Official Information Act 1982

Alphonse V. Pantig (Tutor – Anatomy & Physiology)

Qualifications:

- Doctor of Medicine (Philippines)
- Bachelor of Arts (Philippines)
- Diploma of Applied Sciences (Acupuncture) (Sydney)
- National Diploma of Acupuncture (NZ)
- Physicians' National Licensure Examinations (Philippines)
- Certified Family Physician

Teaching Experience

- **2003-present**
Wellpark College of Natural Therapies - Anatomy and Physiology.
- **2003-present**
NZ School of Acupuncture and Traditional Chinese Medicine, Auckland,
HOD (Acupuncture)
- **2002-present**
Tutor and Clinical Supervisor
Acupuncture Therapeutic and Research Centre, Inc, Philippines
Training Consultant
Guest Lecturer
Executive Director and Training Program Coordinator
Acupuncture Colleges of Australia (Sydney), Tutor
Acupuncture Therapeutic and Research Centre, Inc., Philippines
Executive Director

Practitioner Experience

- **1998-2001,**
Intercare Chiropractic Centres, Philippines, Executive Director
Associate Consultant
- De La Salle University, College of Medicine Centre for Indigenous
Medicine, Consultant
- Independent Practitioner (Physician-TCM Acupuncturist)
- Tuason Community Centre Foundation, Inc, Philippines
Physician-Acupuncturist
- **1983:**
Urban Training Team for Urban-based Primary Health Care Program and the UNICEF –
Physician and Health Program Supervisor
- **1982:**
Rural Health Practice Program, Ministry of Health, Philippines – Community Health Physician

Research

- Pantig, A.V., (1997) An Evaluation of the External Apprenticeship Programme (EAP) Training Courses as Conducted by the Acupuncture Therapeutic and Research Centre, Inc. from 1993 to 1996. An evaluation, including proposals for improving the training courses.
- Pantig, A.V., (1989) The Historical Development of Indigenous Medicine in China (circa 2000 BC – 1986 AD), Unpublished Thesis, Acupuncture Colleges of Australia (Sydney)
- Pantig, A.V. (1988) 'The Impact of Western Medical Science on Indigenous Medicine of China', Australian Journal of Traditional Chinese Medicine: Vol. 3, Nos 2-4

Book

- Pantig, A.V., (1996) Understanding Traditional Acupuncture: A Practical Handbook for Health Practitioners in the Philippines, Acupuncture Therapeutic and Research Centre, Inc. and The Socio-Pastoral Institute, Philippines.

Professional Membership

- Philippine Academy of Family Physicians, Inc.
- Acupuncture Ethics and Standards Organisation
- Philippine Scientific Acupuncture Association, Inc.
- Philippine Medical Association

Peer Esteem

- 1995-1996 Associate Editor Ma-I: The Philippine Journal of Traditional Chinese Medicine, published by the Acupuncture Therapeutic and Research Centre, Inc., Philippines

Vanessa Hitch (Part-time Tutor – Nutrition)

Qualifications

- Bachelor of Health Science (Complimentary Medicine)
- Advanced Diploma of Naturopathy
- Diploma of Nutrition
- Diploma of Botanical Medicine
- Diploma of Homoeopathy

Teaching Experience

- **2004-present:** Tutor, Wellpark College, Grey Lynn, Auckland. Part time and casual tutor for 2nd and 3rd year naturopathic and nutrition students. Subjects: Clinical Nutrition, Naturopathic Therapeutics, Nutrition and Naturopathic case discussion classes.
- **2001–2004:** Tutor at the South Pacific College of Natural Therapeutics – Nutrition, Assessing Presentations on Disease Therapies, Supervision of Student Clinic.

Other Teaching:

- Lecturing at natural therapies colleges for Pacific Health.
- Contract Speaker and Lecturer (2002-present). Keynote speaker to naturopaths, doctors and complimentary health practitioners on natural therapies subjects including Hormonal Health, Breast and Prostate Cancer, Stress, Diabetes.

Practitioner Experience

- **2000-present:** Technical Manager and Naturopathic Consultant, Pacific Health and Fitness. Technical consulting, technical writing, marketing, practitioner support hotline maintenance.
- **2006-present:** Managing Director, Quest Vitality, Producer of practitioner-only health supplements for New Zealand. Research and product development, formulator and technical writer for Quest Vitality.
- **2000-2005:** Self-employed Naturopath (part time)
- **1998– 2000:** Eagle Pharmaceuticals, Research and Product Development Co-ordinator and Technical Consultant.
- **1998-1999:** Naturopath, Essential Health, Health Food and Discount Vitamin Shop.

- **1998:**
Eastlakes Pharmacy, Eastlakes, Sydney, Naturopathic Consultant (Locum)
- **1996-1998:**
Naturopathic Student Practitioner and Homoeopathic Student Practitioner, Natural Health Care Centre, Glebe, Sydney (500 hrs Clinic experience)

Professional Membership

- Full Professional Member of the New Zealand Natural Medicine Association
- Chartered Natural Medicine Practitioner

Peer Esteem

- 2006** Member, Wellpark College Advisory Committee (Naturopathy and Herbal Medicine)
- 2004** Secretary for the New Zealand Association of Medical Herbalists
- 2003** Member, South Pacific Association of Natural Therapists (Inc)

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Sharon Erdrich (Part Time Tutor – Aromatherapy & Nutrition)

Qualifications:

- New Zealand Registered General and Obstetric Nurse
- Diploma of Naturopathy
- Diploma of Herbal Medicine
- Diploma of Aromatherapy
- Certificate of Massage
- Certificate in Teaching English as a Foreign Language to Adults

Incomplete

- National Certificate in Adult Education (completion July 2006)
- Post-Graduate Certificate in Health Science (Nutrition)
- National Diploma of Horticulture – sat and achieved 12 of the required 20 papers.

Teaching Experience

- **2004-present:**
Wellpark College of Natural Therapies, Tutor Aromatherapy
- **1996:**
Teaching English as a Foreign Language to Adults (Germany)

Practitioner Experience

- **2005-present:**
Practicing full-time Naturopath/Herbalist.
- **2003-present:**
Practicing part-time Aromatherapist
- **1981:**
NZ Registered Nurse, current practicing certificate maintained. Experience covers primary and community healthcare to intensive care situations and practice management.

Research

- None completed to date

Professional Membership

- Australasian Integrative Medical Association (Associate Member)
- NZ Association of Medical Herbalists
- South Pacific Association of Natural Therapists

- Auckland Society of Naturopaths
- Currently seeking membership to the NZ Charter of Natural Therapists

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Jillian (Jill) Mary Dunn (Part Time Tutor – Herbal Medicine & Nutrition)

Qualifications:

- MHSc Complementary Medicine
- BHSc Complementary Medicine
- Diploma in Herbal Medicine
- Diploma in Naturopathy
- New Zealand Registered Nurse (currently non-practising)

Teaching Experience

- **2004 – present:**
Wellpark College of Natural Therapies – herbal material medica; naturopathic and herbal case discussions with final year students
- **1988-2002:**
South Pacific College of Natural Therapeutics – herbal therapeutics; nutrition (course supervisor); College Principal 2000-2002
- **1986-1996:**
Tutor for various adult education courses related to nutrition and natural therapies.
- **1986-1992:**
Natural Therapy lectures for nursing students in all Auckland polytechnics

Practitioner Experience

- **2005-present:**
Part owner and health services manager for Nourish, specialist online store focusing on well researched natural health information/products www.nourish.net.nz
- **1987-2000:**
Healtheries of NZ Ltd, Responsibilities included: Health Digest three publications/year; natural health articles for NEXT and NZ Women's Weekly magazines; regular articles in The Supplement trade magazine.
- **1986-present:**
Naturopathic/Herbal Medicine part-time practice
- **1985-1986:**
Spectrum Natural Health Clinic

Research

Dunn, Jill M. 'Perceived causes and treatment strategies for rheumatoid arthritis based on philosophical principles held by some practitioners from a range of health systems'. Health systems compared and contrasted were: specialist orthodox rheumatology treatment, traditional

Chinese medicine, Ayurvedic medicine, naturopathy, herbal medicine, anthroposophical medicine. Unpublished thesis.

Dunn, Jill M. and Wilkinson, Jenny M. (2005) 'Naturopathic management of rheumatoid arthritis' in *Modern Rheumatology*; 15:87-90. Review.

Conference Presentations

- (May 2006) New Zealand Association of Medical Herbalists, AGM 'Caring for Patients with Inflammatory Joint Conditions'.
- (September 2005) Phytomed Seminar: 'Inflammatory Joint Conditions – Naturopathic management of rheumatoid arthritis and systemic lupus erythematosus'
- Various presentations – public seminars and international lectures, including:
 - Self help with natural health care (Auckland, Wellington, Christchurch)
 - Looking after yourself naturally (Auckland Aotea Centre, Christchurch)
 - Looking after your health (Taiwan)
 - The benefits of fatty acids (Bangkok Medical Hospital)
 - The benefits of dietary supplementation (Mahidol University)

Product Development

- Formulation of Healtheries and Biozone range of dietary supplements (1987-present)

Other Publications

- Tots to Teens (Feb/Mar 2005)
- Healthy Options (Sept 2005)
- Product training manuals for all brands
- Rainbow Magazine (regular article 1991-1995)

Professional Membership

- Society of Naturopaths
- New Zealand Association of Medical Herbalists
- New Zealand Charter of Health Practitioners

Peer Esteem

- Chairperson, Advisory Group, Herbal Medicine Unit Standards
- Member, Advisory Group, Naturopathy Unit Standards
- Member, Wellpark College Research and Ethics Committee